**1-A**

**New words**

**triumph**  
**n.**  
an important victory or success after a difficult struggle （尤指苦战后获得的）胜利，成功，成就  
Winning the championship was a great personal triumph for this young tennis player. 赢得冠军对这个年轻的网球运动员来说是很大的个人成就。

**pledge**  
**vt.**  
make a formal, usu. public, promise that you will do sth. 发誓；作保证  
The new president pledged to cut taxes and increase employment. 新总统承诺要削减税收、增加就业。  
**n.**  
[C] (fml.) a serious promise or agreement, esp. one made publicly or officially （尤指公开或正式作出的）誓言，誓约；保证  
All the candidates have given pledges not to raise taxes if they are elected. 所有的候选人都保证如果他们当选，他们不会提高税收。

**pose**  
**vi.**  
sit or stand somewhere so that sb. can take a photograph of you or paint a picture of you（为照相或画像而）摆姿势  
The leaders posed briefly for photographs before entering the conference room. 领导们进入会议室之前匆匆地摆个姿势拍照。  
**vt.**  
create a difficult or dangerous situation 造成，导致（困难或危险）  
We are very glad to hear that the incident in the chemical plant poses no threat to the environment. 我很高兴地得知化工厂的事故没有对环境造成危害。

**routine**  
**n.**  
[C, U] your usual way of doing things, esp. when you do them in a fixed order at the same time 例行公事；常规；惯例  
Arriving at the office at 8 a.m. and staying there until 5 p.m. has become my routine. 早上8点到办公室，一直呆到下午5点，这已经成了我的惯例。  
**a.**  
happening as a normal part of a job or process 常规的；例行的；惯常的  
The problem was discovered during a routine check. 这个问题是在一次例行检查中发现的。

**attain**  
**vt.**  
(fml.) succeed in achieving sth. after trying for a long time 得到；获得；赢得  
Not all athletes attain this standard of physical fitness. 并非所有的运动员都能达到这种身体素水平。

**foundation**  
**n.**  
[C] the most basic part of sth. from which the rest of it develops 基础  
The course gives students a solid foundation in English writing skills. 这门课为学生的英语写作能力打下了坚实的基础。

**resource**  
**n.**  
1 [C] sth. you can use to help you to achieve sth., esp. in your work or study 资源  
Museums are important resources for teaching history. 博物馆为历史教学提供重要资料来源。  
2 [C, usu. pl.] things such as coal, trees, and oil that exist in nature and can be used by people 自然资源  
Many of these countries are rich in natural resources such as iron and coal. 这些国家中有许多国家都拥有丰富的诸如铁和煤炭这样的自然资源。

**faculty**  
**n.**  
1 [U] (AmE) all the teachers in a university, college, or school 全体教员  
Both the faculty and students opposed the proposal to turn one of the playgrounds into a parking lot. 老师和学生都反对把其中一个运动场改为停车场的提议。  
2 [C, usu. pl.] a natural physical or mental ability that most people have 天赋；能力；本领  
She had her mental faculties even in her 90s. 她九十多岁了，但仍然思维清晰。

**comprehensive**  
**a.**  
including many details or aspects of sth. 综合的；多方面的  
This booklet offers a comprehensive guide to our goods and services. 这本小册子对我们的产品和服务提供了综合指南。

**facility**  
**n.**  
(~ies) [pl.] rooms, equipment, or services that are provided for a particular purpose （为某种目的而提供的）设施，设备  
The hotel has an indoor swimming pool and other leisure facilities. 这家宾馆有室内游泳池和其他休闲设施。

**community**  
**n. [C]**  
1 the people who live in the same area, town, etc.（同住一地的人所构成的）社区  
The new arts center will serve the whole community. 这个新的艺术中心将为整个社区服务。  
2 a group of people who have the same interests, religion, race, etc. 群体；团体  
The conference will make further efforts to gain the support of different ethnic communities. 会议将进一步努力，以取得不同少数民族团体的支持。

**explore**  
**vt.**  
examine or discuss a subject, idea, etc. thoroughly 探讨，研究（主题、思想等）  
We are exploring the possibility of taking legal action against the company. 我们正在探讨对这家公司采取法律行动的可能性。  
**v.**  
travel around an area in order to learn about it or to search for sth. valuable such as oil 勘探；探测；考察  
A group of experts have set out to explore for minerals in this area. 一组专家已经出发前往该地区勘探矿物。

**fascinating**  
**a.**  
making you very interested or attracted 吸引人的；迷人的；使人神魂颠倒的  
He is such a great writer that his stories are always fascinating. 他是个了不起的作家，他写的故事总是引人入胜。

**pursue**  
**vt.**  
1 try to achieve sth. 追求；致力于  
He wanted to pursue a bachelor’s degree after working for two years. 他想工作两年以后再去读学士学位。  
2 chase sb. or sth. in order to catch them 追赶；追逐  
The police officer pursued the speeding car and eventually stopped it with the help of another police car. 这名警官追赶一辆超速行驶的车，最终在另一辆警车的协助下，截下了那辆车。

**passion**  
**n.**  
1 [C] a very strong liking for sth. 强烈的爱好；热爱  
Her lifelong passion for music began in childhood. 她对音乐的毕生热爱始于孩提时代。  
2 [C, U] a very strong belief or feeling about sth. 强烈的情感；激情  
The young man gave a speech with great passion and moved all those who were present. 这个年轻人的演讲充满激情，感动了所有在场的人。

**unique**  
**a.**  
1 very special, unusual, or good 特别的；极不寻常的；极好的  
You will be given a unique opportunity to interview the CEO of the company. 你将获得一个难得的机会去采访那家公司的首席执行官。  
2 not the same as anything or anyone else 不同的；独特的  
Each person’s fingerprints are unique, so you won’t find two people with the same fingerprints. 每个人的指纹都是不一样的，所以你找不到指纹相同的两个人。

**enthusiasm**  
**n.**  
[U] the feeling of being very interested in sth. or excited by it 热爱；热情；热心  
His enthusiasm for music stayed strong throughout his life. 他一生酷爱音乐。

**reap**  
**vt.**  
get sth. as a result of sth. you have done 收获；获得  
We will certainly reap the rewards of this meaningful research. 我们肯定会从这项有意义的研究中受益。  
**v.**  
cut and gather a crop such as wheat 收割（庄稼）  
It’s about time to reap the rice in the field. 快到去地里收割稻子的时候了。

**benefit**  
**n.**  
[C, U] an advantage, improvement, or help that you get from sth. 好处；益处；裨益  
Regular exercise has many benefits, including reducing the risk of heart disease. 有规律的锻炼有很多好处，包括降低心脏病的发病风险。  
**vi.**  
get help or an advantage from sth. 受益；得到好处  
The unemployed actually benefited most from these policies. 实际上失业人员从这些政策中受益最大。

**opportunity**  
**n.**  
[C, U] a chance to do sth. or an occasion when it is easy for you to do sth. 机会；时机  
There was an opportunity for her to further her study in the States, and she seized it. 她有个机会到美国深造学习，她抓住了这个机会。

**overwhelm**  
**vt.**  
(usu. passive) exist in such great amounts that sb. or sth. cannot deal with them（数量大得）使无法对付  
We were overwhelmed by the number of applications for this position. 这个职位的求职申请多得让我们应接不暇。

**available**  
**a.**  
(often after noun) able to be obtained, taken, or used 可获得的；可利用的；现成的  
Organic food is now widely available in many stores. 有机食品现在在很多商店里都可以买到。

**sample**  
**vt.**  
1 try an activity, go to a place, etc. in order to see what it is like 体验  
He was excited to have the chance to sample the delights of country life. 他为有机会去体验乡村生活的乐趣而感到兴奋。  
2 test a small amount of sth. in order to get information about the whole thing 对…作抽样检验  
The air is sampled to measure the effects of air pollution on the city’s population. 对空气进行抽样检验，以检测空气污染对该城市人口的影响。  
**n.**  
[C] a small part or amount of sth. that is examined in order to find out sth. about the whole 样本；样品；货样  
The doctor took a blood sample to see if the patient was infected with the disease. 医生取了血样来检查病人是否感染了这种疾病。

**assume**  
**vt.**  
think that sth. is true, although you do not have definite proof 假定；假设；认为  
I assume that every college student has access to the Internet. 我以为每个大学生都可以使用互联网。

**emerge**  
**vi.**  
1 appear or become recognized 出现；为…所公认  
No new leader has emerged to take his place. 还没有新领导来接替他。  
2 come out of sth. or out from behind sth. 出现；露出  
The sun emerged from behind the clouds. 太阳从云层后面露了出来。

**giant**  
**a.**  
(only before noun) extremely big, and much bigger than other things of the same type 巨大的；特大的  
The company I’m working for is a giant electronics company. 我现在工作的公司是家规模超大的电子产品公司。

**mate**  
**n.**  
[C] sb. you work with, do an activity with, or share sth. with 同事；同伴  
He has found his ideal mate. 他找到了自己的理想伴侣。

***roommate***  
**n.**  
[C] sb. who you share a room with, esp. at college （尤指大学里的）室友  
Derek and I are close; we were roommates for two years. 德里克和我是好朋友，我们是两年的大学室友。

**owl**  
**n.**  
[C] 猫头鹰  
He is indeed a night owl; he never goes to sleep before midnight. 他是个真正的夜猫子，从来不在半夜之前睡觉。

**virtual**  
**a.**  
1 (only before noun) almost the same as the thing that is mentioned 几乎相同的；实质上的  
When her husband had a stroke, she was given virtual control of the business. 她丈夫中风之后，生意几乎全部交给她掌管。  
2 made, done, seen, etc. on the Internet or on a computer, rather than in the real world 虚拟的；模拟的  
New technology has enabled the development of an online “virtual library”. 新技术已使在线“虚拟图书馆”的发展成为可能。

***virtually***  
**ad.**  
1 almost 实际上；几乎；差不多  
The small village was virtually empty since most people moved to the city to work. 由于大多数人到城里工作去了，这个小村庄几乎都空了。  
2 on a computer, rather than in the real world 虚拟地；模拟地  
The new virtual world from Google lets you live a freer life, virtually. 谷歌公司新推出的虚拟世界让你可以虚拟地更自由的生活。

**enrich**  
**vt.**  
improve the quality of sth., esp. by adding things to it 使丰富；充实；强化  
Education can enrich and improve your quality of life. 教育可以充实你的生活，并提高你的生活质量。

**glow**  
**n. [sing.]**  
1 a strong pleasant feeling（某种）强烈的情感  
Upon hearing what Anne said, she felt a warm glow deep inside. 听到安的一番话，她内心深处感到一阵暖流流过。  
2 a soft steady light 柔和稳定的光  
He turned on the table lamp and the room was filled with a soft glow. 他打开台灯，房间里充满了柔和的光。  
**vi.**  
produce or reflect a soft steady light 发出柔和稳定的光  
The tip of his cigarette was glowing in the dark. 他的烟头在黑暗中闪烁着。

**confidence**  
**n. [U]**   
1 the belief that sb. or sth. is good and that you can trust them 信心；信赖；信任  
Public confidence in the government is at an all-time high. 公众对政府的信心达到历史最高水平。  
2 the belief that you are able to do things well 自信心  
He gained confidence in his abilities after he passed the difficult exam. 通过那次艰难的考试后，他对自己的能力更加有信心了。

**yield**  
**vt.**  
1 produce a result, answer, or piece of information 产生（结果等）  
Our research has only recently begun to yield important results. 我们的研究最近才取得重要成果。  
2 produce crops, profits, etc. 出产；产生  
The tourist industry yielded an estimated $20 million for the area last year. 去年旅游业为这一地区带来了估计两千万美元的收益。  
**vi.**  
finally agree to do what sb. else wants you to do 屈从；让步  
The hijackers finally yielded to demands to release the passengers. 劫机者最终同意了释放乘客的要求。

**abundant**  
**a.**  
(fml.) existing or available in large quantities 大量的；丰富的；充裕的  
The country has an abundant supply of natural gas. 这个国家有充足的天然气供应。

**responsibility**  
**n.**  
1 [C] sth. that you ought to do because it is morally or socially right（道德、社会）责任，义务  
What is the individual’s responsibility to others in modern society? 在现代社会中, 个人对他人的责任是什么？  
2 [U] a duty to be in charge of sb. or sth., so that you make decisions and can be blamed if sth. bad happens 责任  
Don’t worry. If anything goes wrong, I’ll take full responsibility. 没关系, 出了问题我会负全责的。  
No one claimed responsibility for the attack on the embassy. 没有人声称对袭击大使馆的事负责。  
3 [C] sth. that you must do as part of your job or duty 职责；任务；义务  
Being the manager of this project, he has many responsibilities on his shoulders. 作为该项目的经理，他肩负着很多职责。

**inherit**  
**vt.**  
receive a belief, tradition, or way of life from people who lived before you 沿袭，秉承（信仰、传统或生活方式）  
Many countries have inherited traditions of public service. 许多国家沿袭了公共服务的传统。  
**v.**  
receive property or money from sb. who has died 继承（财产）  
He inherited a fortune from his grandmother, so he bought a huge house. 他从祖母那里继承了一大笔遗产，所以他买了一个大房子。

***inheritor***  
**n. [C]**  
1 sb. who follows an established way of life or thinking （生活或思想方式的）后继者，继承人  
We are the inheritors of a great cultural tradition. 我们是一个伟大文化传统的继承者。  
2 sb. who receives money, property, etc. from sb. who has just died 遗产继承人  
He was the only inheritor of his uncle’s property. 他是他叔叔财产的唯一继承人。

**transmit**  
**vt.**  
(fml.) send or pass sth. from one person, place or thing to another 传送；传递；传播  
In the past, a teacher’s main responsibility was to transmit knowledge to students. 过去，教师的主要职责是把知识传递给学生。

**acquire**  
**vt.**  
1 gain knowledge or learn a skill 学到，获得（知识、技能）  
She acquired a good knowledge of Chinese. 她汉语学得很好。  
2 get or gain sth. 取得；获得  
We should acquire more first-hand information. 我们应当取得更多的第一手资料。  
3 obtain sth. by buying it or being given it 购得；得到  
She hoped to acquire valuable works of art as cheaply as possible. 她希望以尽量低的价格买到有价值的艺术品。

**prosperous**  
**a.**  
(fml.) rich and successful 富裕的；繁荣的；兴旺的  
Sales have grown fastest in the more prosperous areas of the south. 销售额在南部较富裕的地区增长最快。

**Phrases and expressions**

**remind sb. of sb./sth.**  
1 make sb. remember sb. that they know or sth. that happened in the past 使某人想起某人或某事  
The song always reminds me of our holiday in Mexico. 那首歌总让我想起我们在墨西哥的那次假期。  
2 be very similar to sb. or sth. else 使某人想起（相似的）人或事  
Nancy was tall and slim, and reminded me of my cousin Sarah. 南希身材高挑，让我想起了我的表妹萨拉。

**get by**  
have just enough of sth. such as money or knowledge so that you can do what you need to do 过活；过得去；勉强应付  
I couldn’t possibly get by on $300 a month with everything so expensive. 什么都很贵，一个月300美元我恐怕无法生活。

**make the most of sth.**  
gain the greatest possible advantage from sth. 最大限度地利用某物  
Since the Internet is a very useful tool, we should make the most of it in our study. 既然互联网是很有用的工具，我们就应该在学习中最大限度地利用它。

**reap the benefits (of sth.)**  
enjoy the advantages of sth. 得享（某事物的）好处  
The town was still reaping the benefits years after the film’s release. 电影发行好几年后这个小镇仍在受益。

**in advance**  
before sth. happens or is expected to happen 预先；提前  
Details of the meeting had been given to the public in advance. 会议的详细内容在会前已经公之于众了。

**stand a chance (of doing sth.)**  
have the possibility of succeeding or achieving sth. 有（做成某事的）希望  
Do they stand any chance of winning against France in the soccer game? 他们有希望在这次足球比赛中战胜法国队吗？

**over time**  
gradually 逐渐地；慢慢地  
For good or bad, things will change over time. 不管是好是坏，事情慢慢都是要变的。

**turn (sb./sth.) into sth.**  
become sth. different, or make sb. or sth. do this （使某人/某物）变成  
Hollywood discovered her and turned her into a star. 好莱坞发现了她，并把她变成了明星。

**all at once**  
1 at the same time 同时  
She had two projects at hand, three classes to teach, and a baby to take care of all at once. 她同时有两个项目要做，三个班级要教，还有一个婴儿要照顾。  
2 suddenly and unexpectedly 一下子；突然  
All at once there was a loud banging on the door. 突然传来重重的敲门声。

**take pleasure in (doing) sth.**  
enjoy (doing) sth. very much 乐于做某事  
He took great pleasure in his work. 他从工作中得到了很大的乐趣。

**open the door to sth.**  
make an opportunity for sth. to happen 给…以机会；给…敞开方便之门  
Research on genes should open the door to new medical treatments. 基因研究应该会为新医疗方法的诞生创造机会。

**take delight in (doing) sth.**  
enjoy (doing) sth. very much 以（做）某事为乐  
I take delight in warm sunshine. 我喜欢享受温暖的阳光。

**1-B**

**New words**

**participate**  
**vi.**  
take part in an activity or event 参加；参与  
Everyone in the class is expected to participate actively in the discussions. 班里的每位同学都应该积极参与讨论。

**incredible**  
**a.**  
1 extremely good, large or great 极好的；极大的  
What an incredible performance that was! 那真是一场精彩的演出。  
2 too strange to be believed or very difficult to believe 不可相信的；难以置信的  
It’s incredible that he survived the airplane crash. 他在飞机失事中幸存了下来，这真是难以置信。

**deny**  
**vt.**  
say that sth. is not true, or that you do not believe sth. 否认；否定  
Neil denies that he broke the window, but I’m sure he did. 尼尔否认他打破了窗户，但我肯定是他打破的。

***undeniably***  
**ad.**  
in an unquestionable or obvious manner 不可否认地；无可争辩地  
Undeniably, fathers are very important for the well-being of children. 不可否认，父亲对孩子的健康成长非常重要。

**depart**  
**v.**  
leave, esp. when you are starting a journey 离开（尤指动身去旅行）；启程；上路  
The train for London will depart from Platform 6 in 10 minutes. 前往伦敦的火车10分钟后将从6号站出发。

**inquisitive**  
**a.**  
1 keen to learn about a lot of different things 好学的；好问的  
My elder brother is an intelligent and inquisitive young man. 我哥哥是个聪明好学的年轻人。  
2 asking a lot of questions about things, esp. things people don’t want to talk about 过分好奇的；过于好问的；好打听的  
The journalist was so inquisitive that she asked me far too many questions. 那个记者太好问了，她问了我太多的问题。

**engage**  
**vt.**  
attract and keep sb.’s interest or attention 吸引住（某人的兴趣、注意力）  
The toy engaged the little girl’s interest. 那个玩具引起了小女孩的兴趣。  
**vi.**  
(~ in/on/upon) be doing or become involved in an activity 参加，参与（活动）  
Only 10% of adults engage in regular exercise. 只有10%的成年人定期锻炼。

**despair**  
**vi.**  
(fml.) feel that there is no hope at all 绝望；感到无望  
Don’t despair. Things will get better soon. 不要绝望，情况会很快好起来的。  
**n.**  
[U] a feeling that you have no hope at all 绝望  
At the end of the month, she still had no job and was close to despair. 到了月底，她还是没有找到工作，她几乎绝望了。

**embrace**  
**vt.**  
(fml.) eagerly accept a new idea, opinion, religion, etc. 欣然接受；乐意采纳  
We hope these regions will embrace economic reforms. 我们希望这些地区会乐意接受经济改革。  
**v.**  
put your arms around sb. and hold them in a friendly or loving way 抱；拥抱  
Jane warmly embraced her son when he came back from the army. 当她的儿子从部队回来时，简热烈地拥抱了他。

**stimulate**  
**vt.**  
1 encourage sb. by making them excited about and interested in sth. 激发；鼓励；激励  
Her interest in engineering was stimulated by her grandfather. 她祖父激发了她对工程的兴趣。  
2 encourage or help an activity to begin or develop further 刺激；促使；促进  
The local government is making efforts to stimulate economic growth. 当地政府正在努力刺激经济增长。

**intellectual**  
**a.**  
relating to the ability to understand things and think intelligently 智力的；脑力的  
His job requires considerable intellectual effort. 他的工作需要付出相当多的脑力劳动。

**capacity**  
**n.**  
1 [C, U] sb.’s ability to do sth. 能力；才能  
His capacity for reasoning is unmatched by anyone. 他的推理能力无人能及。  
Do you think it’s within his capacity to lead this team? 你认为他有能力领导这个团队吗？  
2 [sing.] the amount of space a container, room, etc. has to hold things or people 容量；容积；容纳能力  
Our classroom has a seating capacity of 150. 我们的教室可容纳150 人。

**bind**  
**vt. (bound, bound)**   
1 (often passive) limit what sb. is allowed to do by making them obey a rule or agreement 使受（规则或协议）约束  
Each country that signed up the agreement is bound each country to reduce pollution levels. 每个签署了协议的国家都必须降低污染水平。  
If you sign that paper, you will be bound hand and foot. 如果你签了那份文件，你就会完全受到束缚。  
2 tie sb.’s hands or feet together so they cannot move 捆；绑  
They bound the criminal’s arms and legs with rope. 他们用绳子捆绑住罪犯的手脚。  
The burglars bound him to a chair with a rope. 盗贼们用绳子把他绑在了一个椅子上。  
3 form a strong emotional or economic connection between two people, countries, etc. 把…紧紧联系在一起；使关系密切  
A group of people may be bound together by shared language, culture, and beliefs. 一个群体可能是因共同的语言、文化和信仰而紧紧联系在一起的。  
Government has a responsibility to promote the common moral values that bind us together. 政府有责任推广使我们凝聚在一起的共同的道德价值观。

**assure**  
**vt.**  
tell sb. that sth. will definitely happen or is definitely true so that they are less worried 向…保证；使确信  
I can assure you that your father’s condition is improving. 我向你保证，你父亲的情况正在好转。

***assured***  
**a.**  
confident and certain 有把握的；自信的；肯定的  
He always answers the teacher’s questions in an assured manner. 他总是充满自信地回答老师的问题。

**career**  
**n.**  
[C] a job or profession that you have been trained for, and which you do for a long period of your life 职业；事业  
Many of us face the problem of combining a career and a family. 我们中很多人都面临着兼顾事业和家庭这一难题。

**curve**  
**n.**  
[C] a line that gradually bends like part of a circle 曲线；弧线  
From high above I saw the gentle curve of the bay. 从高处我看见港湾那平缓弯曲的海岸线。

**decent**  
**a.**  
1 of a good enough standard or quality 可接受的；相当好的；像样的  
I don’t have a decent dress for the ceremony. 我没有合适的衣服参加典礼。  
2 following moral standards that are acceptable to society 正派的；规矩的  
John is a decent person, who keeps his word and respects others. 约翰是个正派人，他信守诺言，并且尊重他人。

**boast**  
**v.**  
talk too proudly about your abilities, achievements, or possessions 夸口；夸耀；吹嘘  
He is always boasting about how much money he has made. 他总是吹嘘说他赚了多少钱。  
Laura boasted that her daughter was extremely gifted. 劳拉夸耀说她的女儿特别有天赋。

**bond**  
**n.**  
[C] sth. that unites two or more people or groups, such as love or a shared interest or idea 纽带；联系；关系  
The emotional bond between mother and child is usually very close. 母子之间的感情纽带通常是很紧密的。  
**vi.**   
develop a special relationship with sb.（与某人）培养一种特殊的关系  
Time must be given for the mother to bond with her baby. 母婴之间必须通过时间来培养感情。

**blossom**  
**vi.**  
develop and become more successful 发展；成长；繁盛；兴旺  
Their relationship blossomed on a trip to Australia. 他们的关系在澳洲之旅中得到了发展。  
**n.**  
[C, U] a flower or the flowers on a tree or bush （树或灌木的）花，花簇  
By March, the cherry trees are in blossom. 到了三月，樱桃树鲜花盛开。

**decade**  
**n.**  
[C] a period of 10 years 十年；十年期  
There have been dramatic improvements in the environment in the past decade. 过去的十年间，环境方面有了巨大的改善。

**genuine**  
**a.**  
1 honest, friendly, and sincere 真诚的；诚挚的  
He is the most genuine person I’ve ever met. 他是我见过的最真诚的人。  
2 real, rather than pretended or false 真正的；非伪造的  
This medal is made of genuine gold. 这枚奖章是真金制成的。

**instinct**  
**n.**  
[C, U] a natural tendency to behave in a particular way or a natural ability to know sth. which is not learned 本能；直觉；天性  
Experience told him that a woman’s natural instinct was to defend herself rather than hurt the attacker. 经验告诉他，女性的本能是保护自己，而不是伤害攻击者。

**confident**  
**a.**  
1 sure that you have the ability to do things well or deal with situations successfully 有信心的；自信的  
You should equip yourself with knowledge. Only in this way can you become confident of yourself. 你应该用知识来武装自己，只有这样你才会对自己有信心。  
2 sure that sth. will happen in the way that you want or expect 确信的；有把握的  
We are confident that next year’s profits will be higher. 我们确信明年的利润会更高。

**secure**  
**a.**  
1 feeling confident and safe 自信的；有把握的  
We want the children to be secure and feel good about themselves. 我希望孩子们有自信，有良好的自我感觉。  
2 safe from attack, harm, or damage 安全的  
They spent the night in a little cave, secure from the storm. 他们在一个小山洞里过夜，躲过了暴风雨。

**stereotype**  
**n.**  
[C] a very firm and simple idea about what a particular type of person or thing is like 模式化的思想；旧框框  
He certainly doesn’t fit the stereotype of the romantic French man. 他肯定不符合人们心目中浪漫的法国男人的形象。

**comprehend**  
**v.**  
(not in progressive) understand sth. that is complicated or difficult 理解；领悟  
They failed to comprehend the significance of the problem. 他们没有理解这个问题的重要性。

**cultivate**  
**vt.**  
1 work hard to develop a particular skill, attitude, or quality 培养；养成  
You should try to cultivate a more positive attitude to life. 你应该努力培养更加积极的生活态度。  
2 prepare and use land for growing crops and plants 耕；耕作；开垦  
Rice is cultivated in many coastal regions. 很多沿海地区都种植水稻。

**range**  
**n.**  
[C, usu. sing.] a number of people or things that are different, but are all of the same general type 一系列  
Our training program covers a range of vocational skills. 我们的培训计划包括一系列职业技能。

**innocence**  
**n. [U]**  
1 lack of life experience or knowledge of the bad things in the world 涉世不深；天真；单纯  
It surprises many people that she has the innocence of a child. 她有着孩子般的天真，对此很多人都感到惊讶。  
2 the fact of being not guilty of a crime 清白；无罪  
We often say that a person is innocent until proven guilty. 我们常说，一个人在被证明有罪之前是清白的。

**curiosity**  
**n.**  
[sing., U] the desire to know about sth. 好奇心  
Out of curiosity, he decided to call his former roommate. 出于好奇，他决定给他以前的室友打个电话。

**amount**  
**n.**  
[C, U] a quantity of sth., such as time, money, or a substance 数额；数量  
A large amount of money was spent on rebuilding the bridge. 大量的钱被用于重建那座桥。

**flexibility**  
**n. [U]**  
1 the ability to change or be changed easily to suit a different situation 灵活性  
A freelance career has the attraction of flexibility. 自由职业吸引人的地方是它的灵活性。  
2 the ability to bend or be bent easily 弹性；柔韧性  
Basketball requires speed, strength, balance, flexibility, and coordination. 篮球运动需要速度、力量、平衡、柔韧性和协调性。

**approach**  
**vt.**  
deal with a situation or problem in a particular way 处理；对付  
**v.**  
move closer to sb. or sth. 接近；靠近  
**n.**  
[C] a particular way of thinking about or dealing with sth. 方式；方法

**enthusiastic**  
**a.**  
feeling or showing a lot of interest and excitement about sth. 热心的；热衷的

***enthusiastically***  
**ad.**  
热心地；热衷地

**talent**  
**n.**  
[C, U] a natural ability to do sth. well 天资；天赋；才能

**evolve**  
**v.**  
1 develop and change gradually over a long period of time 逐步发展；逐渐演变  
2 if an animal or plant evolves, it changes gradually over a long period of time 进化；进化形成

**potential**  
**n.**  
[U] the possibility to develop or achieve sth. in the future 潜力；潜能  
People under stress tend to realize their full range of potential. 处于压力之下的人往往会发挥其所有的潜力。  
**a.**  
(only before noun) possible or likely in the future 可能的；潜在的  
A high unemployment rate is a potential source of social conflict. 高失业率是社会冲突的一个潜在根源。

**bold**  
**a.**  
not afraid of taking risks and making difficult decisions 果敢的；敢于冒险的；大胆的  
You must feel confident and bold when you meet your new boss. 见到新上司时你一定要自信、大胆。

**enormous**  
**a.**  
very big in size or in amount 巨大  
Our team made an enormous effort to win the competition. 我们队为赢得比赛付出了巨大努力。

***enormously***  
**ad.**  
very or very much 非常；极其  
We benefited enormously from Mark’s rich experience. 我们从马克的丰富经验中获益匪浅。

**Phrases and expressions**

**be about to do sth.**  
be going to happen or do sth. very soon 正要发生某事；即将做某事  
We arrived just as the ceremony was about to begin. 我们到达时仪式正要开始。

**go off**  
leave a place, esp. in order to do sth. 离开；走  
They have gone off to the coast for the summer. 他们已经去海边消夏了。

**open up**  
become available or possible, or make sth. do this（使）出现；（使）成为可能  
His stories opened up new worlds of the imagination. 他的小说开创了想象力的新天地。

**take sb./sth. seriously**  
believe that sb. or sth. is worth your attention or respect 认真对待某人/某事  
These suggestions may not be perfect, but we must take them seriously. 这些建议可能不是很完美，但是我们必须认真对待。  
As a teacher, it’s important that you take your students seriously. 作为教师，重要的一点是你要把学生当回事儿。

**sign up (for sth.)**  
put your name on a list for sth. because you want to take part in it 报名  
Don’t sign up for too many courses in one semester. 不要在一个学期内报太多的课。

**get to sb.**  
(infml.) make sb. feel annoyed or upset 使生气；使烦恼  
His jokes started to get to me, so I found an excuse and left. 他的笑话让我感到生气，所以我找了个借口离开了。

**give sb. the benefit of the doubt**  
accept what sb. tells you even though you think they may be wrong or lying, but you cannot be sure 虽有怀疑但还是相信某人；姑且相信某人  
After hearing his explanation, I was prepared to give him the benefit of the doubt. 听了他的解释，我准备姑且相信他。

**reduce sb. to sth.**  
force sb. into a particular unpleasant state or situation 使陷入（不利境地）  
Stress has reduced him to a nervous breakdown. 压力使他精神崩溃了。  
She was reduced to tears by their comments. 他们的评论使她流下了眼泪。

**as long as**  
used to say that one thing can happen or be true only if another thing happens or is true 只要  
I’ll stay in Mexico as long as my money holds on. 只要我的钱还能维持一天, 我就在墨西哥呆一天。

**feel like (doing) sth.**  
(spoken) want to have sth. or do sth. 想要（做）某事

**safe and sound**  
unharmed, esp. after being in danger 安然无恙  
It was a challenging climb, so I’m relieved that they got home safe and sound. 那是一次有挑战性的登山活动，所以，他们平安回到家后我才放下心来。

**take sb./sth. away**  
remove sb. or sth., or make sth. disappear 拿走；带走；使消失  
This medicine will take your pain away. 这种药会消除你的疼痛。  
He was taken away to begin a prison sentence. 他被带走开始服刑。

**be born to be/do sth.**  
be very suitable for a particular job, activity, etc. 天生适合做某事  
Nancy was born to be a dancer. She danced so well without having any dance training. 南希天生就是个舞蹈家。她没有经过任何舞蹈训练，却跳得这么好。

**sb. can’t wait**  
(spoken) used to emphasize that sb. is very excited about sth. and is eager for it to happen 某人急着/等不及（用于强调对即将发生的事感到兴奋和迫不及待）  
I can’t wait to tell my mother the good news. 我迫不及待地要告诉妈妈这个好消息。

**2-A**

**New words**

**clutter**  
**n.**  
[sing., U] a large number of things that are scattered somewhere in an untidy way 杂乱的东西

**await**  
**vt.**  
1 wait for sth. 等待；等候  
The little boy was still awaiting his father’s return when the clock struck 11. 当时钟敲响11 点时，那个小男孩仍在等着他爸爸回来。  
2 if sth. awaits you, it will happen to you （某事）将降临到…身上  
The biggest surprise awaiting the birthday girl is that her father is flying to London for her birthday. 那个过生日的女孩即将得到的最大惊喜是她爸爸将飞到伦敦来为她庆祝生日。

**vehicle**  
**n.**  
[C] (fml.) a machine with an engine that is used to take people or things from one place to another, such as a car, bus, or truck 交通工具；车辆

**efficiency**  
**n.**  
[U] the quality of doing sth. well and effectively, without wasting time, money, or energy 效率；效能  
To increase our working efficiency, it is necessary to take advantage of every moment we have. 为了提高工作效率，我们必须分秒必争。  
We rely on advanced technology to improve energy efficiency. 我们依靠先进的技术提高能源效率。

**embarrass**  
**vt.**  
make sb. feel ashamed, nervous, or uncomfortable, esp. in front of other people （尤指在社交场合）使尴尬，使窘迫  
I felt embarrassed, going to the wrong classroom on the first day of college. 大学的第一天我走错了教室，感到非常尴尬。

***embarrassment***  
**n.**  
1 [C] sb. or sth. that causes problems or makes you feel ashamed 让人难堪的人；使人为难的事  
He is such an embarrassment to his family. 他让他的家人感到非常难堪。  
The court case was an embarrassment to the company. 这个案子对该公司来说是个麻烦。  
2 [U] a feeling of being nervous or ashamed because of what people know or think about you 尴尬；难堪；窘迫  
To her terrible embarrassment, there were many people around when one of her high heels broke off. 她一只高跟鞋的鞋跟断了，当时周围有许多人，这让她很尴尬。

**rust**  
**v.**  
become covered with rust, or make sth. become covered in rust （使）生锈  
Years of being left out in the rain had rusted the metal chairs. 这些金属椅子多年来一直放在外面，已经被雨淋得都生锈了。  
**n.**  
[U] the reddish-brown substance that forms on iron or steel when it gets wet 锈；铁锈  
There were large patches of rust on the car. 车上有大块的锈斑。

**blade**  
**n.**  
[C]the flat cutting part of a tool or weapon 刀刃；刀片

**tube**  
**n. [C]**  
1 a long, thin container which you squeeze in order to force the paste out （膏状物等的）管状容器  
2 a long narrow object similar to a pipe that liquid or gas can move through 管子

**paste**  
**n.**  
[C, U] a soft thick mixture that can easily be shaped or spread 糊状物；膏  
The dish consists of 8 kinds of vegetables, mixed with hot chili paste and served with beef soup. 这道菜有8种蔬菜，拌上辣椒酱，再佐以牛肉汤食用。  
**vt.**  
stick sth. to sth. else using glue （用糨糊）粘贴  
Please paste a label on the box to tell it from other boxes. 请在盒子上贴上标签 , 以便与其他盒子区别开来。

***toothpaste***  
**n.**  
[C, U] 牙膏

**polish**  
**n.**  
[C, U] a chemical substance that you rub onto an object to make it shine 上光剂；擦光剂  
The girl was told by her parents to remove the polish from her nails because she was too young for make-up. 女孩的父母让她把指甲油擦掉，因为她还太小，不适合化妆。  
**vt.**  
1 make sth. smooth, bright, and shiny by rubbing it 擦亮；擦光  
He polished his glasses with a handkerchief in order to see more clearly. 他用手帕擦了擦眼镜，以便看得更清楚些。  
2 improve a piece of writing, a speech, etc. by making slight changes to it before it is completely finished 修改；润色  
Your essay is good; you just need to polish it a bit. 你的文章不错，你只要稍加润色就可以了。

**trash**  
**n.**  
[U] (BrE rubbish) things that you throw away, such as empty bottles, used papers, food that has gone bad, etc. 废物；垃圾

**dump**  
**vt.**  
1 empty out a container, vehicle, as by overturning or tilting 倾倒；把…倒空   
He opened his bag and dumped its contents on the desk. 他打开包，把里面的东西倒在桌子上。  
2 get rid of sth. that you do not want 丢弃；扔掉  
People who want to get rid of old cars sometimes dump them in the woods. 人们为了处理掉旧车，有时候就把它们丢在树林里。

**match**  
**v.**  
1 belong to the same pair （与…）属同一双；（使）成对  
Your socks don’t match. 你的袜子不成双。  
2 if one thing matches another or they match, they look attractive together （与…）相配，相称  
She wore a green silk dress and hat to match. 她穿了一件绿色丝裙，戴着与之相配的帽子。

***mismatched***  
**a.**  
not matched or not suitably matched 不配对的  
I wonder why my younger sister loves wearing mismatched socks. 我真不明白，为什么我妹妹喜欢穿不配对的袜子。

**purple**  
**a.**  
紫色的  
**n.**  
[U] 紫色

**closet**  
**n.**  
[C] (mainly AmE) a small room or space built into a wall for storing things such as clothes or sheets 壁橱

**comic**  
**n.**  
[C] (also ~ book) a magazine for children that contains stories told in a series of drawings （儿童）连环漫画册  
With the combination of pictures and texts, comics are a good way to get children to begin their adventures in reading. 连环漫画册图文并茂是让儿童开始接触阅读的一个好办法。  
**a.**  
amusing you and making you want to laugh 滑稽的；好笑的  
Even the misfortune in his personal life was used by him in creating his comic movies. 连他生活中的不幸遭遇也被他用于创作喜剧电影。

**fiction**  
**n.**  
1 [U] books and stories about imaginary people and events 小说  
He was a very successful writer of children’s fiction. 他是一位非常成功的儿童小说家。  
2 [C] sth. that people want you to believe is true but which is not true 虚构的事；想象的事  
Sometimes children have trouble separating fact from fiction and may believe that such things actually exist. 有时候孩子们难以区分哪 些事情是真实的、哪些是虚构的，他们或许会相信这些事情真的存在。

**romantic**  
**a.**  
1 used about books, plays, and films about love （书、剧本、电影）浪漫的，关于爱情的  
Romantic comedies are very popular among young people. 爱情喜剧很受年轻人的欢迎。  
2 showing strong feelings of love 多情的；浪漫的  
Why don’t you send your girlfriend a little romantic card and see how she reacts? 你何不送女朋友一张浪漫的小卡片，看她作何反应？

**historical**  
**a.**  
1 describing or based on events in the past 描写历史事件的；基于史实的  
Historical novels are a marvelous blend of fact and fiction. 历史小说是事实和小说的奇妙结合。  
2 relating to the past （有关）历史的  
It is important to look at the novel in its historical context. 从历史背景来看待这部小说很重要。

**beloved**  
**a.**  
loved very much by sb. 钟爱的；挚爱的；宝贝的  
She said her beloved daughter was her pride. 她说她的宝贝女儿是她的骄傲。

**stuff**  
**vt.**  
1 push or put sth. into a small space, esp. in a quick careless way 填；塞  
Don’t stuff anything else in the bag, or it will burst. 不要再往袋子里塞东西了，不然袋子就要撑破了。  
2 fill sth. until it is full 填满；装满   
Volunteers were busy stuffing envelopes. 志愿者们正忙着填装信封。  
**n.**  
[U] a variety of objects or things 各种物品  
I don’t know how we’re going to get all this stuff into the car. 我不知道怎样才能把这些东西都放进汽车里。

**sack**  
**n.**  
[C] a large strong bag for storing and carrying things 大口袋；粗布袋；麻袋

**stack**  
**v.**   
make things into a neat pile, or form a neat pile （使）整齐地堆起；摞起  
The waitress stacked the dishes on the counter and then sat down for a rest. 女服务员把盘子整齐地码放在柜台上，然后坐下来休息。  
**n.**   
[C] a neat pile of things （叠放整齐的）一叠，一堆，一摞   
I eventually found the letter I was looking for under a stack of papers. 我最终在一摞纸的下面找到了我要找的那封信。

**plague**  
**n.**  
1 (a ~ of locusts/rats, etc.) an uncontrolled and harmful increase in the numbers of a particular animal or insect 蝗灾/鼠灾等  
A plague of locusts, as a result of the warm winter and continuous drought since early spring, is threatening this land. 由于暖冬和开春以来一直干旱，蝗灾正威胁着这片土地。  
2 [C] a disease that causes death and spreads quickly to a large number of people 瘟疫；疫病  
We wish to have a world free of plagues and famines. 我们希望我们的世界没有瘟疫和饥荒。

**clumsy**  
**a.**  
1 not easy to use and often large and heavy （物体）笨重的  
The first mobile phones were heavy and clumsy to use, but nowadays they are much easier to handle. 第一代手机用起来很笨重，不过如今的手机用起来方便多了。  
2 moving in an awkward way and tending to make things fall over 笨拙的；不灵活的  
When people get drunk, they become clumsy and cannot speak clearly. 人们喝醉后会变得行动笨拙，说话含糊。

**charity**  
**n.**  
1 [U] organizations in general that give money, goods, or help to people who are poor, sick, etc. 慈善事业  
All the money raised by the concert will go to charity. 这次音乐会的收入将全部用于慈善事业。  
2 [C] an organization that gives money, goods, or help to people who are poor, sick, etc. 慈善机构；慈善团体  
He invested a big sum of money in setting up a charity in his hometown. 他投了一大笔钱在家乡创建了一家慈善机构。

**band**  
**n. [C]**  
1 a flat narrow piece of sth. with one end joined to the other to form a circle 圈；箍；带  
2 (BrE) a group of musicians, esp. a group that plays popular music 乐队；乐团

**curl**  
**v.**  
form a twisted or curved shape, or make sth. do this 盘绕；缠绕  
It seems to me that the best way to relax is to curl up in the sofa with a cup of tea, and watch TV. 对我而言，最好的放松方法就是泡上一杯茶，蜷在沙发上看电视。

***curler***  
**n.**  
[C] a small plastic or metal tube used for making hair curl 卷发夹   
Hair curlers can give you a great curly look. 卷发器可以给你一个漂亮的卷发造型。

**strain**  
**vi.**  
pull hard at sth. or push hard against sth. 使劲拉；使劲推；绷紧  
The dog strains at the rope fastened to its collar, eager to be off. 那只狗使劲拽着拴在脖子上的绳子，拼命要挣脱。  
**vt.**  
injure a muscle or part of your body by using it too much or making it work too hard 拉伤；扭伤；损伤  
I strained a muscle in my back when playing tennis. 我在打网球时拉伤了背上的一块肌肉。  
**n.**  
[C, U] worry that is caused by having to deal with a problem or work too hard over a long period of time 焦虑；紧张  
We know that a long time without change can lead to boredom, and physical and mental strain. 我们知道，长时间没有变化会导致乏味，以及身体和精神上的紧张。

**haul**  
**vt.**  
pull sth. heavy with a continuous steady movement 拖；拉  
Rescue workers attached the men to ropes before hauling them to safety. 救援人员把这些人用绳索绑起来，然后把他们拉到安全的地方。

**donation**  
**n.**  
1 [C] sth., esp. money, that you give to a person or an organization in order to help them 捐赠物（尤指捐款）  
The mayor toured a children’s hospital and delivered a donation of medical equipment. 市长参观了一家儿童医院，并向医院捐赠了一些医疗设备。  
2 [U] the act of giving sth., esp. money, to help a person or an organization 捐助（尤指钱）  
At the blood donation site, I was given a physical examination. 在献血站，我接受了一次体检。

**curb**  
**n.**  
[C] (BrE kerb) the raised edge of a road, between where people can walk and cars can drive 路缘  
For the sake of safety, please walk as close to the curb as possible. 为了安全起见，请尽量靠近路缘走路。  
**vt.**  
control or limit sth. in order to prevent it from having a harmful effect 控制；抑制；约束  
The government should take steps to curb the rapid rise in housing prices. 政府应采取措施抑制房价的快速上涨。

**sore**  
**a.**  
painful and uncomfortable, usu. as a result of an injury, infection, or too much exercise 痛的；疼痛的  
My muscles were sore because I had exercised too much. 我因为运动过量而肌肉疼痛。

**ridiculous**  
**a.**  
very silly or unreasonable 愚蠢的；荒唐的；可笑的  
It is ridiculous that a person should get paid without working. 一个人竟能不劳而获，这太可笑了。

**toss**  
**vt.**  
throw sth., esp. sth. light, with a quick gentle movement of your hand 扔；掷；抛  
The children tossed the ball to each other. 孩子们互相把球抛来抛去。

**strip**  
**vt. (also ~ off)**  
1 remove sth. that is covering the surface of sth. else 剥去；除去  
She asked us to strip off the sheets and bring them downstairs when we leave. 她叫我们离开时把床单撤下来并带到楼下。  
It took me several hours to strip the wallpaper from the walls. 我花了好几个钟头把墙纸从墙上揭下来。  
2 take off your clothes or take off sb. else’s clothes 脱去（…的）衣服  
Jack stripped off his sweater and threw it onto the couch. 杰克脱掉毛衣，把它扔到长沙发上。

**craft**  
**n.**  
(~s) [pl.] a job or activity in which you make things with your hands, and that you usu. need skill to do （指传统的手工）工艺；手艺  
The project’s aim is to maintain some traditional rural crafts in China. 该项目的目的是要保留中国一些传统的乡村手工艺。

**clip**  
**vt.**  
1 cut an article or picture from a newspaper, magazine, etc. （从报纸、杂志等上）剪下  
I clipped the ads from the magazine in case they might be useful later. 我把杂志上的广告剪下来，以备后用。  
2 fasten one thing to another using a small object 夹住；扣住  
He collected up the documents and clipped them together. 他把文件收拾好，并夹在一起。  
**n.**  
[C] a short part of a film, television program, or news story that is shown separately （电影、电视节目或新闻的）剪辑  
I saw on TV a clip of Michael Jordan being interviewed. 我在电视上看到迈克尔•乔丹接受采访的一个片段。

**item**  
**n.**  
[C] a single thing, esp. one thing in a list, group, or set of things （尤指清单上、一群或一组事物中的）一项，一件，一条  
He opened his suitcase and took out each item. 他打开手提箱，把东西一样样拿出来。

**emotional**  
**a.**  
1 having strong feelings and showing them to other people, esp. by crying 情绪激动的（尤指哭泣）  
Grandpa gets very emotional whenever he talks about the war in which he fought many years ago. 每当谈及他多年前曾亲身参加的那场战争时，爷爷就会变得情绪激动。  
2 (only before noun) relating to your feelings or how you control them 情绪（上）的；情感（上）的  
The event had absolutely no emotional effect on me. 这件事对我的情绪绝对没有影响。

**bug**  
**n. [C]**  
1 an enthusiast or a fan 热衷于某事的人；迷  
2 (esp. AmE) a small insect 小虫子

**reverse**  
**vt.**  
change sth., such as a decision, judgment, or process so that it is the opposite of what it was before 推翻，彻底改变（决定、判决、过程等）  
The Jones had planned to sell their house and move into an apartment, but later they reversed their minds. 琼斯一家打算把房子卖掉，搬到公寓去住，但是他们后来改变了主意。   
**n.**  
(the ~) the exact opposite of what has just been mentioned 相反情况；正相反  
Of course I don’t dislike you – quite the reverse. 我当然不是不喜欢你——恰恰相反，我喜欢你。  
**a.**  
(only before noun) (~ order/situation/process, etc.) the opposite order, etc. to what is usual or to what has just been stated 相反的（顺序、局势、过程等）  
The record showed a reverse trend to that in other countries. 记录显示在其他国家有与之相反的趋势。

**token**  
**n.**  
[C] (fml.) sth. that represents a feeling, fact, event, etc. 象征；标志  
We exchanged gifts as a token of friendship. 我们交换了礼物，作为友谊的象征。

**Phrases and expressions**

**make it**  
1 be successful at sth., e.g. in your job 获得成功  
He came to the US and not only made it, but made it big. 他来到美国，不仅成功了，而且还发达了。  
2 succeed in getting somewhere in time for sth. or when this is difficult （尤指在困难情况下）准时到达，赶上  
With blood pouring from his leg, he made it to a nearby house. 他腿上流着血，支撑着走到附近的一所房子。

**free of/from**  
not containing or involving sth. unpleasant 无…的；摆脱了…的  
We need to create a relaxing atmosphere, free of tension. 我们需要创造一种没有压力的轻松氛围。  
They claim all the drinks are free of artificial colorings. 他们声称所有的饮料都不含人工色素。

**catch oneself doing sth.**  
suddenly realize one is doing sth. 突然意识到自己在做某事  
One day I caught myself smiling for no reason; then I realized I was thinking of you. 有一天我忽然发觉自己正无缘无故地微笑，随后我意识到我那时想到了你。

**throw away**  
get rid of sth. that you do not want or need 扔掉；丢弃

**after all**  
1 used for saying that sth. is true despite what was said or planned before 终究；最终还是  
Maybe she was right after all. 或许最终还是她对。  
2 used when giving a reason to explain what you have just said 毕竟  
I’m not really ambitious about making money. After all, money isn’t everything. 我对赚钱真没什么雄心大志，毕竟钱不是一切。

**reverse oneself**  
(AmE) change one’s opinion or position in an argument （争论中）改变主意/立场  
Suddenly, he reversed himself completely. 突然，他完全改变了立场。

**straighten up**  
1 make sth. tidy 把…弄整洁  
As usual, she helped her mother clear away the dishes and straighten up the room. 跟平时一样，她帮助妈妈清理碗碟，并把屋子收拾整洁。  
2 stand up straight 直起身  
I straightened up and the ache in my back grew worse. 我直起身子，这时背部的疼痛加剧了。

**keep back**  
1 not show your feelings, even though you want to very much 抑制，控制（感情）  
When she heard that her mom was seriously ill, she could hardly keep back her tears. 听到妈妈病重的消息，她忍不住流下了眼泪。  
2 deliberately not tell sb. all that you know about sth. 隐瞒某事  
She told us most of the story, but kept back about her uncle. 她把故事的大部分内容告诉了我们，但是没有讲有关她叔叔的事。

**with open arms**  
if you do sth. with open arms, you show that you are happy to see sb. or eager to accept an idea, plan, etc. 热烈地；欣然  
When I went to see my boyfriend’s parents for the first time, they welcomed me with open arms. 我第一次去见男友的父母时受到了他们的热情欢迎。

**2-B**

**New words**

**limp**  
**a.**  
not firm or strong 软的；不强壮的  
The man wrapped his strong fingers around the old man’s limp ones, sending a message of love and encouragement. 那人用他有力的手指握住老人无力的手指，传递着爱意和鼓励。  
**vi.**  
walk slowly and with difficulty because one leg is hurt or injured （因一腿受伤而）跛行，一瘸一拐地走  
The dog limped forward slowly; one of its back legs had been seriously wounded. 那条狗一瘸一拐地慢慢往前走；它的一条后腿受了重伤。

**surge**  
**vi.**  
1 suddenly move very quickly in a particular direction 迅速涌动；蜂拥向前  
The people surged forward to see the star sportsman they had been waiting for so long. 人群向前涌去，希望看到他们等待已久的体育明星。  
2 suddenly increase 突然上涨；激增  
The city’s population surged after the Second World War. 第二次世界大战后，这个城市的人口激增。  
**n.**  
1 (a ~ of sth.) a sudden, large increase in a feeling （情感的）突发；涌现  
He felt a violent surge of annoyance when he learned that he had failed the interview. 当他得知没有通过面试时，他感到一阵恼怒。  
2 (~ in/of) a sudden increase in amount or number （数量的）急剧增加  
The surge in raw material price adds to the production cost. 原材料价格的上涨增加了生产成本。

**breeze**  
**n.**  
[C] a gentle wind 微风；和风

**shiver**  
**vi.**  
shake slightly because you are cold or frightened （因寒冷或害怕而）颤抖，哆嗦，发抖  
She shivered at the thought of going into the dark house alone. 想到要独自进入那个黑暗的屋子，她就怕得发抖。

**complain**  
**v.**  
say that you are annoyed, not satisfied, or unhappy about sth. or sb. 抱怨；不满；发牢骚  
He threatened that he would complain to the boss. 他威胁说要去向老板投诉。

**chill**  
**n.**  
[sing.] a feeling of coldness 寒冷；寒气  
Please turn on the heater to rid us of this chill. 请打开暖气，让我们驱驱寒。

***chilly***  
**a.**  
cold enough to be unpleasant 寒冷的；冷得难受的  
It’s chilly in the house, even when it’s sunny outside. 即使外面阳光明媚，屋子里还是很冷。

**stride**  
**vi.**  
(strode, stridden) walk quickly with long steps 迈大步走；大踏步走  
He strode out of the room without saying anything. 他什么都没说，大踏步地走出了房间。  
**n. [C]**  
1 a long step you make while you are walking 大步；阔步  
A younger man was coming along in the distance, taking big strides. 一个年轻人迈着大步从远处走来。  
2 an improvement in a situation or in the development of sth. 进步；进展；发展  
The government has made great strides in reducing poverty. 政府在减少贫困方面取得了巨大进展。

**melt**  
**v.**  
if sth. melts or if heat melts it, it becomes liquid （使）融化；（使）熔化  
It was so hot that the butter started to melt. 天太热了，黄油都开始融化了。  
**vi.**  
(also ~ away) gradually disappear 逐渐消失  
The conflict between the workers and the management melted away after they had a few open talks. 工人们和管理层经过几次坦诚的对话后，他们之间的矛盾逐渐化解了。

***melting***  
**a.**  
(of a solid substance) changing into a liquid 融化的；熔化的；溶解的  
Melting ice at both poles of the earth suggests that the climate is changing rapidly. 地球两极的融冰表明气候正在经历着快速的变化。

**shed**  
**n. [C]**  
1 a large industrial building where work is done, large vehicles are kept, machinery is stored 工棚；厂房；库房  
2 a small building, often made of wood, used esp. for storing things 棚屋；小屋；货棚

**immense**  
**a.**  
extremely large 巨大的  
Despite his immense success, he was not always happy. 尽管他取得了巨大的成功，但有时他并不快乐。

**fatigue**  
**n.**  
[U] very great tiredness 疲劳；疲乏；劳累  
After the long journey, the girl looked pale with fatigue. 那个女孩因长途旅行的劳顿而显得脸色苍白。

**aboard**  
**prep.**   
on or onto a ship, plane, or train 在（船，飞机，火车）上；上（船，飞机，火车）  
After waiting for two hours, they got aboard the plane. 等了两个小时之后，他们登上了飞机。  
After a short break, the driver called his passengers to get aboard the coach. 短暂休息之后，司机招呼乘客上车。

**hut**  
**n.**  
[C] a small simple building with only one or two rooms （简陋的）小屋，棚屋，茅舍

**barrel**  
**n.**  
[C]（中间鼓起的）桶

**shell**  
**n.**  
[C] the hard protective covering of an animal, such as a snail or crab （蜗牛或螃蟹等的）壳；贝壳

***shellfish***  
**n.**  
[C, U] (pl. shellfish) an animal that lives in water, has a shell, and can be eaten as food, e.g. crabs, lobsters, and oysters 水生有壳动物；水生贝类动物

**bundle**  
**n.**  
[C] a group of things, such as papers, clothes, or sticks that are fastened or tied together 捆；把；扎；束  
We threw out several bundles of old newspapers and magazines. 我们扔掉好几捆旧报纸和旧杂志。

**eel**  
**n.**  
[C] 鳗；鳝

**portion**  
**n.**  
[C] a part of an amount or total （数量或总数的）一部分，一份  
The computer factory represents only a small portion of the company’s business. 计算机工厂只代表该公司业务的一小部分。

**migrate**  
**vi.**  
1 if birds or animals migrate, they travel to another part of the world for warmer weather at a particular time of the year （鸟或动物）迁徙  
How do birds know when to migrate, and how do they find their way back home? 鸟类是怎么知道该什么时候迁徙，又是如何找到回家的路的呢？  
2 go to live in another area or country, esp. in order to find work （尤指为找工作）移居，迁移  
A lot of people were encouraged to migrate to Australia from all over Europe. 很多人受到鼓励从欧洲各地移居到澳大利亚。

***migration***  
**n. [C]**  
1 when birds or animals travel regularly from one part of the world to another （鸟或动物的）迁徙  
This kind of birds travel thousands of kilometers on their yearly migration. 这种鸟每年迁徙时要飞越几千公里。  
2 when large numbers of people go to live in another area or country, esp. in order to find work 移居; 迁移  
The overseas migration of Europeans during this period totaled about 60 million people. 这段时间里，欧洲移居海外的人数共计约六千万。

**wrap**  
**vt.**  
(also ~ up) put paper or cloth over sth. to cover it （用纸、布等）包，裹（某物）  
He followed Nancy into the room and held out a bunch of flowers wrapped in paper. 他跟着南希走进房间，拿出用纸包着的一束花。

***unwrap***  
**vt.**  
remove the paper, plastic, etc. that is around sth. 拆开，打开（包装）  
Unwrap that package and you’ll see what I’ve got for you. 打开包装，你就知道我给你带了什么啦。

**suspicious**  
**a.**  
1 feeling that you do not trust sb. or sth. 感到怀疑的；认为有问题的  
I am always suspicious of anyone who wants to sell me something cheap. 我总是不相信向我推销便宜货的人。  
Viewed from that particular angle, the whole thing looks suspicious. 从那个特定的角度来看，整件事显得很可疑。  
2 thinking that sb. might be guilty of doing sth. wrong or dishonest 怀疑的；猜疑的  
Colleagues became suspicious when he started acting strangely. 当他的举止开始变得怪异时，他的同事们起了疑心。3 making you think that sth. bad or illegal is happening 可疑的；引起怀疑的  
Finding his words suspicious, the police decided to make further investigation. 警察发现他的话很可疑，因此决定进一步调查。

***suspiciously***  
**ad.**  
1 感到怀疑地；不信任地  
He looked at the food suspiciously. 他不放心地看着食物。  
2 怀疑地；猜疑地  
Helen looked at her husband suspiciously and said, “Someone must have smoked in the room.” 海伦怀疑地看了看丈夫，说道：“肯定有人在房间里抽过烟。”  
The cashier called the police when he saw two men acting suspiciously in the store. 收银员看到两个男人在商店里形迹可疑，于是就报了警。

**pinch**  
**n.**  
[C] a small amount of sth. that you can hold between your finger and thumb 一小撮  
While the tomatoes are cooking, add a pinch of sugar. 在煮番茄的时候，加一小撮糖。  
**vt.**  
press a part of sb.’s skin very tightly between your finger and thumb, esp. so that it hurts 捏；掐；夹  
He pinched his little sister’s cheek and she began to cry. 他捏了下妹妹的脸颊，妹妹就哭了起来。

**vanish**  
**vi.**  
disappear suddenly, esp. in a way that cannot be easily explained 突然不见; 消失  
My mobile phone was on the table minutes ago, but now it has vanished. 我的手机几分钟前还在桌子上，但现在却不见了。  
The wolf vanished into the woods immediately. 那只狼即刻消失在树林中。

**slope**  
**n.**  
[C] a straight surface that has one end higher than the other 斜面；斜坡  
There’s a very sharp slope just before you reach the top of the mountain. 在你到达山顶之前有个很陡的斜坡。

**cracker**  
**n.**  
[C] a hard dry type of bread in small flat shapes, which is often eaten with cheese 薄脆饼干

**peak**  
**n.**  
1 [C] the sharply pointed top of a mountain 山顶；山峰  
Climbing this mountain is very difficult, so people take great pride in getting to its peak. 这座山很难爬，因此人们都为能登上山顶而自豪。  
2 [C, usu. sing.] the time when sth. or sb. is best, greatest, highest, most successful, etc. 高峰；顶点  
Their sales this year are expected to reach a new peak. 今年他们的销售额有望创新高。

**stretch**  
**v.**  
1 continue over a period of time or in a series, or make sth. do this （使）延续；（使）延伸  
As time stretched on, Jack found his joy in painting. 随着时间的推移，杰克逐渐喜欢上了绘画。  
2 make sth. bigger or looser by pulling it, or become bigger or looser as a result of being pulled（使）变大；（使）变松；拉长  
My T-shirt stretched after I washed it. 我的T恤衫洗过后变长了。  
3 straighten your arms, legs, or body to full length 伸开，伸展（肢体）  
I leaned back in the chair and stretched. 我向后靠在椅子上，伸了伸懒腰。

**overtake (overtook, overtaken)**  
**v.**  
go past a moving vehicle or person because you are going faster than them and want to get in front of them 追上；赶上；超过  
Drivers should keep in mind that it is dangerous to overtake another car on a bend. 驾驶员应记住，在弯道上超车是危险的。  
**vt.**  
develop or increase more quickly than sb. or sth. else and become more successful, more important, or more advanced than them 超越；超过  
In the last two decades world production of electricity has roughly doubled, with the developing nations overtaking the developed. 在过去20年里，世界发电量大约翻了一番，发展中国家的发电量超过了发达国家。

**anticipate**  
**vt.**  
expect that sth. will happen and be ready for it 预期；预料  
We anticipate that we will meet a certain amount of resistance to our plan. 我们预计我们的计划会遭到一定程度的抵制。

**reluctance**  
**n.**  
[U] when sb. is unwilling to do sth. 勉强；不情愿  
She showed reluctance, but finally accepted our interview. 她显得有些勉强，但是最终还是接受了我们的采访。

**stoop**  
**vi.**  
bend your body forward and down 俯身；弯腰  
The doorway was so low that we had to stoop to go through it. 门厅很矮，我们不得不弯腰才能过去。

**restraint**  
**n.**  
1 [C] sth. that prevents sb. from moving freely, such as a rope or a seat belt 安全装置；安全带  
The car is equipped with head restraints for the safety of passengers. 这辆车配备了护头垫以保护乘客的安全。  
2 [U] the limit or control of the expression of strong emotion or opinion 抑制；克制；控制  
The government asked for restraint, insisting the problem could be solved without the use of force. 政府要求大家保持克制，一再表明这个问题可以不通过武力来解决。3 [C, U] a rule or principle that limits what people can do 管制措施；限制；控制  
Opposition politicians have called for restraints on public spending. 反对党的政治家们呼吁控制公共开支。

**scrape**  
**v.**  
rub against a rough surface in a way that causes slight damage or injury, or make sth. do this （使）摩擦，擦伤； 刮坏  
Jack scraped his knee on the wall as he was climbing over it. 杰克在爬墙时擦伤了膝盖。  
**vt.**  
remove sth. from a surface using the edge of a knife, a stick, etc. （用小刀等）刮除  
Scrape all the mud off your shoes before you come in. 你进来时先把鞋上的泥土刮掉。

**delicate**  
**a.**  
1 easily damaged or broken 易坏的；易碎的；脆弱的  
These are not delicate goods and are not likely to be damaged on the voyage. 这些不是易碎物品，途中不太可能损坏。  
2 needing to be dealt with carefully or sensitively in order to avoid problems or failure 微妙的；需要谨慎处理的  
We have a rather delicate situation on our hands to deal with. 目前我们有个微妙的情况要处理。  
3 made skillfully and with attention to the smallest details 精巧的；精致的；精美的  
The delicate pattern of the vase will be a selling point. 这个花瓶上的精致图案将是一个卖点。

**grip**  
**vt.**  
hold sth. very tightly 紧握；紧抓  
He gripped my arm, partly to restrain me and partly to reassure me. 他紧紧抓住我的胳膊，一方面要制止我，一方面是给我安慰。  
**n.**  
[C, usu. sing.] the way you hold sth. tightly, or your ability to do this 紧握；紧抓；握力  
Don’t loosen your grip on the rope, or you’ll fall. 抓紧绳子别松手，否则你会掉下来。

**gradual**  
**a.**  
happening slowly over a long period of time 逐渐的；逐步的  
There has been a gradual rise in our sales over the last two years. 在过去两年中，我们的销量有了逐步的增长。

***gradually***  
**ad.**  
slowly, over a long period of time 逐渐地；逐步地  
Susan practiced only half an hour each day, but gradually she extended her practicing to several hours per day. 苏珊原来每天只练习半小时，但是慢慢地，她把练习的时间增加到了每天几个小时。

**sway**  
**vi.**  
move slowly from one side to another 摇摆；摆动；摇晃  
At the bottom of the hill, the trees swayed in the wind, graceful like dancers with long hair. 山脚下，树木在风中摇曳，如长发舞女般优雅。

**accompany**  
**vt.**  
go somewhere with sb. 陪伴；陪同  
Children should be accompanied by adults when using the elevator. 儿童应在成人的陪伴下乘坐电梯。  
They can accompany you to your favorite restaurant or to somewhere else you like. 他们可以陪你去你最喜欢的饭店或者去其他你喜欢的地方。

**pureed**  
**a.**  
(of sth.) crushed so that it is almost liquid 捣压成酱（泥，糊）的

**tuna**  
**n.**  
[C] (pl. tuna) 金枪鱼

**awkward**  
**a.**  
1 lacking skill 笨拙的；不灵巧的  
As a foreigner, he is still awkward with his chopsticks. 他是个外国人，用筷子还不熟练。  
2 making you feel embarrassed so that you are not sure what to do or say 令人尴尬的；使人难堪的  
During the interview, the minister was asked some embarrassing questions that put him in an awkward position. 在采访中，部长被问及一些难堪的问题，令他很尴尬。

**sip**  
**n.**  
[C] a very small amount of a drink 一小口  
**v.**  
drink sth. slowly, taking very small mouthfuls 小口地喝；抿；呷

**champagne**  
**n.**  
[U] a French white wine with a lot of bubbles, drunk on special occasions （法国）香槟酒

**Phrases and expressions**

**slow down**  
become slower or make sth. slower （使）慢下来；（使）减速  
Once you are in the habit of rushing through life, being on the go from morning till night, it is hard to slow down. 你一旦习惯了快节奏的生活，从早到晚忙忙碌碌，那么你就很难慢下来。

**make sense**  
1 have a clear meaning and be easy to understand 有意义；表述清晰；易于理解  
His answer was so confusing that it didn’t make any sense. 他的回答太混乱了，让人无法理解。  
2 be a sensible thing to do 明智；合乎情理  
It makes sense to buy a large packet because it works out cheaper in the end. 还是买大包装明智，因为最后算下来还是大包装便宜一些。

**at least**  
1 used when you are correcting or changing sth. that you have just said 至少；起码  
With separation from other people, you try to avoid the effects of culture shock, or at least that’s what you think. 你试图通过不和他人接触来避免文化冲击的影响，至少你是这么想的。  
2 even if sth. better is not true or is not done 至少（指尽管没有更好的情况）  
She’s poor, but at least she is honest. 她虽然穷，但至少她诚实。

**lay sth. out**  
spread sth. out 铺开；展开  
While she was cooking, her 8-year-old daughter helped lay out the knives and forks at the dining table. 她烧菜的时候，她八岁的女儿帮着把刀叉摆放在餐桌上

**hang up**  
1 hang clothes on a hook, etc. 挂起（衣服）  
Don’t throw your clothes about on the chair; hang them up. 不要把衣服随便扔在椅子上，把它们挂起来。  
2 finish a telephone conversation 挂断电话  
She didn’t feel like talking about the matter on the phone, so she hung up. 她不想在电话里 谈论那件事，所以她挂断了电话。

**be supposed to do sth.**  
used to say what sb. should do, esp. because of rules or what sb. in authority has said 应该做某事  
Students are supposed to work actively and creatively rather than just acquire knowledge passively. 学生应该在学习上主动、创新，而不只是被动地接受知识。

**not that … but (that) …**  
used to mean you are not suggesting sth., but rather sth. else 不是…而是…  
It is not that Kate doesn’t want to help you, but that it is beyond her power. 不是凯特不想帮你，而是这超出了她的能力范围。  
Not that I don’t like the car, but (that) I think it is too expensive. 不是我不喜欢这辆车，而是它太贵了。

**once in a while**  
sometimes, although not often 偶尔；有时；间或  
I do get a little anxious once in a while. 我的确偶尔会有点担心。

**the small of one’s back**  
the lower part of one’s back where it curves 后腰  
He told the doctor that the pain ran from the small of his back right down his left leg. 他告诉医生，疼痛从他的后腰一直蔓延到左腿。

**not care for sb./sth.**  
(fml.) not like sb. or sth. 不喜欢某人/某物  
He likes pop music; he doesn’t care for classical music. 他喜欢流行音乐，不喜欢古典音乐。

**3-A**

**New words**

**campus**  
**n.**  
[C, U] the land and buildings of a university or college （大学或学院的）校园  
All freshman students live on campus. When they are in their second year at college, they may live off campus. 所有大学一年级的学生都住在校园里。大学二年级时，他们可以住在校外。

**transform**  
**vt.**  
completely change the appearance, form, or character of sth. or sb., esp. in a way that improves it 使改观；使变形；使转化  
The president of the university said that they were trying their best to transform their university into a top school in the country. 这个大学的校长表示，他们正竭尽全力把他们的学校建设成为全国的一流大学。

**fleet**  
**n.**  
[C] a group of vehicles, planes, boats, or trains, esp. when they are owned by one organization or person 车队；机群；船队  
Survivors were taken to a hospital in a fleet of ambulances. 幸存者被救护车队送往医院。  
FedEx has a fleet of trucks. 联邦快递有卡车车队。

**typical**  
**a.**  
like most things of the same type 典型的；有代表性的  
Notice the sentences in the text that are relatively long, which is typical of a news report. 注意这篇文章中的句子比较长，这在新闻报道中是很典型的。

**access**  
**n.**  
[U] the right or opportunity to have or use sth. that will bring you benefits 享用权；享用机会  
Students and faculty in the university have free access to the computer lab. 大学的学生和教职员工可以免费使用那个机房。  
Access to up-to-date information is essential to our research. 利用最新信息对我们的研究至关重要。

**accessible**  
**a.**  
easy to obtain or use 易得到的；易使用的   
He has made some attempts to make opera accessible to a wider public. 他作了一些尝试，想让歌剧能有更多的受众。

**response**  
**n.**  
1 [C] sth. that is said or written as a reply 回答；答复  
We wrote to the manager to complain about the poor service, but received no response yet. 我们给经理写信投诉服务差，但还没得到回复。  
2 [C, U] sth. that is done as a reaction to sth. that has happened or been said 反应；响应  
When he heard the news, his response was just a slight shake of the head. 当他听到这个消息的时候，他的反应只是微微地摇了摇头。

**engineering**  
**n.**  
[U] the work involved in designing and building roads, bridges, machines, etc. 工程（设计）  
She hoped to become an engineer, but her mother wanted her to major in law rather than in engineering. 她希望成为一名工程师，但是她妈妈希望她读法律而不是工科。

**dialect**  
**n.**  
[C, U] a form of a language which is spoken only in one area, with words or grammar that are slightly different from other forms of the same language 方言；地方话；土语  
He’s been in Shanghai for five years, but he still can’t understand the Shanghai dialect. 他来上海五年了，但还是听不懂上海话。

**analyze**  
**vt.**  
(BrE analyse) examine or think about sth. carefully, in order to understand it 分析；剖析  
The teacher analyzed our mistakes in order to help us find the causes. 老师分析了我们的错误，以帮助我们找到出错的原因。

**script**  
**n.**  
[C] the written words of a play, film, television program, speech, etc. （戏剧、电影、电视节目、演讲等的）剧本，手稿  
You can’t read your script when you are attending a speech contest. 参加演讲比赛的时候，你不能读演讲稿。

**device**  
**n. [C]**  
1 a machine or tool that does a special job 设备；仪器；装置  
She invented a device that automatically closes windows when it rains. 她发明了一种下雨时能自动关窗的装置。  
2 a special way of doing sth. that makes it easier to do （使做某事更容易一些的）特殊方法，手段  
Testing yourself with information on cards is a useful device for studying. 用卡片上的信息进行自我测试是一种有效的学习方法。

**sophisticated**  
**a.**  
1 having a lot of experience of life, and good judgment about socially important things such as art, fashion, etc. 见多识广的；老练的；有鉴赏力的  
Her extensive social experience is what makes her so sophisticated. 正是她丰富的社会经验使她变得很老练。  
2 complicated and advanced in design 复杂的；精密的；尖端的  
This sophisticated technology has won praise from customers at home and abroad. 这项尖端的技术赢得了国内外消费者的一致好评。

**undergraduate**  
**n.**  
[C] a student who is studying for a first degree at a college or university （在读的）大学（本科）生  
She majored in accounting when she was an undergraduate student. 她读本科时学的是会计。

**adopt**  
**vt.**  
1 decide to start using a particular idea, plan, or method 采用；采纳；采取  
If you want to improve your situation, you must adopt a positive attitude. 如果你想改善你的处境，你必须采取积极的态度。  
2 take sb. else’s child into your home and legally become its parent 收养；领养  
He is heartbroken over this earthquake and he would like to adopt an orphan from the area. 这次地震让他感到心碎，他想从这个地区收养一名孤儿。

**indispensable**  
**a.**  
difficult or impossible to exist or do sth. without 不可缺少的；必不可少的  
Good dictionaries are indispensable in English learning. 对英语学习来说，好词典是必不可少的。  
She is indispensable to the project; without her involvement we could not continue our work. 她对这个项目来说不可或缺，没有她的参与我们就无法继续工作了。

**outline**  
**n.**  
1 [C, U] the main ideas or facts about sth., without the details 纲要；梗概；要点  
Just tell me the outline of the story now. Tell me the details later. 现在只需要告诉我这个故事的梗概，之后再告诉我细节。  
2 [C] a line around the edge of sth. which shows its shape 外形；轮廓  
The outlines of animals were cut into the rock. 动物的外形被刻在岩石上。

**regulate**  
**vt.**  
1 control an activity or process, esp. by rules 控制；管理  
Legal and economic measures should be taken to regulate the food industry. 必须采取法律和经济手段来管理食品行业。  
2 make a machine or your body work at a particular speed, temperature, etc. 调整；校准；调节  
Can you regulate the pace of this watch so that it keeps good time? 你能不能调一下这块表，让它走得准一些？

**bubble**  
**n. [C]**  
1 a structure that is round like a bubble 泡状物  
The new building looks like a bubble. Actually, it is a huge round building with everything in it, including stores, restaurants, and movie theaters. 这个新建筑看上去像个大气泡。其实，它是个巨大的圆形建筑物，里面什么都有，包括商店、饭店和电影院。  
2 a ball of air or gas in liquid （液体中的）气泡，泡沫  
As water begins to boil, bubbles rise fast to the surface. 当水开始沸腾的时候，气泡会很快地升到水面上。

**budget**  
**n.**  
[C] the money that is available to an organization or person, or a plan of how it will be spent 预算  
They are preparing the company’s advertising budget for next year. 他们正在做公司明年的广告预算。

**estimate**  
**vt.**  
try to judge the value, size, speed, cost, etc. of sth., without calculating it exactly 估计；估算  
With so many variables, it is very difficult to estimate the exact cost of this project. 由于有这么多可变因素，所以很难估算出这个项目的确切成本。

***estimated***  
**a.**  
(of value, size, speed, cost, etc.) calculated roughly 据估计的  
The estimated population of this small town is about 15,000. 据估计，这个小镇的人口有1.5万人。

**assignment**  
**n.**  
1 [C] a piece of work that a student is asked to do 作业  
My literature assignment was to write a critical review of Jane Austin. 我的文学作业是写一篇关于简•奥斯汀的评论。  
2 [C, U] a piece of work that is given to sb. as part of their job 任务  
Brian has gone to Greece on a special assignment. 布莱恩去希腊执行一项特殊任务。

**highway**  
**n.**  
[C] (esp. AmE) a wide main road that joins one town to another 公路  
Last night, five cars were involved in an accident on the highway, but it didn’t cause any death. 昨天晚上公路上五辆车发生了车祸，但是没有造成人员死亡。

**inferior**  
**a.**  
not good, or not as good as sb. or sth. else 差的；次的  
It is stupid to think that women are inferior in intelligence to men. 认为女性的智力不如男性是愚蠢的。

***inferiority***  
**n.**  
[U] the fact that sb. or sth. is not as good, important, intelligent, etc. as sb. or sth. else 低人一等；下级；次等  
There is no scientific evidence to support claims of racial superiority or inferiority. 没有科学证据证明种族有优劣的说法。

**complex**  
**n.**  
[C] an emotional problem in which sb. is unnecessarily anxious about sth. or thinks too much about sth. 情结；夸大的情绪反应  
This author expresses her China complex and Chinese cultural consciousness through her writing. 这位作者通过其写作表现她的中国情结和中国文化意识。  
**a.**  
consisting of many different parts and often difficult to understand 复杂的；难以理解的  
Indeed, the stock market is an attractive and relatively complex part of the business world. 的确，股票市场是商业领域中具有吸引力而且较为复杂的一部分。

**compensate**  
**vi.**  
change or remove the bad result of sth. 补偿；弥补  
Do take care of yourself. Nothing can compensate for the loss of one’s health. 要好好照顾自己，失去了健康什么都无法弥补。  
**v.**  
pay sb. money because they have suffered an injury or loss 赔偿  
The insurance company will compensate you according to the policy for whatever losses you suffered. 保险公司会按照条例赔偿你的任何损失。

**lease**  
**vt.**  
use a building, car, etc. under a lease 租用；租借  
He tried to persuade them to lease him their basement, but he was turned down. 他竭力想说服他们把地下室租给他，但是被拒绝了。  
**n.**  
[C] a legal agreement which allows you to use a building, car, etc. for a period of time, in return for rent （房子、汽车等的）租约，租契  
According to the terms of the lease, the landlord is responsible for repairs. 根据租赁条款，维修由房东负责。

**focus**  
**n.**  
[sing.] the thing, person, situation, etc. that people pay special attention to 焦点；重点  
In today’s lecture the focus will be on the function of body language in communication. 今天讲座的重点是肢体语言在沟通中的作用。  
**v.**  
give special attention to one particular person or thing, or make people do this （把…）集中（于）  
Today we’re going to focus on the question of homeless people in downtown areas. 今天我们将把重点放在市中心无家可归者的问题上。

**competitive**  
**a.**  
1 relating to competition 竞争的；竞争性的  
Advertising is an intensely competitive business. 广告业是一个竞争激烈的行业。  
2 determined or trying very hard to be more successful than other people or businesses 竞争性强的；有竞争力的  
To remain competitive in the local market, the quality of our products needs to be improved. 要想保持在当地市场的竞争力，我们的产品质量需要提高。

**peer**  
**n.**  
[C, usu. pl.] sb. who is the same age as you, or who has the same type of job, social class, etc. 同龄人；社会地位相同的人  
His pleasant personality made him popular among his peers. 他平和的性格使他深受同龄人的喜爱。  
It is really stupid of you to smoke because of peer pressure. 你因受到同伴的压力而抽烟，真是太傻了。

**pitch**  
**n.**  
1 [sing., U] the level or degree of activity or of sb.’s emotions （活动或情感的）程度，强度，高度  
Disagreement reached such a pitch that a fight might break out. 意见分歧非常大，可能会引发争吵。  
2 [C] (AmE field) a marked out area of ground on which a sport is played 场地

**portable**  
**a.**  
able to be carried or moved easily 手提式的；便携式的；轻便的  
Jenny uses a portable music player, so she can take it with her when she is working in the kitchen or in the yard. 詹妮用的是便携式音乐播放器，所以在厨房或者院子里干活的时候，她可以随身携带。

**mode**  
**n. [C]**  
1 a particular way in which a machine or piece of equipment can operate （机器、设备的）运行方式，状态，模式  
To get out of the “auto” mode on the camera, turn the knob to “M”. 要退出相机的“自动”模式，就把按钮转到M。  
2 (fml.) a particular way or style of behaving, living, or doing sth. 方式；方法；做法  
Jim will have to change his mode of life now that he has high blood pressure. 吉姆有高血压，所以他需要改变自己的生活方式。

**loan**  
**vt.**  
1 (also ~ out) (BrE) lend sth. valuable to sb. 把（贵重物品）出借给（某人）  
He was unwilling to loan his new car to his friends. 他不愿意把新车借给朋友。  
2 (AmE) lend sb. sth., esp. money 借给（尤指钱）  
Isn’t it foolish to loan money for gambling? 借钱给别人去赌博是不是很愚蠢？  
**n.**  
[C] an amount of money that you borrow from a bank, etc. （银行等的）贷款  
If you have financial difficulties, you can apply for a student loan. 如果经济上有困难，你可以申请学生贷款。

***loaner***  
**n.**  
[C] 借用物  
I got a loaner from the garage when my car was being repaired there. 我的车在那家汽车修理厂修理时，我从那里暂借了一辆汽车。

**meantime**  
**ad.**  
(also in the ~) in the period of time between now and a future event, or between two events in the past 在此期间；与此同时  
After graduation from college, I went on to pursue a master’s degree. In the meantime, all my friends found well-paid jobs. 我大学毕业后继续去读硕士研究生了。与此同时，我的朋友全都找到了收入不错的工作。

**amazing**  
**a.**  
very good, esp. in an unexpected way 惊人的；了不起的  
It’s amazing that he has mastered the language in such a short period of time. 他在这么短的时间里掌握了这门语言，真是了不起。  
The variety of activities on the Internet is broadening at an amazing rate. 网络上的活动正以惊人的速度变得多样化。

**solve**  
**vt.**  
find or provide a way of dealing with a problem 解决（问题）  
It is wrong to think that money can solve all problems. 认为金钱可以解决一切问题的想法是错误的。

***solver***  
**n.**  
[C] 解决问题的人  
Jerry is known for being an effective problem-solver and a good decision-maker. 人们都知道杰里是个能有效解决问题和果断作出决定的人。

**intelligent**  
**a.**  
good at thinking clearly and quickly, at understanding difficult ideas and subjects, and at gaining and using knowledge 有智慧的；悟性高的；聪明的  
Ann was an intelligent student and capable of passing her exams with ease. 安是个聪明的学生，她能轻而易举地通过考试。

**Phrases and expressions**

**less than interesting/honest/helpful, etc.**  
not at all interesting, honest, helpful, etc. 一点也没有意思/一点也不诚实/一点也没有帮助等  
The management of the college is less than satisfactory. 这个学院的管理不尽如人意。  
He was less than enthusiastic about the idea. 他对这个想法一点也不热心。

**add to sth.**  
make a feeling or quality stronger and more noticeable 增加；增添  
Her rejection of our request has added to the uncertainty of the situation. 她拒绝了我们的要求，这使得形势更加不确定。  
The new rules will add to the cost of the project. 这些新规定将增加项目的成本。

**visit with sb.**  
(AmE) talk socially with sb. 叙谈；闲谈  
He is so busy that he hardly has time to visit with his friends. 他忙得几乎没时间和朋友聊天。

**take the lead**  
1 do sth. as an example for others to follow 树立榜样；带头  
It is generally acknowledged that e-business will take the lead in this digital Internet economy. 大家普遍认为，电子商务在数字网络经济中会起到领头羊的作用。  
2 start winning a race or competition （赛跑或竞赛中）开始领先  
The Houston Rockets took the lead for the first time this season. 休斯敦火箭队本赛季首次领先。

**account for**  
1 form, use, or produce a particular amount or part of sth. （在数量或比例上）占，占据  
According to the survey, students and children accounted for more than 50% of the visitors to Disneyland last year. 据调查，去年到迪士尼的游客中，学生和儿童的人数占了半数以上。  
2 be the reason why sth. exists or happens 是…的原因；引起；导致  
The police are trying to find out what accounts for the high rate of crime in this area. 警察正尽力弄清楚该地区犯罪率高的原因。  
3 give a satisfactory explanation of why sth. has happened or why you did sth. 解释；说明  
Can you account for your activities on that night? 你能说明一下你那晚都有哪些活动吗？

**fire off**  
1 quickly send a message or give instructions 匆忙发出（讯息或指示）  
Before you fire off an angry response, listen to me, and the facts might change your view. 在你作出愤怒的回应之前，先听我说。我所讲的事实也许会改变你的看法。  
2 shoot with a gun or other weapon 开（枪）；开（炮）  
Someone fired off guns right after midnight and that was really scary. 刚过午夜时有人开枪，真是恐怖。

**keep up with**  
1 manage to do as much or as well as other people 跟上；保持同步  
Jack’s having trouble keeping up with the rest of class. 杰克很难跟上班里的其他同学。  
2 write to, telephone, or meet a friend regularly, so that you do not forget each other 和（朋友）保持联系  
Young people now have more and more means to keep up with their friends. 现在的年轻人可以通过更多的方式和朋友们保持联系。  
3 continue to learn about sth. 不断获知（某事的情况）  
The manager is trying to keep up with what’ s happening. 经理在努力跟进事态的进展。

**at a disadvantage**  
less likely to succeed than other people or things 处于不利地位的  
His inability to speak English put him at a disadvantage in the interview. 他不会说英文，所以在面试时处于不利地位。

**stand out**  
1 be much better than other similar people or things 出色  
An ordinary advertisement would not stand out in a competitive advertising industry. 一则平淡无奇的广告无法在竞争激烈的广告业中脱颖而出。  
2 be very easy to see or notice 显眼；突出  
Her long, red hair and bright yellow dress made her stand out in the crowd. 她那长长的红发和鲜黄的裙子使她在人群中很显眼。

**set up**  
start a company, organization, committee, etc. 建立；设立；创立  
After he was laid off last year, he set up his own grocery store, and his business is thriving now. 去年下岗后，他开了自己的杂货店，现在他的生意很兴隆。

**in large part**  
mostly, or in most places 多半；在很大程度上；在大多数地方  
The state is becoming stronger, thanks in large part to the emergency measures taken to guard against economic collapse. 这个国家正在变得日益强大，这主要归功于采取了预防经济崩溃的紧急措施。

**3-B**

**New words**

**addict**  
**n. [C]**  
1 sb. who is very interested in sth. and spends a lot of time doing it 对…着迷的人  
Angela is a real TV addict. She spends all her spare time watching all kinds of TV dramas. 安吉拉是个真正的电视迷。她把所有的闲暇时间都花在看各类电视剧上了。  
2 sb. who is unable to stop taking drugs 吸毒上瘾的人  
Most heroin addicts are young; most are men, and almost all live in large cities. 多数有海洛因瘾的人是年轻人，其中大多数是男性，而且几乎都生活在大城市里。

***addiction***  
**n. [C,U]**  
1 a strong desire to do or have sth. regularly 入迷；嗜好  
I discovered an addiction to housework which I had never felt before. 我发现自己迷上了做家务，之前我从没有这种爱好。  
2 the need to take a harmful drug regularly, without being able to stop （毒）瘾  
He is seeking doctor’s help for his problem of drug addiction. 他正在寻求医生的帮助来解决他的毒瘾问题。  
Kevin borrowed money to feed his addiction to gambling. 凯文靠借钱来满足他的赌瘾。

**positive**  
**a.**  
1 good or useful 好的；积极的  
A positive attitude is indispensable for success. 要取得成功，保持积极的态度是必不可少的  
Working abroad should be a unique and positive experience for me. 在海外工作对我来说应该会是一段特别而又有益的经历。  
2 (never before noun) completely certain 肯定的；确定的  
We’ll earn a lot of money from this deal; I’ m positive of that. 我们会从这笔交易中赚一大笔钱，对此我有把握。

**enable**  
**vt.**  
make it possible for sb. to do sth., or for sth. to happen 使可能；使发生  
Ten years of working and saving money enabled him to afford an apartment of moderate size. 通过十年的工作和省吃俭用，他能买得起一套中等大小的公寓了。

**media**  
**n.**  
(the ~) all organizations, such as television, radio, and newspapers, that provide news and information for the public, or the people who do this work 新闻媒体；传媒；大众传播媒介（总称）  
The general manager was reluctant to explain the new policy to the media. 总经理不愿向媒体解释这项新政策。

**outlet**  
**n. [C]**  
1 television, radio, or publishing company 电视台；电台；出版公司  
A media outlet is anything that produces and distributes media, such as a television station, television network, magazine, etc. It’s a collective term. 媒体渠道是指任何产生及传播媒介的事物，比如电视台、电视网、杂志等。它是一个总称。  
2 a way of expressing or getting rid of strong feelings （强烈感情的）发泄途径，发泄方法  
Racing cars provides these young people with an outlet for their frustrations. 赛车给这些年轻人提供了发泄挫败感的途径。

**alternative**  
**a. (only before noun)**  
1 not traditional 非传统的；另类的  
The electricity company is criticized for not developing alternative energy sources. 这家电力公司因未开发非传统能源而受到批评。  
2 different from sth. else and able to be used instead of it 供替代的；供选择的  
Your plan is not workable; we must come up with an alternative method. 你的计划行不通。我们必须找其他的方法。  
**n.**  
[C] sth. that you can choose instead of sth. else 供替代的选择；供选择的东西  
We’re afraid we have no alternative but to report this theft to the police. 我们恐怕别无选择，只有把这起盗窃事件报告给警察。

**source**  
**n.**  
[C] a thing, place, activity, etc. that you get sth. from 来源；出处  
Many people rely on television as their chief source of information, but young people get information mainly from the Internet. 许多人把电视作为获得信息的主要来源，但是年轻人主要从互联网上获得信息。

**practically**  
**ad.**  
1 (esp. spoken) almost 差不多；几乎  
When will you go out and do something? You’ve been spending practically all your time on your computer. 你什么时候能出去做点儿事情呢？你几乎把所有的时间都耗在电脑上了。  
2 in a way that is useful, sensible, or practical 实用地；讲究实际地；实际可行地  
Our mayor is known for being practically minded. 我们的市长以务实闻名。

**negative**  
**a.**  
1 harmful or bad 负面的；有害的；不良的  
One study showed drinking coffee before exercise may have a negative impact on the heart. 一项研究表明，在运动之前喝咖啡可能对心脏产生不良影响。  
2 expressing disagreement or criticism 不赞成的；反对的  
Although many people at the meeting held a negative attitude toward wind power, the speaker insisted that wind power was the best choice for generating power. 虽然许多与会者对风能持否定态度，但是那位发言人坚持认为风能是发电的最佳选择。  
3 giving more attention or emphasis to bad possibilities than good ones 消极的  
The article presents a rather negative view of professional sports. 这篇文章对职业体育运动持相当消极的看法。

**aspect**  
**n.**  
[C] one part of a situation, idea, plan, etc. that has many parts 方面  
The most rewarding aspect of learning English is that I can communicate with more people. 学习英语带给我的最大好处是我可以和更多的人交流。  
I’m interested in all aspects of an aircraft carrier. 我对航母的各个方面都感兴趣。

**epidemic**  
**n. [C]**  
1 a sudden increase in sth. bad or unpleasant that affects many people （坏事的突然）盛行，泛滥  
An epidemic of burglaries has hit the area. 该地区的入室盗窃案件已经泛滥成灾。  
2 a situation in which a disease spreads very quickly and infects many people （疾病的）传播，流行  
The epidemic is getting more serious, so it’s better for everyone to stay at home. 传染病越来越严重了，所以每个人最好都呆在家里。

**neglect**  
**n. [U]**   
failure to look after sth. or sb., or the condition of not being looked after 疏忽  
He was dismissed by his boss because of his neglect at his job. 他由于玩忽职守而被老板解雇了。  
**vt.**  
fail to do sth. that you should do 疏忽；玩忽；漏做  
They never neglected their duties and devoted much of their time to taking care of the orphans. 他们从没有忘记自己的职责，而且他们花了大量的时间照料这些孤儿。

**infant**  
**n.**  
[C] (fml.) a baby or very young child 婴儿；幼儿

**impact**  
**v.**  
have an effect or influence on sb. or sth. 对…有作用或影响  
Without doubt the riots in this area have greatly impacted tourism. 毫无疑问，这个地区的暴乱极大地影响了旅游业。  
**n.**  
[C] an effect or influence 作用；影响  
The study investigated the impact of soft music on cows to find out if the cows would produce better milk. 这项研究调查了轻柔的音乐对奶牛的影响，目的是为了发现奶牛是否能因此而产出更好的牛奶。

**involved**  
**a.**  
1 affected by or included in an activity, event, or situation 受影响的；牵涉在内的；卷入…的  
I don’t want to get involved in this argument about who is to blame. 我不想卷入这场该由谁承担责任的争论中。  
2 sb. who is involved in sth. takes part in it 参与的  
In all, 200 companies are involved in producing the parts that are needed for these aircraft. 一共有200家公司参与生产这些飞机所需要的零部件。

**agony**  
**n. [C,U]**  
1 a strong and unpleasant feeling, esp. great worry or sadness 痛苦；煎熬；伤心  
She had to go through the agony of leaving her children. 她只好忍痛离开孩子们。  
2 great pain 剧痛  
After the successful operation, the patient’s agony was gone. 这次成功的手术之后，病人的痛苦解除了。

**risk**  
**n.**  
[C, U] the possibility that sth. bad, unpleasant or dangerous might happen 危险（性）；风险  
Eating only thoroughly cooked foods will reduce your risk of illness. 只吃完全烧熟的食物会减少你患病的风险。  
**vt.**  
do sth. that makes it possible for sth. important or valuable to be destroyed, damaged, or lost 使冒毁坏（或破坏、失去贵重物品）的危险  
He had risked his own health to help the sick during the epidemic outbreak. 在流行病爆发期间，他冒着自己健康受损的危险去帮助病人。

**concern**  
**vt.**  
1 make sb. feel worried or upset 使担心；使忧虑  
It concerned her that her son had developed an addiction to online games. 她儿子玩网络游戏成瘾了，这让她很担心。  
You needn’t concern yourself with the hotel booking. The travel agency will take care of it. 你不用担心订旅馆的事，旅行社会处理的。  
2 (never passive) be about a particular subject 涉及，关系到（某一主题）  
This report concerns the effects of the new law on ordinary people. 这份报告讲的是这项新法律对普通人的影响。  
**n.**  
[U] a feeling of worry about sth. important 忧虑；担心；关切  
There is a lot of public concern about environmental pollution and protection. 环境污染和保护引起了公众的广泛关注。  
Many people expressed concern over the use of too much chemical fertilizer in agriculture. 很多人对农业生产中过多使用化肥表示担忧。

***concerned***  
**a.**  
1 worried about sth. 焦急的；担忧的  
Nowadays many people become concerned about issues like world peace, cultural differences, human rights, and the environment. 如今很多人都关心诸如世界和平、文化差异、人权和环境等问题。  
2 (not before noun) involved in sth. or affected by it （与某事）有关的，有牵连的  
As far as oral English is concerned, practice is still the best way. 就英语口语而言，练习仍然是最好的方法。

**discipline**  
**n.**  
1 [U] a way of training sb. so that they learn to control their behavior and obey rules 训练；管教  
He built the team with hard training and rigid discipline. 他通过艰苦的训练和严格的纪律打造了这一团队。  
2 [U] the ability to control your own behavior, so that you do what you are expected to do 自制力  
Working from home requires a good deal of discipline. 在家工作需要具备很强的自制力。  
3 [C] an area of knowledge or teaching, esp. one such as history, chemistry, mathematics, etc. that is studied at a university （尤指大学的）专业，科目  
She has not yet decided which discipline to pursue at college, but she might study history. 她还没有决定上大学读什么专业，但是她有可能读历史。

**structure**  
**n. [U]**  
1 the quality of being organized 条理性  
These kids require a lot of structure and stability, for they never received good discipline. 这些孩子需要多多培养条理性和稳定性，因为他们从未接受过良好的管教。  
2 the way in which the parts of sth. are organized or arranged into a whole 结构；构造；条理  
The company needs to reorganize its management structure, for many people have complained about its disorganization. 这家公司需要重组其管理结构，因为很多人都抱怨其结构混乱。

**plunge**  
**vi.**  
1 if a price, rate, etc. plunges, it suddenly decreases by a large number （价格、比率等）暴跌，骤降  
As winter comes, temperatures plunge and it turns black at 5 p.m. 随着冬天的来临，气温骤降，下午5点时天就黑了。  
Shares have plunged from ￡17 to ￡7. 股票已从17英镑骤跌至7英镑。  
2 fall quickly from a high position 迅速落下；跌落  
His car plunged off the mountain road in heavy rain. 暴雨中，他的车冲出山间公路，坠落了下去。

**decline**  
**vi.**  
become less or worse 减少；变糟；衰退  
When the population pressure on housing declines, prices also decline and the construction industry is weakened. 当人口的住房压力降低时，房价也会下降，建筑业就会遭到削弱。  
In this region people’s living standards are declining. 这个地区的人民生活水平在下降。  
**v.**  
say politely that you will not accept sth. or do sth. 谢绝；（礼貌地）拒绝  
I am afraid I have to decline your invitation because I have been very busy these days. 我恐怕得谢绝你的邀请，因为这些日子我太忙了。  
**n.**  
[C, U] a reduction in the amount or quality of sth. （数量的）减少；（质量的）下降  
The decline in moral standards has at last captured the attention of average people. 道德水准的下降终于引起了普通大众的注意。  
The industry has now fallen into a decline. 这个行业现在已经不景气了。

**cease**  
**v.**  
(fml.) stop doing sth. or stop happening 停止；终止；结束  
The factory has now ceased production, but it will begin producing a new type of air conditioner next year. 这家工厂现已停产，但是明年将会开始生产一种新型的空调。

**imaginary**  
**a.**  
not real, but produced from pictures or ideas in your mind 想象的；虚构的  
In the novel the writer creates an imaginary world that is completely different from ours. 作者在小说中创造出一个与我们的世界完全不同的虚构的世界。

**attribute**  
**v.**  
(~ sth. to sb./sth.) believe or say that a situation or event is caused by sb.or sth. 把…归因于  
Some parents like to attribute their children’ s success to their natural talent. 有些父母喜欢把孩子的成功归因于他们的天赋。

**personality**  
**n.**  
[C, U] sb.’s character, esp. the way they behave toward other people 个性；性格  
The way in which people react to stress may reveal their personality. 人们对于压力的反应方式能反映他们的性格。

**interaction**  
**n. [C,U]**  
1 the activity of talking to other people, working together with them, etc. 交流  
If there had been more interaction between you and your parents, your problems would have been solved. 要是你和父母的交流能够更多些，你们的问题早就已经解决了。  
2 a process by which two or more things affect each other 相互作用；相互影响  
Price is determined through the interaction of demand and supply. 价格是通过供需消长而定的。

**blog**  
**n.**  
[C] a web page containing information or opinions from a particular person or about a particular subject, to which new information is added regularly 网络日志；博客

**release**  
**n. [U]**  
1 a situation in which sth. such as a chemical is spread into the area or atmosphere around it （化学物等的）释放  
With nuclear power, there is always the fear that there will be a release of harmful radiation. 有了原子能，人们总担心会有害辐射的泄漏。  
2 the act of letting sb. leave a place such as a prison or hospital 释放；放出  
John has obtained early release from prison. 约翰获准提前出狱。  
**vt.**  
1 let a substance flow out 释放，排放（物质）  
An explosion can rapidly release a large amount of energy. 爆炸能够迅速释放出巨大的能量。  
2 let sb. leave a place where they have been kept 释放；放出  
She is expected to be released from hospital today. 她有望今天出院。  
The police arrested about 100 workers who were on strike, but most of them were released the next day. 警察逮捕了大约100名罢工工人，但是第二天其中大部分人都被释放了。

**endorphin**  
**n.**  
[C, usu. pl.] a chemical produced by your body that reduces pain and can make you feel happier 内啡肽（一种体内生成的化学物质，能止痛并让人更高兴）

**essential**  
**a.**  
1 extremely important and necessary 极其重要的；必不可少的  
Calcium is essential for the development of healthy teeth and bones. 钙对于牙齿和骨骼的健康发育至关重要。  
2 the essential part, quality, or feature of sth. is the most basic one 最基本的；本质的  
The essential difference between us is that I take life seriously; however, you don’t. 我们之间本质的区别在于我认真对待生活，而你却不。

**sustain**  
**vt.**  
make sth. continue to exist or happen for a period of time 保持；维持；使持续  
She managed to sustain everyone’s interest until the end of her speech. 她设法使每个人都保持兴趣，直到她演讲结束。

***sustained***  
**a.**  
(only before noun) continuing for a long time 持续的；持久的  
We must make sustained efforts to get this task finished this week. 我们必须不懈努力，在本周内完成这项任务。  
sustained economic development 持续的经济增长

**arouse**  
**vt.**  
cause an emotion or attitude 引起；激起；唤起  
Elections to positions in student organizations arouse much enthusiasm. 学生组织的职位竞选激起了很多人的热情。  
His revolutionary work in linguistics has aroused intense scholarly interest. 他在语言学上创新性的工作激起了学者们的强烈兴趣。

**feedback**  
**n.**  
[U] advice, criticism, etc. about how successful or useful sth. is 反馈意见  
We are waiting for feedback from the students’ parents on the new regulation. 我们在等待学生家长对这项新规定的反馈意见。

**interact**  
**vi.**  
1 if people interact with each other, they talk to each other, work together,etc. 交流；交往；互相来往  
In large classes, children feel that they cannot interact with the teacher properly. 在人多的班里，孩子们感到不能很好地与教师互动。  
2 if one thing interacts with another, or they interact, they affect each other 相互作用；相互影响  
Researchers want to know how these gases interact. 研究人员想了解这些气体是如何相互作用的。

**gamble**  
**v.**  
risk money or sth. valuable in the hope of winning more if you are lucky or if you guess sth. correctly 打赌；赌博  
He likes gambling on the horses, but his wife forbids him to gamble. 他喜欢赌马，但是他妻子不许他赌博。  
**n.**  
[sing.] an action or plan that involves risks but will bring important benefits if it is successful 赌博；投机；冒险  
It was a big gamble for him to quit the well-paid job and go back to school for further study. 他放弃高薪工作、回到学校继续深造是冒了很大风险的。

***gambler***  
**n.**  
[C] 赌徒  
I can’t believe Simon has become a terrible gambler. 我真不敢相信西蒙变成了一个可怕的赌徒。

**lever**  
**n.**  
[C] a stick or handle on a machine or piece of equipment that you move to operate it 控制杆；操纵杆

**rational**  
**a.**  
1 based on reasons rather than emotions 基于理性的；合理的  
The board of directors has made rational decisions that balance the needs of all sides. 董事会已经作出了合理的决定，这些决定权衡了各方的需求。  
2 thinking about what you do in a calm way, and making sensible and intelligent decisions 有理性的；理智的  
Any rational person knows that it is not good to get addicted to the Internet. 任何有理性的人都知道沉溺于网络不好。

**spoil**  
**vt.**  
1 have a bad effect on sth. so that it is no longer attractive, enjoyable, useful, etc. 毁掉；糟蹋；破坏  
Don’t eat chocolate now; it will spoil your appetite for dinner. 现在不要吃巧克力，不然你就没有胃口吃晚餐了。  
2 give a child everything they want, or let them do whatever they want, often with the result that they behave badly 宠坏；惯坏；溺爱  
Some parents spoil their children so much that they never ask them to help with the housework. 有些家长太溺爱孩子了，从不要求他们做任何家务。

**moderate**  
**a.**  
neither very great or very small in amount, size, strength or degree 中等的；适中的；适度的  
You can improve your health through moderate, everyday physical activity. 你可以通过每天适度的健身活动来增进健康。

***moderation***  
**n.**  
[U] (fml.) control of your behavior, so that you keep your actions, feelings, habits, etc. within reasonable limits 节制；克制  
Researchers recommend moderation in diet and a healthy lifestyle as the key to health. 研究人员建议，有节制的饮食和健康的生活方式是健康的秘诀。

**multiple**  
**a.**  
(only before noun) many, or involving many people, things, events, etc. 包括/涉及多个人/物/事件等的；多的；多种的  
Multiple means should be taken to establish agricultural production bases. 应当采取多种方式建立农业生产基地。

**schedule**  
**vt.**  
(usu. passive) plan for sth. to happen at a particular time 把…安排在；排定  
The train was scheduled to arrive at 8:45, but it was 20 minutes late. 火车预定在8:45到达，但是晚点了20分钟。  
**n.**  
[C] a plan of activities or events and when they will happen 日程表；计划表；活动安排  
The president’s schedule included a visit to a university campus and going to a charity event. 总统的日程包括参观一个大学校园和出席一项慈善活动。

**Phrases and expressions**

**a wealth of sth.**  
a lot of sth. useful or good 丰富的某物

**make use of sth.**  
use sth. that is available in order to achieve sth. or get an advantage for yourself 利用某物；使用某物

**give rise to sth.**  
make sth. happen or begin, esp. sth. unpleasant or unexpected 引起；导致  
Such an incident does give rise to health and safety concerns. 这一事件的确引起人们对健康和安全的关注。

**charge sb. with (doing) sth.**  
accuse sb. formally of a crime so that there can be a trial in a court of law 指控；控告；起诉  
The government official was charged with accepting bribes. 那名政府官员被指控收受贿赂。

**keep sb. from (doing) sth.**  
prevent sb. from (doing) sth. 不让某人做某事  
He is a man of determination, so nothing could keep him from carrying out his plan. 他是一个意志坚定的人，没有什么可以阻止他实施他的计划。

**care for**  
look after 照顾；照看  
Teach your children how to care for their pets. 教你的孩子如何照顾他们的宠物。

**tell of**  
describe an event or person 描述；叙述  
This story tells of a mysterious man living under the sea. 这个故事讲的是一个住在海底的神秘男子。

**as well**  
in addition to sth. or sb. else （除…外）还  
Water enters our bodies not just from drinking but from eating as well. 我们的身体不仅通过饮水而且还通过进食来获取水分。

**at risk**  
in a situation where you may be harmed 处境危险；受到威胁  
We must stop these rumors; the company’s reputation is at risk. 我们必须制止这些谣传；公司的名誉受到了威胁。

**nothing but**  
only 仅仅；只有；不过  
After hearing the great news, for the rest of the day, Frank did nothing but call one friend after another. 听到这个好消息后，弗兰克一整天就只是一个接一个地给朋友们打电话。

**4-A**

**New words**

**era**  
**n.**  
[C] a period of time in history that is known for a particular event, or for particular qualities 时代；年代  
We are living in the information era. 我们生活在信息时代。  
The invention of television and space rockets has opened a new era for mankind. 电视和航空火箭的发明为人类开启了一个新时代。

**victim**  
**n.**  
[C] sb. who has been attacked, robbed, or murdered 受害者；牺牲者  
The local government is raising money to help the victims of the earthquake. 当地政府正在筹资帮助地震受害者。

**survivor**  
**n.**  
[C] sb. who continues to live after an accident, war, or illness 生还者；幸存者  
The police are searching for survivors of the plane crash. 警方正在搜寻飞机失事的幸存者。

**tragedy**  
**n.**  
1 [C, U] a very sad event that shocks people because it involves death 悲剧性事件；惨剧；惨案  
Life tragedies can drive people into great grief and sometimes even lead to depression. 生活中的悲剧会使人极度悲痛，有时甚至会导致抑郁。  
2 [C] a serious play or book that ends sadly, esp. with the death of the main character 悲剧（作品）  
*Romeo and Juliet* is one of Shakespeare’ s best-known tragedies.《罗密欧与朱丽叶》是莎士比亚最为著名的悲剧之一。

**subsequent**  
**a.**  
(fml.) happening or coming after sth. else 随后的；继…之后的  
Fires and floods subsequent to an earthquake often cause greater damage. 地震后继发的火灾和洪水往往会造成更大的破坏。  
These skills were passed on to subsequent generations. 这些技能被一代代传了下去。

**associate**  
**n.**  
[C] sb. who you work or do business with 同事；（生意）伙伴  
He is not a friend but an associate; we work in the same department. 他不是朋友，只是同事，我们在同一部门工作。  
**vt.**  
make a connection in your mind between one thing or person and another 联想；联系  
Nowadays, most people associate this brand with good quality. 如今，大多数人将这一品牌与高品质联系起来。

**congress**  
**n.**  
[C] the group of people chosen or elected to make the laws in some countries 国会；议会

***congresswoman***  
**n.**  
[C] a woman who is a member of a congress, esp. the US House of Representatives 国会女议员（尤指美国众议员）

**tender**  
**a.**   
gentle and careful in a way that shows love 温柔的；体贴入微的；慈爱的  
The singer’s deep and tender voice is perfect for this music. 这位歌手深沉而温柔的嗓音正适合这段音乐。

**sympathy**  
**n.**  
[pl., U] the feeling of being sorry for sb. who is in a bad situation 同情；同情心  
When her husband died, she received many letters of sympathy. 她丈夫去世的时候，她收到许多慰问信。

**shield**  
**vt.**  
protect sb. or sth. from being harmed or damaged 保护；保卫  
You need an experienced lawyer to shield your rights and interests. 你需要一位经验丰富的律师来保护你的权益。  
**n.**  
[C] a large piece of metal or leather that soldiers used in the past to protect themselves when fighting 盾；盾牌  
The soldier’s shield saved him from being killed by his enemy. 那个士兵的盾保护他免遭敌人杀害。

**hail**  
**n.**  
1 (a ~ of bullets/stones, etc.) a large number of bullets, stones, etc. that are fired or thrown at sb. 一阵弹雨/像雹子般袭来的石块等  
The riot police were met with a hail of stones. 防暴警察遭到一阵石头的袭击。  
2 [U] frozen raindrops which fall as hard balls of ice 雹；冰雹  
Disastrous weather includes drought, floods, hail, and strong winds. 灾害性天气包括干旱、洪水、冰雹和强风。  
**vt.**  
describe sb. or sth. as being very good 把…称赞为；把…誉为  
She’s being hailed as one of the most promising young dancing stars today. 她被誉为当今最有前途的青年舞蹈明星之一。  
His first book was hailed a great success. 他的第一部书被认为是极大的成功。

**bullet**  
**n.**  
[C] a small piece of metal that you fire from a gun 枪弹；子弹；弹头

**priest**  
**n.**  
[C] sb. who is specially trained to perform religious duties and ceremonies in the Christian church （基督教的）牧师，神父

**remarkable**  
**a.**  
unusual or surprising and therefore deserving attention or praise 非凡的；不寻常的；显著的  
It is that kind of courage and determination that makes him a most remarkable person. 正是那种勇气和决心使他成为一个非凡的人。

**humanity**  
**n.**  
1 [U] people in general 人；人类（总称）  
Much of his fortune was to be used to give prizes to those who did their best for humanity. 他的很大一部分财产将被用来奖励那些尽最大努力为人类作出贡献的人。  
2 [U] kindness, respect, and sympathy toward others 仁慈；博爱；同情心  
Her speech showed great maturity and humanity. 她的演讲思想高度成熟，并且洋溢着博爱精神。  
3 [pl.] (the ~ies) subjects of study such as literature, history, or art, rather than science or mathematics 人文学科  
The School of Humanities offers a wide range of courses for the students. 人文学院为学生们提供各种各样的课程。

**civilian**  
**a.**   
(only before noun) relating to civilians 平民的；百姓的；民用的；非军职的  
Let us pray for the helpless civilian people trapped in this dreadful war. 让我们为陷入这场可怕战争的无助的平民祈祷吧。  
**n.**  
[C] anyone who is not a member of the military forces or the police 平民；老百姓  
The war lasted two years and thousands of innocent civilians were killed during the war. 这场战争持续了两年，成千上万的无辜平民在战争中丧生。

**grace**  
**n.**  
1[U] kind, polite, and fair behavior 善意；礼貌；体谅  
She did not even have the grace to say sorry. 她连说道歉的气度都没有。  
2 [U] a smooth way of moving that looks natural, relaxed, and attractive 优美；优雅  
After taking only four dancing lessons, she was able to dance with grace. 她只上了四次舞蹈课就能跳得很优美了。

**circumstance**  
**n.**  
[C, usu. pl.] the conditions that affect a situation, action, event, etc. 情况；情形  
We have been told that under no circumstances may we use the telephone in the office for personal affairs. 我们被告知，无论什么情况下都不得使用办公室的电话办私事。

**respond**  
**vi.**  
do sth. as a reaction to sth. that has been said or done 作出反应；回应  
The fire department responded to the call within minutes. 几分钟之内消防部门就对报警电话作出了反应。

***responder***  
**n.**  
[C] a person who does sth. as a reaction to sth. that has been said or done 回应者；应答者  
Cycle responders are fully trained to work on their own in busy areas which are difficult to reach by car or ambulance. 自行车应急救援人员经过全面的培训，能够在汽车或救护车难以到达的繁忙区域独立进行工作。

**widow**  
**n.**  
[C] a woman whose husband has died and who has not married again 寡妇；遗孀

**solemn**  
**a.**  
involving serious behavior or serious attitudes 严肃的；郑重的；庄严的  
From his solemn expression we knew he was dissatisfied with the results. 从他严肃的表情我们可以看出，他对结果不满意。

***solemnly***  
**ad.**  
严肃地；郑重地；庄严地  
“I will love my country forever,” Alex declared solemnly. “我将永远热爱我的祖国，”亚力克斯庄严宣誓。

**sergeant**  
**n.**  
[C] (shortened Sgt.) a police officer of middle rank, below that of inspector 警佐；巡佐

**commitment**  
**n.**  
1 [U] the hard work and loyalty that sb. gives to an organization, activity, etc. 投入；忠诚；奉献  
My commitment to study has made me the most successful person in my small town. 我在学习上的投入使我成为我们小镇上最成功的人。  
She is known for her commitment to nuclear disarmament. 她以致力于核减军而闻名。  
2 [C] a promise to do sth. or to behave in a particular way 承诺  
We made a commitment to keep working together. 我们承诺继续合作。  
They made a commitment to peace. 他们承诺要保持和平。

**automobile**  
**n.**  
[C] (AmE) a car 汽车

**distinct**  
**a.**  
1 (usu. before noun) definite and obvious 确实的；显著的  
After the principal talked with her, there was a distinct change in her attitude. 校长和她谈过话后，她的态度有了明显的转变。  
2 separate and different in a way that is clear 有区别的；不同的；单独的  
The region’s linguistic and cultural identity is quite distinct from that of the rest of the country. 该地区的语言和文化特征与该国的其他地区大不相同。  
3 able to be clearly seen, heard, smelt, or tasted 清晰的；清楚的；明显的  
The outline of the ship became more distinct. 船的轮廓变得更加清晰了。

**military**  
**a.**  
used by, involving, or relating to the army, navy, or air force 军用的；军事的；军队的  
A country’s power can be measured by its military and economic resources. 一个国家的国力可以用它的军事和经济资源来衡量。

**personnel**  
**n.**  
[pl.] the people who work in a company, organization, or military force （公司、组织或军队中的）人员；员工; 职员  
The personnel responsible for processing all these letters shall stay until the job is done. 负责处理所有这些信件的人员要留下来，直到工作结束。

**jail**  
**n.**  
[C, U] a place where people are put after they have been arrested or where people go as punishment for a crime 监狱；看守所  
He was sentenced to five years in jail for robbing a gas station. 他因抢劫一家加油站而被判入狱五年。

**confine**  
**vt.**  
1 keep sb. in a place that they cannot leave, such as a prison 监禁；禁闭  
The criminal was caught and confined to prison for two years. 那名罪犯被捕了，并在监狱里关了两年。  
2 if sth. is confined to one area or group of people, it happens only in that area or affect only that group of people 使局限于  
The risk of infection is confined to relatively small groups. 感染的危险只局限于较小的人群。

**solitary**  
**a.**  
1 doing sth. without anyone else with you 单独的；无伴的  
She should have been kind to that aging, solitary woman. 她应该对那个上了年纪的独居女人和善一点的。  
Some people have rejected company and have been living a solitary life on purpose. 有些人拒绝别人的陪伴，一直有意过着独居生活。  
2 (only before noun) used to emphasize that there is only one of sth. 单个的；唯一的  
The benches were empty except for a single solitary figure. 这些长凳上除了一个孤零零的身影外什么都没有。

**chamber**  
**n.**  
[C] 1 a room used for a particular purpose （有某种用途的）室  
For many, the dentist's surgery remains a torture chamber. 对许多人来说，牙医诊所一直就是个刑讯室。  
2 a large room in a public building, esp. one used for meetings 大厅；（尤指）会议厅  
The debate finished and the members left the chamber shortly afterward. 辩论会结束后，会员们很快就离开了会议厅。

**establish**  
**vt.**  
1 begin a relationship with sb. or a situation that will continue 建立（关系或联系）  
The program aims to establish links between higher education and small businesses. 该项目旨在建立高等教育与小型企业之间的联系。  
2 make sth. start to exist or start to happen 建立；创立；设立  
Our health research center was established one year ago. 我们的健康研究中心是在一年前创建起来的。  
China has established over 1,500 nature reserves. 中国已经建立起1500多个自然保护区。

**harmony**  
**n.**  
[U] when people live or work together without fighting or disagreeing with each other 融洽相处  
People used to talk about the conquest of nature, but now we realize we must stay in harmony with it. 人们过去常说要征服自然，但现在我们认识到我们必须与自然和谐共处。

**reconcile**  
**vt.**  
find a way to make ideas, beliefs, needs, etc. that are opposed to each other capable of existing together 调和；调解  
We suggest that it is possible to reconcile these apparently opposing perspectives. 我们认为这些看似对立的观点是可以相互统一的。  
**v.**  
if you reconcile two people or groups or they reconcile, they become friendly again after a disagreement （使）和解；（使）恢复友好关系  
The little boy does not readily reconcile with his elder sister. 那个小男孩还不愿意和他姐姐讲和。  
My elder brother and I were finally reconciled with each other after not speaking for over five years. 我和我哥有五年多不说话，最后我们和好了。

**conflict**  
**vi.**  
if two ideas, beliefs, opinions, etc. conflict, they cannot exist together or both be true 矛盾；冲突；抵触  
You may take an online class if the on-campus course conflicts with your work schedule. 如果校内课程和你的工作时间有冲突，那你可以上网络课程。  
**n.**  
[C, U] a state of disagreement or argument between people, groups, countries, etc. （意见等的）抵触，冲突，矛盾  
There is always a conflict between what they do and what you want them to do. 他们做的和你想要他们做的总是不一致。

***conflicted***  
**a.**  
experiencing or marked by conflicts, esp. of emotions （尤指情感）冲突的，矛盾的  
Many mothers today feel conflicted about working outside the home. 如今很多母亲对是否要出去工作感到很矛盾。

**advocate**  
**n.**  
[C] sb. who publicly supports sb. or sth. 提倡者；拥护者；鼓吹者  
He was regarded as a strong advocate for a variety of educational improvements. 他被认为是多种教育改进措施的强烈支持者。  
**vt.**  
publicly say that sth. should be done 主张；拥护；鼓吹  
The economic policies the government advocated quickened the decline of the tourist industry. 政府主张的经济政策加速了旅游业的衰退。

**grief**  
**n.**  
[U] extreme sadness, esp. because sb. you love has died （尤指因所爱之人去世而产生的）悲痛，极度悲伤  
Her grief over her child’s death was not at all relieved with passing time. 她的丧子之痛并未因时间的推移而减轻。

**rage**  
**n.**  
[C, U] a strong feeling of uncontrollable anger 盛怒；狂怒  
She flies into a rage every time I mention the stock market. 每次我一提股市她就发火。  
**v.**  
feel very angry about sth. and show this in the way you behave or speak 发怒；怒斥  
He lost control of his emotions and raged at everyone he came across. 他情绪失控，碰到谁就朝谁发火。  
**vi.**  
continue with great violence or strong emotions （战斗、争论）激烈进行；（暴风雨）肆虐  
The civil war has raged almost continuously since the 1980s. 这场内战从20世纪80年代一直持续至今。

**association**  
**n.**  
1 [C] an organization that consists of a group of people who have the same aims, do the same kind of work, etc. 协会；社团  
The aim of our association is to get people together to share ideas about management problems. 我们这个协会的宗旨是把大家召集在一起，交流对管理问题的看法。  
2 [C, U] a relationship with a particular person, organization, group, etc. 关系；关联；交往  
Dr. Gibson’ s research has shown an association between people’s sleeping patterns and heart attacks. 吉布森博士的研究表明，心脏病发作和人们的睡眠习惯有关联。

**legislation**  
**n.**  
[U] a law or set of laws 法规；法律  
The government is preparing to get its legislation on student loans through the congress. 政府正准备让国会通过有关学生贷款的法规。

**authority**  
**n.**  
1 [U] the power you have because of your official position 权力；当权  
He said he was a policeman and therefore had the authority to stop speeding drivers. 他说他是警察，所以有权拦住超速的司机。  
2 [C] sb. who is considered an expert in a particular subject 专家；权威  
Mr. Li is a leading authority on Chinese food. 李先生是一位中式烹饪的杰出大师。  
3 [C] an official organization or a government department that has the power to make decisions, and has particular responsibilities 官方机构；政府部门  
The local authority planned to build a high school in the new residential area. 当地政府计划在新的住宅区建一所高中。

**intense**  
**a.**  
having a very strong effect or felt very strongly 剧烈的；强烈的  
It is not scientific for a normally inactive person to start a program of intense exercise suddenly. 一个平时不活动的人突然开始进行高强度的锻炼，这是不科学的。  
Every car was stopped and searched, which caused intense annoyance among the drivers. 每辆车都被拦下搜查，这引起司机们的强烈不满。

**involve**  
**vt.**  
1 include or affect sb. or sth. 涉及；影响  
The accident last night involved five cars, causing the death of six people. 昨晚那场事故涉及5辆汽车，造成6人死亡。  
2 include sth. as a necessary part of an activity, event, or situation 包含；需要  
Administrative positions often involve doing a lot of paperwork, such as budget reports and staff evaluations. 管理岗位常常需要做许多文书工作，例如做预算报告和进行员工评估。  
3 encourage or allow sb. to take part in sth. 鼓励…参与；允许…参加  
Our aim is to involve more parents in their children’s education through online education programs. 我们的目的是通过网上教育节目让更多的家长参与孩子的教育。  
At our meeting, we should not involve ourselves in arguments; instead we should try to solve our problems. 我们在会上不应该陷入争论，而应该试着解决问题。

**fulfill**  
**vt. (BrE fulfil)**  
1 do or provide what is necessary or needed 履行；执行；符合  
The public did not have confidence that the company would fulfill its promise. 公众不相信这家公司会履行其诺言。  
2 achieve sth. that you wanted to do, or get sth. you hoped for 实现；达到  
After 10 years of hard work, Joey fulfilled his dream as a movie director. 经过10年的奋斗，乔伊终于实现了自己的梦想，成为了一名电影导演。

***fulfillment***  
**n. [U] (BrE fulfilment)**  
1 the act of doing or achieving sth. that is promised or expected 履行；实现；达到  
The new employee got a pay raise for the fulfillment of a difficult task. 新来的雇员因为完成了一项艰巨的任务而获得加薪。  
2 a feeling of happiness and satisfaction, esp. because you are doing sth. important or using your abilities 满足感；成就感  
Being a teacher gives me a deep sense of fulfillment. 当老师带给我一种深深的满足感。

**Phrases and expressions**

**give one’s life**  
die in order to save other people or because of a strong belief 捐躯；牺牲  
Many people are willing to give their lives for the great cause of their country. 很多人愿意为自己祖国的伟大事业献出自己的生命。

**ring out**  
produce a loud clear sound 发出响亮的声音  
"Crack!" - A gunshot rang out, shocking everyone in the square. “啪！”响起一声响亮的枪声，把广场上的人都惊呆了。

**shield sb./sth. from sb./sth.**  
protect sb. or sth. from being harmed or damaged by sb. or sth. 使…免受  
He tries his best to shield his children from the press. 他尽力保护自己的孩子避开媒体的关注。

**with (good/a good) grace**  
in a pleasant and willing way 有风度地；情愿地  
John failed in the competition, but he accepted he failure with grace. 约翰在比赛中输了，但是他心平气和地接受了失败。

**be/get caught up in sth.**  
become involved in sth., esp. when you do not want to be 被卷入；陷入  
Innocent passersby got caught up in the riot. 无辜的路人被卷入了那场暴乱。

**in the words of sb./in sb.’s words**  
as sb. says or writes 用某人的话来说  
Michael and his sister went to the concert, and in the words of his sister, it was a night to remember. 迈克尔和他姐姐一起去了音乐会，用他姐姐的话来说，那是难忘的一夜。

**reserve sth. for sb./sth.**  
keep sth. so that it can be used by a particular person or for a particular purpose 保留；预留  
If you get there early, please reserve a seat for me. 如果你到得早，请帮我留个位子。  
You cannot park here; these parking places are reserved for the disabled. 你不能在这里停车。这些停车位是专门留给残疾人士的。

**relate to sth./sb.**  
be able to understand a situation or the way sb. feels and thinks 理解；认同  
Sam gave up his profession as a doctor. I found it really hard to relate to him. 山姆放弃了他的医生职业。我觉得很难理解他。  
I know he was very disappointed when his application was rejected. I can relate to that. 我知道他的申请被拒绝后他很失望。我能理解他的感受。

**make sense of sth.**  
understand sth., esp. sth. difficult or complicated 理解，弄懂某事（尤指困难或复杂的事）  
The teacher had such a strong accent that none of us could make sense of what he was saying. 那位老师的口音很重，所以我们谁都不明白他在说些什么。

**sum up**  
give the main information in a report, speech, etc. in a short statement at the end 概括；总结；概述  
I can’ t sum up his whole philosophy in one sentence. 我无法用一句话概括他的全部哲理。

**in need**  
not having enough food, money, clothing, or other things that are necessary for life 在困难时；在贫困之中  
A friend in need is a friend indeed. 患难见真情。  
The charity aims to provide assistance to people in need. 这个慈善机构试图向贫困者提供帮助。

**count on**  
depend on sb. or sth., esp. in a difficult situation 依靠；指望  
Martin is a capable person whom you can always count on in a crisis. 马丁是个能干的人，在遇到危机时你总能依靠他。

**call on**  
formally ask sb. to do sth. 呼吁；号召  
The trade union called on the workers to go on strike unless the management agreed to give them a raise. 工会呼吁工人们罢工，除非管理层同意给他们加薪。

**4-B**

**New words**

**era**  
**n.**  
[C] a period of time in history that is known for a particular event, or for particular qualities 时代；年代  
We are living in the information era. 我们生活在信息时代。  
The invention of television and space rockets has opened a new era for mankind. 电视和航空火箭的发明为人类开启了一个新时代。

**victim**  
**n.**  
[C] sb. who has been attacked, robbed, or murdered 受害者；牺牲者  
The local government is raising money to help the victims of the earthquake. 当地政府正在筹资帮助地震受害者。

**survivor**  
**n.**  
[C] sb. who continues to live after an accident, war, or illness 生还者；幸存者  
The police are searching for survivors of the plane crash. 警方正在搜寻飞机失事的幸存者。

**tragedy**  
**n.**  
1 [C, U] a very sad event that shocks people because it involves death 悲剧性事件；惨剧；惨案  
Life tragedies can drive people into great grief and sometimes even lead to depression. 生活中的悲剧会使人极度悲痛，有时甚至会导致抑郁。  
2 [C] a serious play or book that ends sadly, esp. with the death of the main character 悲剧（作品）  
*Romeo and Juliet* is one of Shakespeare’ s best-known tragedies.《罗密欧与朱丽叶》是莎士比亚最为著名的悲剧之一。

**subsequent**  
**a.**  
(fml.) happening or coming after sth. else 随后的；继…之后的  
Fires and floods subsequent to an earthquake often cause greater damage. 地震后继发的火灾和洪水往往会造成更大的破坏。  
These skills were passed on to subsequent generations. 这些技能被一代代传了下去。

**associate**  
**n.**  
[C] sb. who you work or do business with 同事；（生意）伙伴  
He is not a friend but an associate; we work in the same department. 他不是朋友，只是同事，我们在同一部门工作。  
**vt.**  
make a connection in your mind between one thing or person and another 联想；联系  
Nowadays, most people associate this brand with good quality. 如今，大多数人将这一品牌与高品质联系起来。

**congress**  
**n.**  
[C] the group of people chosen or elected to make the laws in some countries 国会；议会

***congresswoman***  
**n.**  
[C] a woman who is a member of a congress, esp. the US House of Representatives 国会女议员（尤指美国众议员）

**tender**  
**a.**   
gentle and careful in a way that shows love 温柔的；体贴入微的；慈爱的  
The singer’s deep and tender voice is perfect for this music. 这位歌手深沉而温柔的嗓音正适合这段音乐。

**sympathy**  
**n.**  
[pl., U] the feeling of being sorry for sb. who is in a bad situation 同情；同情心  
When her husband died, she received many letters of sympathy. 她丈夫去世的时候，她收到许多慰问信。

**shield**  
**vt.**  
protect sb. or sth. from being harmed or damaged 保护；保卫  
You need an experienced lawyer to shield your rights and interests. 你需要一位经验丰富的律师来保护你的权益。  
**n.**  
[C] a large piece of metal or leather that soldiers used in the past to protect themselves when fighting 盾；盾牌  
The soldier’s shield saved him from being killed by his enemy. 那个士兵的盾保护他免遭敌人杀害。

**hail**  
**n.**  
1 (a ~ of bullets/stones, etc.) a large number of bullets, stones, etc. that are fired or thrown at sb. 一阵弹雨/像雹子般袭来的石块等  
The riot police were met with a hail of stones. 防暴警察遭到一阵石头的袭击。  
2 [U] frozen raindrops which fall as hard balls of ice 雹；冰雹  
Disastrous weather includes drought, floods, hail, and strong winds. 灾害性天气包括干旱、洪水、冰雹和强风。  
**vt.**  
describe sb. or sth. as being very good 把…称赞为；把…誉为  
She’s being hailed as one of the most promising young dancing stars today. 她被誉为当今最有前途的青年舞蹈明星之一。  
His first book was hailed a great success. 他的第一部书被认为是极大的成功。

**bullet**  
**n.**  
[C] a small piece of metal that you fire from a gun 枪弹；子弹；弹头

**priest**  
**n.**  
[C] sb. who is specially trained to perform religious duties and ceremonies in the Christian church （基督教的）牧师，神父

**remarkable**  
**a.**  
unusual or surprising and therefore deserving attention or praise 非凡的；不寻常的；显著的  
It is that kind of courage and determination that makes him a most remarkable person. 正是那种勇气和决心使他成为一个非凡的人。

**humanity**  
**n.**  
1 [U] people in general 人；人类（总称）  
Much of his fortune was to be used to give prizes to those who did their best for humanity. 他的很大一部分财产将被用来奖励那些尽最大努力为人类作出贡献的人。  
2 [U] kindness, respect, and sympathy toward others 仁慈；博爱；同情心  
Her speech showed great maturity and humanity. 她的演讲思想高度成熟，并且洋溢着博爱精神。  
3 [pl.] (the ~ies) subjects of study such as literature, history, or art, rather than science or mathematics 人文学科  
The School of Humanities offers a wide range of courses for the students. 人文学院为学生们提供各种各样的课程。

**civilian**  
**a.**   
(only before noun) relating to civilians 平民的；百姓的；民用的；非军职的  
Let us pray for the helpless civilian people trapped in this dreadful war. 让我们为陷入这场可怕战争的无助的平民祈祷吧。  
**n.**  
[C] anyone who is not a member of the military forces or the police 平民；老百姓  
The war lasted two years and thousands of innocent civilians were killed during the war. 这场战争持续了两年，成千上万的无辜平民在战争中丧生。

**grace**  
**n.**  
1[U] kind, polite, and fair behavior 善意；礼貌；体谅  
She did not even have the grace to say sorry. 她连说道歉的气度都没有。  
2 [U] a smooth way of moving that looks natural, relaxed, and attractive 优美；优雅  
After taking only four dancing lessons, she was able to dance with grace. 她只上了四次舞蹈课就能跳得很优美了。

**circumstance**  
**n.**  
[C, usu. pl.] the conditions that affect a situation, action, event, etc. 情况；情形  
We have been told that under no circumstances may we use the telephone in the office for personal affairs. 我们被告知，无论什么情况下都不得使用办公室的电话办私事。

**respond**  
**vi.**  
do sth. as a reaction to sth. that has been said or done 作出反应；回应  
The fire department responded to the call within minutes. 几分钟之内消防部门就对报警电话作出了反应。

***responder***  
**n.**  
[C] a person who does sth. as a reaction to sth. that has been said or done 回应者；应答者  
Cycle responders are fully trained to work on their own in busy areas which are difficult to reach by car or ambulance. 自行车应急救援人员经过全面的培训，能够在汽车或救护车难以到达的繁忙区域独立进行工作。

**widow**  
**n.**  
[C] a woman whose husband has died and who has not married again 寡妇；遗孀

**solemn**  
**a.**  
involving serious behavior or serious attitudes 严肃的；郑重的；庄严的  
From his solemn expression we knew he was dissatisfied with the results. 从他严肃的表情我们可以看出，他对结果不满意。

***solemnly***  
**ad.**  
严肃地；郑重地；庄严地  
“I will love my country forever,” Alex declared solemnly. “我将永远热爱我的祖国，”亚力克斯庄严宣誓。

**sergeant**  
**n.**  
[C] (shortened Sgt.) a police officer of middle rank, below that of inspector 警佐；巡佐

**commitment**  
**n.**  
1 [U] the hard work and loyalty that sb. gives to an organization, activity, etc. 投入；忠诚；奉献  
My commitment to study has made me the most successful person in my small town. 我在学习上的投入使我成为我们小镇上最成功的人。  
She is known for her commitment to nuclear disarmament. 她以致力于核减军而闻名。  
2 [C] a promise to do sth. or to behave in a particular way 承诺  
We made a commitment to keep working together. 我们承诺继续合作。  
They made a commitment to peace. 他们承诺要保持和平。

**automobile**  
**n.**  
[C] (AmE) a car 汽车

**distinct**  
**a.**  
1 (usu. before noun) definite and obvious 确实的；显著的  
After the principal talked with her, there was a distinct change in her attitude. 校长和她谈过话后，她的态度有了明显的转变。  
2 separate and different in a way that is clear 有区别的；不同的；单独的  
The region’s linguistic and cultural identity is quite distinct from that of the rest of the country. 该地区的语言和文化特征与该国的其他地区大不相同。  
3 able to be clearly seen, heard, smelt, or tasted 清晰的；清楚的；明显的  
The outline of the ship became more distinct. 船的轮廓变得更加清晰了。

**military**  
**a.**  
used by, involving, or relating to the army, navy, or air force 军用的；军事的；军队的  
A country’s power can be measured by its military and economic resources. 一个国家的国力可以用它的军事和经济资源来衡量。

**personnel**  
**n.**  
[pl.] the people who work in a company, organization, or military force （公司、组织或军队中的）人员；员工; 职员  
The personnel responsible for processing all these letters shall stay until the job is done. 负责处理所有这些信件的人员要留下来，直到工作结束。

**jail**  
**n.**  
[C, U] a place where people are put after they have been arrested or where people go as punishment for a crime 监狱；看守所  
He was sentenced to five years in jail for robbing a gas station. 他因抢劫一家加油站而被判入狱五年。

**confine**  
**vt.**  
1 keep sb. in a place that they cannot leave, such as a prison 监禁；禁闭  
The criminal was caught and confined to prison for two years. 那名罪犯被捕了，并在监狱里关了两年。  
2 if sth. is confined to one area or group of people, it happens only in that area or affect only that group of people 使局限于  
The risk of infection is confined to relatively small groups. 感染的危险只局限于较小的人群。

**solitary**  
**a.**  
1 doing sth. without anyone else with you 单独的；无伴的  
She should have been kind to that aging, solitary woman. 她应该对那个上了年纪的独居女人和善一点的。  
Some people have rejected company and have been living a solitary life on purpose. 有些人拒绝别人的陪伴，一直有意过着独居生活。  
2 (only before noun) used to emphasize that there is only one of sth. 单个的；唯一的  
The benches were empty except for a single solitary figure. 这些长凳上除了一个孤零零的身影外什么都没有。

**chamber**  
**n.**  
[C] 1 a room used for a particular purpose （有某种用途的）室  
For many, the dentist's surgery remains a torture chamber. 对许多人来说，牙医诊所一直就是个刑讯室。  
2 a large room in a public building, esp. one used for meetings 大厅；（尤指）会议厅  
The debate finished and the members left the chamber shortly afterward. 辩论会结束后，会员们很快就离开了会议厅。

**establish**  
**vt.**  
1 begin a relationship with sb. or a situation that will continue 建立（关系或联系）  
The program aims to establish links between higher education and small businesses. 该项目旨在建立高等教育与小型企业之间的联系。  
2 make sth. start to exist or start to happen 建立；创立；设立  
Our health research center was established one year ago. 我们的健康研究中心是在一年前创建起来的。  
China has established over 1,500 nature reserves. 中国已经建立起1500多个自然保护区。

**harmony**  
**n.**  
[U] when people live or work together without fighting or disagreeing with each other 融洽相处  
People used to talk about the conquest of nature, but now we realize we must stay in harmony with it. 人们过去常说要征服自然，但现在我们认识到我们必须与自然和谐共处。

**reconcile**  
**vt.**  
find a way to make ideas, beliefs, needs, etc. that are opposed to each other capable of existing together 调和；调解  
We suggest that it is possible to reconcile these apparently opposing perspectives. 我们认为这些看似对立的观点是可以相互统一的。  
**v.**  
if you reconcile two people or groups or they reconcile, they become friendly again after a disagreement （使）和解；（使）恢复友好关系  
The little boy does not readily reconcile with his elder sister. 那个小男孩还不愿意和他姐姐讲和。  
My elder brother and I were finally reconciled with each other after not speaking for over five years. 我和我哥有五年多不说话，最后我们和好了。

**conflict**  
**vi.**  
if two ideas, beliefs, opinions, etc. conflict, they cannot exist together or both be true 矛盾；冲突；抵触  
You may take an online class if the on-campus course conflicts with your work schedule. 如果校内课程和你的工作时间有冲突，那你可以上网络课程。  
**n.**  
[C, U] a state of disagreement or argument between people, groups, countries, etc. （意见等的）抵触，冲突，矛盾  
There is always a conflict between what they do and what you want them to do. 他们做的和你想要他们做的总是不一致。

***conflicted***  
**a.**  
experiencing or marked by conflicts, esp. of emotions （尤指情感）冲突的，矛盾的  
Many mothers today feel conflicted about working outside the home. 如今很多母亲对是否要出去工作感到很矛盾。

**advocate**  
**n.**  
[C] sb. who publicly supports sb. or sth. 提倡者；拥护者；鼓吹者  
He was regarded as a strong advocate for a variety of educational improvements. 他被认为是多种教育改进措施的强烈支持者。  
**vt.**  
publicly say that sth. should be done 主张；拥护；鼓吹  
The economic policies the government advocated quickened the decline of the tourist industry. 政府主张的经济政策加速了旅游业的衰退。

**grief**  
**n.**  
[U] extreme sadness, esp. because sb. you love has died （尤指因所爱之人去世而产生的）悲痛，极度悲伤  
Her grief over her child’s death was not at all relieved with passing time. 她的丧子之痛并未因时间的推移而减轻。

**rage**  
**n.**  
[C, U] a strong feeling of uncontrollable anger 盛怒；狂怒  
She flies into a rage every time I mention the stock market. 每次我一提股市她就发火。  
**v.**  
feel very angry about sth. and show this in the way you behave or speak 发怒；怒斥  
He lost control of his emotions and raged at everyone he came across. 他情绪失控，碰到谁就朝谁发火。  
**vi.**  
continue with great violence or strong emotions （战斗、争论）激烈进行；（暴风雨）肆虐  
The civil war has raged almost continuously since the 1980s. 这场内战从20世纪80年代一直持续至今。

**association**  
**n.**  
1 [C] an organization that consists of a group of people who have the same aims, do the same kind of work, etc. 协会；社团  
The aim of our association is to get people together to share ideas about management problems. 我们这个协会的宗旨是把大家召集在一起，交流对管理问题的看法。  
2 [C, U] a relationship with a particular person, organization, group, etc. 关系；关联；交往  
Dr. Gibson’ s research has shown an association between people’s sleeping patterns and heart attacks. 吉布森博士的研究表明，心脏病发作和人们的睡眠习惯有关联。

**legislation**  
**n.**  
[U] a law or set of laws 法规；法律  
The government is preparing to get its legislation on student loans through the congress. 政府正准备让国会通过有关学生贷款的法规。

**authority**  
**n.**  
1 [U] the power you have because of your official position 权力；当权  
He said he was a policeman and therefore had the authority to stop speeding drivers. 他说他是警察，所以有权拦住超速的司机。  
2 [C] sb. who is considered an expert in a particular subject 专家；权威  
Mr. Li is a leading authority on Chinese food. 李先生是一位中式烹饪的杰出大师。  
3 [C] an official organization or a government department that has the power to make decisions, and has particular responsibilities 官方机构；政府部门  
The local authority planned to build a high school in the new residential area. 当地政府计划在新的住宅区建一所高中。

**intense**  
**a.**  
having a very strong effect or felt very strongly 剧烈的；强烈的  
It is not scientific for a normally inactive person to start a program of intense exercise suddenly. 一个平时不活动的人突然开始进行高强度的锻炼，这是不科学的。  
Every car was stopped and searched, which caused intense annoyance among the drivers. 每辆车都被拦下搜查，这引起司机们的强烈不满。

**involve**  
**vt.**  
1 include or affect sb. or sth. 涉及；影响  
The accident last night involved five cars, causing the death of six people. 昨晚那场事故涉及5辆汽车，造成6人死亡。  
2 include sth. as a necessary part of an activity, event, or situation 包含；需要  
Administrative positions often involve doing a lot of paperwork, such as budget reports and staff evaluations. 管理岗位常常需要做许多文书工作，例如做预算报告和进行员工评估。  
3 encourage or allow sb. to take part in sth. 鼓励…参与；允许…参加  
Our aim is to involve more parents in their children’s education through online education programs. 我们的目的是通过网上教育节目让更多的家长参与孩子的教育。  
At our meeting, we should not involve ourselves in arguments; instead we should try to solve our problems. 我们在会上不应该陷入争论，而应该试着解决问题。

**fulfill**  
**vt. (BrE fulfil)**  
1 do or provide what is necessary or needed 履行；执行；符合  
The public did not have confidence that the company would fulfill its promise. 公众不相信这家公司会履行其诺言。  
2 achieve sth. that you wanted to do, or get sth. you hoped for 实现；达到  
After 10 years of hard work, Joey fulfilled his dream as a movie director. 经过10年的奋斗，乔伊终于实现了自己的梦想，成为了一名电影导演。

***fulfillment***  
**n. [U] (BrE fulfilment)**  
1 the act of doing or achieving sth. that is promised or expected 履行；实现；达到  
The new employee got a pay raise for the fulfillment of a difficult task. 新来的雇员因为完成了一项艰巨的任务而获得加薪。  
2 a feeling of happiness and satisfaction, esp. because you are doing sth. important or using your abilities 满足感；成就感  
Being a teacher gives me a deep sense of fulfillment. 当老师带给我一种深深的满足感。

**Phrases and expressions**

**give one’s life**  
die in order to save other people or because of a strong belief 捐躯；牺牲  
Many people are willing to give their lives for the great cause of their country. 很多人愿意为自己祖国的伟大事业献出自己的生命。

**ring out**  
produce a loud clear sound 发出响亮的声音  
"Crack!" - A gunshot rang out, shocking everyone in the square. “啪！”响起一声响亮的枪声，把广场上的人都惊呆了。

**shield sb./sth. from sb./sth.**  
protect sb. or sth. from being harmed or damaged by sb. or sth. 使…免受  
He tries his best to shield his children from the press. 他尽力保护自己的孩子避开媒体的关注。

**with (good/a good) grace**  
in a pleasant and willing way 有风度地；情愿地  
John failed in the competition, but he accepted he failure with grace. 约翰在比赛中输了，但是他心平气和地接受了失败。

**be/get caught up in sth.**  
become involved in sth., esp. when you do not want to be 被卷入；陷入  
Innocent passersby got caught up in the riot. 无辜的路人被卷入了那场暴乱。

**in the words of sb./in sb.’s words**  
as sb. says or writes 用某人的话来说  
Michael and his sister went to the concert, and in the words of his sister, it was a night to remember. 迈克尔和他姐姐一起去了音乐会，用他姐姐的话来说，那是难忘的一夜。

**reserve sth. for sb./sth.**  
keep sth. so that it can be used by a particular person or for a particular purpose 保留；预留  
If you get there early, please reserve a seat for me. 如果你到得早，请帮我留个位子。  
You cannot park here; these parking places are reserved for the disabled. 你不能在这里停车。这些停车位是专门留给残疾人士的。

**relate to sth./sb.**  
be able to understand a situation or the way sb. feels and thinks 理解；认同  
Sam gave up his profession as a doctor. I found it really hard to relate to him. 山姆放弃了他的医生职业。我觉得很难理解他。  
I know he was very disappointed when his application was rejected. I can relate to that. 我知道他的申请被拒绝后他很失望。我能理解他的感受。

**make sense of sth.**  
understand sth., esp. sth. difficult or complicated 理解，弄懂某事（尤指困难或复杂的事）  
The teacher had such a strong accent that none of us could make sense of what he was saying. 那位老师的口音很重，所以我们谁都不明白他在说些什么。

**sum up**  
give the main information in a report, speech, etc. in a short statement at the end 概括；总结；概述  
I can’ t sum up his whole philosophy in one sentence. 我无法用一句话概括他的全部哲理。

**in need**  
not having enough food, money, clothing, or other things that are necessary for life 在困难时；在贫困之中  
A friend in need is a friend indeed. 患难见真情。  
The charity aims to provide assistance to people in need. 这个慈善机构试图向贫困者提供帮助。

**count on**  
depend on sb. or sth., esp. in a difficult situation 依靠；指望  
Martin is a capable person whom you can always count on in a crisis. 马丁是个能干的人，在遇到危机时你总能依靠他。

**call on**  
formally ask sb. to do sth. 呼吁；号召  
The trade union called on the workers to go on strike unless the management agreed to give them a raise. 工会呼吁工人们罢工，除非管理层同意给他们加薪。

**5-A**

**New words**

**marathon**  
**n.**  
[C] a race that is run over a distance of 42 kilometers or about 26 miles 马拉松（长跑）

**annual**  
**a.**  
happening once a year 一年一度的；每年的  
The car industry’s annual production in this city increased from 5.1 million to 7.2 million vehicles. 这个城市汽车工业的年产量从510万辆增加到了720万辆。

**route**  
**n. [C]**  
1 a way from one place to another 路线  
The climbers tried to find a new route to the top of the mountain. 登山者努力寻找一条登上山顶的新路线。  
2 a way of doing sth. or achieving a particular result 途径；方法  
This software was very popular because it offered a quick and efficient route of getting the desired task done. 这款软件非常受欢迎，因为它提供了快捷高效的途径来完成预期任务。

**harsh**  
**a.**  
1 severe, cruel, or unkind 严厉的；残酷的；苛刻的  
She has a tender heart; and she is never harsh to anybody. 她心肠很软，对人从不苛刻。  
2 harsh conditions are very difficult to live in and very uncomfortable 恶劣的；艰苦的；严峻的  
The harsh weather in that area is unbearable. 那个地区恶劣的气候让人难以忍受。  
Most people at that time had to face the harsh conditions. 那时候，大部分人都不得不面对艰苦的环境。

**endurance**  
**n.**  
[U] the ability to continue doing sth. difficult or painful over a long period of time （忍）耐力  
Women who exercise regularly, especially in endurance activities, typically lose iron. 经常锻炼的女性，尤其是经常进行耐力运动的女性，通常都会流失铁元素。

**regardless**  
**ad.**  
(~ of) without being affected or influenced by sth. 不管；不顾  
They are ready to take action regardless of what will happen in the future. 不管将来会发生什么，他们都准备采取行动了。

**super**  
**prefix**   
(super-) more, better, or bigger than usual 过于；超  
Nearly all the athletic venues are located in the heart of the city and connected with its super-efficient public transportation systems. 几乎所有体育场馆都位于市中心，由效率极高的公共交通系统连接。  
**a. (infml)**   
extremely good 极好的；了不起的  
The basketball player made a super shot in the last minute of the match. 这个篮球运动员在比赛的最后一分钟投入了超漂亮的一球。  
**ad.(infml)**  
extremely 极其；非常  
I'm super tired. I have to rest right now. 我累极了，我现在得休息一下。

**contract**  
**n.**  
[C] an official agreement between two or more people, stating what each will do 契约；合同；合约  
We can’t afford to lose this contract because the future of the company depends on it. 我们不能失去这份合同，因为公司的未来全靠它了。  
I was then under contract to a state basketball team. 当时我签约了一家州篮球队。  
**v.**  
agree to do sth. or make sb. agree to do sth. by a formal written agreement （使）签订合同；（使）立约  
Apple contracted with a local company to develop its business in this country. 苹果公司与一家本地公司签约以发展其在该国的业务。

**prominent**  
**a.**  
important and well-known 重要的；知名的；显赫的  
He is only 30 years old, but he has become a prominent surgeon in this city. 虽然他只有30岁，却已经是这座城市有名的外科医生了。

**sponsor**  
**n.**  
[C] a person or company that pays for a show, broadcast, sports event, etc., esp. in exchange for the right to advertise at that event 赞助者；赞助商  
The sports equipment company is a major sponsor of the sports meeting. 这家运动器材公司是这次运动会的主要赞助商。  
**vt.**  
give money to a sports event, theater, institution, etc., esp. in exchange for the right to advertise 赞助；资助  
We aim to provide a welfare service and raise money to sponsor medical research. 我们的目标是提供福利服务，并筹集资金资助医学研究。

**finance**  
**vt.**  
provide money, esp. a lot of money, to pay for sth. 为…提供资金  
I managed to finance four years of university tuition with scholarships and part-time jobs. 我设法通过拿奖学金和做兼职来支付大学四年的学费。  
Whether or not we can finance the project will directly influence its outcome. 我们能否为这个项目筹集到资金将直接影响这个项目的结果。  
**n.**  
1 [U] the management of money by governments, large organizations, etc. 财政；金融  
The finance industry changed in many ways, but most of all in lending for the purchase of homes. 金融业在很多方面发生了变化，但最主要的还是在房产购置借贷方面的变化。  
2 (~s) [pl.] the money that an organization or person has, and the way that they manage it （机构或个人的）财务情况  
She refuses to answer questions about her personal finances. 她拒绝回答有关自己个人财务的问题。

**furnish**  
**vt.**  
1 (fml.) supply or provide sth. 提供；供应  
Many people think they have a responsibility to furnish the children in poor areas with education funds. 很多人认为他们有责任给贫困地区的孩子提供教育资助。  
2 put furniture and other things into a house or room 为（房屋或房间）配备家具  
When I rent an apartment, I want it to be furnished. I don’t want to buy furniture by myself. 我租公寓就要租带家具的公寓，我不想自己去买家具。  
Tom closed the door behind him and looked around the handsomely furnished living room. 汤姆关上了门，四下打量起这个布置得很漂亮的起居室。

**substantial**  
**a.**  
1 large in amount or number 大量的；多的  
Each winner received a substantial cash prize plus a laptop. 每个获胜者都获得了大笔现金奖励和一台手提电脑。  
2 consisting of or relating to substance 物质的；材料的  
With the development of human civilization and the improvement of living standards, people now care more about the spiritual life than the substantial life. 随着人类文明的进步和生活水平的提高，现在人们更加注重精神生活，而不是物质生活。

**mechanism**  
**n. [C]**  
1 a system that is intended to achieve sth. or deal with a problem 机构；结构；机制；体制  
They are going to establish an effective mechanism of price controls for the unstable market. 他们打算为不稳定的市场建立一个有效的价格控制机制。  
It is easy to abuse one’s power and that’s why there should be some kind of supervision mechanism. 滥用权力很容易发生，这也就是为什么应该有某种监督机制。  
2 part of a machine or a set of parts that does a particular job 机械装置；机件；工作部件  
The new car has a very good braking mechanism. 这辆新车的刹车装置很好。  
The mechanism of the machine was so complex that it took me a few hours to figure it out. 这台机器的部件非常复杂，我花了几个小时才搞清楚。

**contest**  
**n.**  
[C] a competition or a situation in which two or more people or groups are competing with each other 比赛；竞赛  
Are you going to enter yourself for the contest? 你打算报名参加比赛吗？  
At the time of the contest, he was considered to be the most promising winner. 在比赛的时候，他被认为是最有希望获胜的选手。  
**vt.**  
compete for sth. or try to win it 竞争；争夺；角逐  
He won his party’s nomination to contest the general election. 他获得了本党提名，角逐大选。  
The seat was being hotly contested among the politicians. 政客们正在激烈地争夺那个席位。

**distinction**  
**n.**  
1 [U] the quality of being excellent and important 优秀；卓越；杰出  
My department has so many people of distinction and talent. 我们系里有很多杰出的、富有才华的人。  
2 [C, U] a clear difference or separation between two similar things 差别；不同  
There is a distinction between telling a white lie and a lie. 善意的谎言与谎言之间是有区别的。

**amateur**  
**a.**  
used about sb. who does sth. because they enjoy it and not as their job 业余爱好者的  
The contest is open to professional athletes as well as amateur athletes. 这次比赛不仅职业运动员可以参加，业余运动员也可以参加。  
**n.**  
[C] sb. who does an activity just for pleasure, not as their job 业余爱好者  
I admit I’m just an amateur, but I really love dancing and I dance every day. 我承认我只是个业余爱好者，但我真的热爱舞蹈，而且我每天都跳舞。

**odd**  
**a.**  
unusual or unexpected in a way that attracts your interest or attention 奇特的；古怪的；异常的  
I had an odd experience yesterday — I ran into a high school classmate twice in different places! 昨天我经历了一件奇怪的事，我在两个不同的地方碰到了我的同一个中学同学！  
The model is an odd-looking structure of balls and rods. 这个模型是由球和杆组成的奇特的结构。

**invisible**  
**a.**  
sth. that is invisible cannot be seen 看不见的  
Air is invisible, but we can feel its motion when there is a wind. 空气是看不见的，但有风时，我们能感觉到空气在流动。

**assemble**  
**v.**  
come together as a group, or bring people or things together as a group 聚集；集合；收集  
The managers will assemble at the meeting this afternoon to discuss solutions. 经理们今天下午将集中开会，讨论解决办法。  
**vt.**  
put all the parts of sth. together 组装；装配  
Robots are commonly used in factories to assemble machines. 工厂里普遍使用机器人组装机器。

***assembled***  
**a.**  
brought together into a group or crowd 聚集在一起的  
They announced to the assembled guests that they were engaged. 他们向聚集在一起的客人们宣布他们订婚了。

**assert**  
**vt.**  
state firmly that sth. is true （坚决）主张；断言  
“Our soccer team,” he asserts, “is the best college team in the whole country.” 他坚称：“我们的足球队是全国最好的大学足球队。”

**react**  
**vi.**  
behave in a particular way or show a particular emotion because of sth. that has happened or been said （作出）反应  
How should you react when your boss makes a complaint about you? 当你的老板抱怨你的时候，你应该如何反应？  
My little sister reacted angrily to my explanation for how I lost her earrings. 当我妹妹听我解释完怎么把她的耳环弄丢了之后，她非常生气。

**apparent**  
**a.**  
easy to notice 显而易见的；明白的  
He chose to major in a foreign language in college due to his apparent lack of interest in sciences. 由于他对理科显然没有兴趣，他大学时选了一门外语作为专业。

**publicity**  
**n.**  
[U] the attention that sb. or sth. gets from newspapers, television, etc.　（报纸、电视等对某人或某物的）关注，报道  
The company’s continued use of such dangerous chemicals has attracted a lot of negative publicity. 这家公司连续使用如此危险的化学物品招来了很多负面报道。

**crush**  
**n.**  
[sing.] a crowd of people pressed so close together that it is difficult for them to move 拥挤的人群  
The crush of 500 listeners waited patiently for the speaker to give the answer. 挤成一团的500名听众耐心地等待着发言者给出答案。  
**vt.**  
press sth. so hard that it breaks or is damaged 压碎；压坏；压扁  
Don’t crush this box; there are flowers inside. 别把这个盒子压坏了，里面有花。

**gear**  
**n.**  
1 [U] the special clothes and equipment that you use for a particular activity 服装；用具；装备  
Look at that trendy couple in all the latest gear! 瞧这对时髦的夫妇，全身上下都是最新款的服饰！  
Now that you have put all your fishing gear into the car, you should take off and have a great time. 既然你把所有的钓鱼工具都放到车里了，你也该出发去好好享受一番了。  
2 [C, U] the machinery in a vehicle such as a car, truck, or bicycle that you use to go comfortably at different speeds 排挡；挡位  
You can press this button to change gear when you need to slow down at the yellow light. 看到黄灯需要减速时，你可以按这个按钮来换挡位。

**style**  
**n.**  
[C] the individual way that sb. behaves and does things （个人的）行为方式，风格，作风  
I really like his teaching style. 我真的很喜欢他的教学风格。

**shuffle**  
**vi.**  
walk very slowly and noisily, without lifting your feet off the ground 拖着脚步走  
With sore legs he shuffled over to the bathroom. 他腿痛，拖着步子走向浴室。

**commentator**  
**n.**  
[C] sb. on television or radio who describes an event as it is happening 实况解说员；实况播音员  
The commentator was surprised at the great interest among the public in the competition. 这位解说员为这场竞赛引起公众如此之大的兴趣而感到吃惊。

**alike**  
**ad.**  
used to emphasize that you mean both the people, groups, or things that you have just mentioned 两样都（用于强调刚提及的两者）  
The new technology lowered costs for factories and buyers alike. 新技术降低了工厂和购买者双方的成本。  
**a.**  
(not before noun) very similar 相同的；相像的  
The two brothers are very much alike, not only in appearance but also in thinking. 这两兄弟很相像，不仅长相差不多，而且思维方式也相似。

**welfare**  
**n. [U]**   
1 the health and happiness of people 幸福；康乐；安康  
These organizations have fought very hard for the rights and welfare of old people. 这些机构努力为老年人争取权利和幸福。  
2 care provided by the state or another organization for people in need （政府或组织的）福利救济  
The single mother raised her children on welfare. 这位单亲母亲靠福利救济抚养自己的孩子。

**insane**  
**a.**  
1 (infml.) completely stupid or crazy, often in a way that is dangerous 愚蠢的；疯狂的  
The whole plan sounds absolutely insane to me. 在我看来，整个计划荒谬至极。  
Angela would be totally insane to see him again. 安吉拉要是再去见他就太愚蠢了。  
2 suffering from very severe mental illness so that you cannot be considered legally responsible for your actions 精神错乱的；精神病的  
He was certified insane last year. 去年他被确认为精神失常。

**smash**  
**vt.**  
(~ a record) do sth. much faster, better, etc., than anyone has done before 打破纪录  
The movie directed by a not-very-famous director smashed all box office records. 这部由一位不太知名的导演执导的电影打破了所有的票房纪录。  
**v.**  
1 break into pieces violently or noisily, or make sth. do this by dropping, throwing, or hitting it 打碎；砸碎（使）粉碎  
He couldn’t control his anger and smashed a cup down on the floor. 他难忍怒火，把杯子狠狠地摔到了地上。  
2 hit an object or surface violently, or make sth. do this （使）猛撞，猛击，猛掷  
A car smashed into a wall and came to a stop. 一辆汽车猛地撞到了一堵墙上，停了下来。  
He smashed the vase against the wall, not caring how much noise he made. 他把花瓶砸到墙上摔得粉碎，也不管弄出了多大的声响。

**award**  
**vt.**  
1 officially give sb. sth. such as a prize or money to reward them for sth. they have done 给予；授予  
The company decided to award him $5,000 for his safe driving. 公司决定因他安全驾驶而奖励他5,000美元。  
**n.**  
2 [C] sth. such as a prize or money given to sb. to reward them for sth. they have done 奖；奖赏；奖金；奖品  
The schoolgirl was presented an award of $500 for her excellent performance at school. 这名女生在学校表现出色，因而获得了500美元的奖金。  
Father often shows us the athletics awards he has won. 父亲经常给我们看他所获得的体育奖项。

***prominence***  
**n.**  
[U] the state of being important or well-known 重要；著名  
This case gave new prominence to the problem of domestic violence. 这件事情使家庭暴力问题重新受到了关注。

**despite**  
**prep.**  
used to say that sth. happens or is true even though sth. else might have prevented it 尽管；虽然  
Despite what others say, I think he is a kind and friendly young man. 不管别人怎么说，我认为他是一个善良、友好的年轻人。

**dim**  
**v.**  
1 if feelings or hopes dim, or are dimmed, they become weaker （使）减弱；（使）变渺茫  
Hopes of keeping him in the company have dimmed. 把他留在公司的希望变得渺茫了。  
Even the thick fog could not dim their enthusiasm to have a picnic in the park. 甚至大雾也未能减少他们去公园野炊的热情。  
2 if a light dims, or if you dim it, it becomes less bright （使）暗下来；（使）变微弱  
The lights in the movie theater started to dim before the movie was about to begin. 电影快放映前，电影院里的灯光开始暗下来。  
**a.**  
fairly dark or not giving much light, so that you cannot see well 阴暗的；昏暗的  
The pupil becomes smaller in bright light and larger in dim light. 瞳孔在光线强时变小，光线弱时变大。

**stroke**  
**n.**  
[C] 中风  
After her father suffered a stroke, she hired someone to take care of him.　父亲中风之后，她雇了一个人照顾他。  
**vt.**  
move your hand gently over sth. 轻抚；轻摸  
The mom stroked her son’s hair affectionately. 妈妈深情地抚摸着儿子的头发。  
He’s a beautiful cat. Can I stroke him? 这只猫真漂亮。我可以摸一摸吗？

**legend**  
**n.**  
1 [C] sb. who is famous and admired for being extremely good at doing sth. 传奇人物  
He is a living legend and has a major influence on the new generation of young singers. 他是个活生生的传奇人物，对新一代的年轻歌手有着重要的影响。  
2 [C, U] an old well-known story, often about brave people, adventures, or magical events 传说；传奇（故事）  
The legend of the Bermuda Triangle started in the 1500s. 百慕大三角的传说始于16 世纪。

**magnificent**  
**a.**  
very good or beautiful, and very impressive 宏伟的；壮观的；华丽的  
The coastline has magnificent scenery. 海岸线的风景十分壮观。

**brilliant**  
**a.**  
1 (BrE) (infml.) extremely good 极好的  
A brilliant example of innovation involves creative use of available materials at virtually no cost. 这种几乎不花分文、创造性地利用现有材料的做法正是创新的极好例证。  
2 brilliant light or color is very bright and strong 明亮的；光辉夺目的；灿烂的  
It is always the false jewels that look the most real and the most brilliant. 假的珠宝总是看起来最像是真的，最为璀璨夺目。

**individual**  
**n.**  
[C] a person, considered separately from the rest of the group or society that they live in 个人；个体  
The rights of the individual are perhaps the most important rights in a free society. 个人权利可能是一个自由社会最重要的权利。  
**a.**  
(only before noun) considered separately from other people or things in the same group 单独的；个别的  
Individual members of the cast contributed greatly to the show’s success. 每位演职人员都为演出的成功作出了巨大的贡献。

**inherent**  
**a.**  
an inherent quality is a basic or essential feature that gives sth. its character 本质的；内在的；基本的  
A love of music is inherent in human nature. 爱好音乐是人类固有的天性。

***inherently***  
**ad.**  
本质地；内在地；基本地  
His life philosophy holds that people are inherently good. 他的人生哲学是人的本性是善良的。

**Phrases and expressions**

**up to**  
as much or as many as a certain amount or number but not more 达到；至多  
I can take up to 10 people in my minivan. 我的小型面包车里最多可以坐10个人。

**in attendance**  
(fml.) present somewhere, often at an important or official event 出席（重要或官方的活动）  
Several heads of state were in attendance at the ceremony. 有几位国家元首出席了典礼。

**might (just) as well**  
used for saying that it would not make any difference if you did sth. else 不妨；还不如；倒不如  
The movie was a complete waste of time. I might just as well have stayed at home and taken a nap. 看那部电影完全是浪费时间，我还不如呆在家里睡上一觉呢。  
If you don’t need this TV set, we might as well donate it to a charity. 如果你不需要这台电视机了，我们不妨把它捐给慈善机构。

**at a time**  
used for saying how many people or things there are in each group or on each occasion 每组；每次；一次  
We usually interview four or five applicants at a time. 我们通常一次面试四五名申请者。  
Deal with each problem separately, one at a time. 问题要分开处理，一次处理一个。

**leave sb./sth. behind**  
1 move away from sb. or sth. 把…抛在后面  
Sarah, with her long legs, soon left the rest of us far behind. 萨拉腿长，很快就把我们其他人远远地抛在了后面。  
They had left the city behind and were heading into open country. 他们离开城市，奔向广阔的乡村。   
2 not take sb. or sth. with you when you leave a place 不带；忘记拿走；留下  
Please call for me when you go; don’t leave me behind. 你去的时候叫我一声，可别把我落下。

**out loud**  
in such a way that people can hear you 大声地  
LOL means “laugh out loud” in text messaging and Internet language. “LOL”在短信和网络语言中的意思是“放声大笑”。

**fall ill**  
become sick 生病  
As the children in the village fell ill one by one, people started to worry. 当村子里的孩子一个接着一个地病倒时，人们开始担心了。

**have no intention of doing sth.**  
have no plan or desire to do sth. 不打算做某事；无意做某事  
I’m sorry, I have no intention of hurting you. 对不起，我无意伤害你。

**endear sb. to sb.**  
make sb. popular and liked 使受欢迎；使被喜爱  
His consideration and generosity endeared him to his colleagues. 他的体贴和慷慨使他深受同事们的喜爱。

**give away**  
1 give sth. to sb. because you do not want or need it for yourself 分送，送掉（不需要的东西）  
He always wanted to give away all his possessions and return to life in nature. 他一直想把他所有的财产都送掉，然后返璞归真。  
2 show where sb. is or what they are doing or thinking when they are trying to keep this a secret 使露马脚；暴露  
Sue tried to smile, but her tearful voice gave her away. 苏想笑一笑，但是她带着哭腔的声音出卖了她。

**pass away**  
die 去世  
His grandfather passed away in his sleep at the age of 90. 他的祖父在睡梦中离开了人世，享年90岁。

**to this day**  
even now, after a very long time 直到现在；至今  
To this day, I don’t know exactly what happened between them. 至今我也不清楚他们之间到底发生了什么。

**5-B**

**New words**

**mold**  
**vt.**  
(BrE mould) influence sb. strongly so that they will have certain qualities or behave in a certain way 塑造，影响（某人）  
I hate the way you’re always trying to mold me into something you want me to be. 我讨厌你总想把我塑造成你想要我成为的那个样子。  
**n.**  
[C] 模具；铸模  
When the metal melts, we will pour the liquid into special molds. 当金属熔化后，我们就把液体倒进特殊的模具中。

**critical**  
**a.**  
1 very important 非常重要的；关键的  
Have you realized that we are at a critical time in history? 你有没有意识到我们正处在历史的关键时刻？  
It is critical that the teacher (should) not punish the students who give incorrect answers. 教师不应该惩罚答错问题的学生，这一点是非常重要的。  
2 expressing an opinion when you think sth. is wrong or bad 批判的；爱挑剔的；吹毛求疵的  
People have been critical of the way she has handled the affair. 人们对她处理那件事的方式很有意见。  
My boss is very critical; he always expresses his disapproval of my work. 我的上司很挑剔，他总是对我的工作提出异议。

**underline**  
**vt.**  
1 show that sth. is important 强调；使突出  
In his speech he underlined several reasons for poor sales. 他在讲话中强调了销售欠佳的几个原因。  
2 draw a line under a word to show that it is important 在…之下画线（以示重要）  
Use a red pen to underline all the foods you think are not good for you. 用红笔在所有你认为对你无益的食品下面画线。

**humble**  
**a.**  
1 not considering yourself or your ideas to be as important as other people’s 谦虚的；谦卑的  
He was a humble person and did not wish people to think that he was better than others. 他是个谦虚的人，不希望人们觉得他比别人强。  
2 having a low social class or position （社会阶层或地位）卑微的，低下的  
Employees at humble jobs have to carefully weigh up the employer’s words. 职位低的雇员不得不用心揣摩老板的话。

**generous**  
**a.**  
1 sympathetic in the way you deal with people, and tending to see the good qualities in sb. or sth. 宽宏大量的  
He was generous enough to overlook my little mistakes. 他非常宽宏大量，不计较我的小过失。  
It was generous of you to forgive my son. 你能原谅我儿子真是宽宏大量。  
2 giving people more of your time or money than is usual or expected 慷慨的；大方的  
My mom was very generous with money, believing that whatever you gave away came back to you. 我母亲在金钱上很大方，她相信你给出的东西总会回到你自己手里。

**emphasize**  
**vt.**  
(BrE emphasise) say sth. in a strong way 强调；着重  
It is never too much to emphasize the importance of getting on well with your colleagues. 与同事要融洽地相处，这一点再强调也不为过。

**mutual**  
**a.**  
1 belonging to or true of two or more people 共有的；共同的  
They soon discovered a mutual interest in music. 他们很快发现他们对音乐有着共同的兴趣。  
I really like her, and I hope the feeling is mutual. 我很喜欢她，我希望她也喜欢我。  
2 felt or done in the same way by each of two or more people 相互的；彼此的  
Friendships between individuals are based on mutual trust and respect. 人与人之间的友谊是建立在相互信任和尊重的基础上的。  
Our work calls for mutual support. Otherwise, this project would not be completed on schedule. 我们的工作需要互相支持, 否则，这个项目无法按期完成。

**obligation**  
**n.**  
[C, U] a moral or legal duty to do sth. 义务；职责；责任  
They helped us though it was not their obligation. 他们帮助了我们，虽然他们没这个义务。  
In our country, it is the obligation of citizens to perform military service. 在我国，服兵役是公民的义务。

**graceful**  
**a.**  
1 showing good manners and respect for other people 有风度的；得体的  
His apology was so graceful that we forgave him. 他的道歉很得体，我们就原谅了他。  
2 moving in a smooth and attractive way, or having an attractive shape or form 优美的；优雅的；雅致的  
The dancers were very graceful in their steps on the dance floor. 舞蹈演员们在舞场上的步伐非常优雅。

**youngster**  
**n.**  
[C] a child or young person 孩童；年轻人  
A youngster who sees no laughter and no love at home will have a difficult time laughing and loving. 在家中没有感受过欢笑和爱的孩子也很难去笑、去爱。

**nevertheless**  
**ad.**  
(fml.) in spite of a fact that you have just mentioned 然而；不过；尽管如此   
What you said was true. It was, nevertheless, a little unkind. 你说的都是实话，只不过有点儿刻薄。

**abstract**  
**a.**  
based on general ideas or principles rather than specific examples or real events 纯理论上的；纯概念的；抽象的  
It is generally agreed that psychology is an abstract science. 人们普遍认为心理学是一门抽象的科学。  
**n.**  
[C] a short written statement containing only the most important ideas in a speech, article, etc. 摘要；梗概  
The author introduces the theme of the paper in the abstract. 作者在摘要里介绍了文章的主题。

**concept**  
**n.**  
[C] an idea of how sth. is, or how sth. should be done 概念；观念；想法  
One concept of generation gap is that parents and children have different values and beliefs. 代沟的一个概念是父母和孩子有着不同的价值观和信念。

**strategy**  
**n.**  
[C] a planned series of actions for achieving sth. 行动计划；计谋；策略  
This sounds like a really clever marketing strategy. 这听起来真是个巧妙的营销策略。

**cooperation**  
**n.**  
[U] the process of working together for the same purpose 合作；协作  
Some problems of management can only be solved by greater cooperation between workers and their employers. 一些管理上的问题只能通过员工和雇主之间更好的合作才能解决。

**crucial**  
**a.**  
sth. that is crucial is extremely important, because everything else depends on it 至关重要的；关键性的  
The crucial point is whether we should go ahead with the project. 关键的一点是我们是否应该开展此项目。

**overcome**  
**vt.**  
successfully control a feeling or problem that prevents you from achieving sth. 控制（感情）；克服（困难）  
After the terrorists’ attack, it took a long time for people to overcome their fear of flying. 在恐怖袭击过后，人们过了很长时间才克服了对搭乘飞机的恐惧。

**fundamental**  
**a.**  
1 relating to the most basic and important parts of sth. 根本的；基本的；基础的  
We shall have to make some fundamental changes in the way we conduct the survey. 我们将不得不对我们的调查方式作出一些根本的改变。  
2 very necessary and important 必不可少的；十分重要的  
Telling your child the difference between right and wrong is one of the fundamental tasks of being a parent. 教导孩子辨别是非是父母的重要任务之一。

**outcome**  
**n.**  
[C] the final result of a process, meeting, activity, etc. 结果；结局；后果  
The answers given to the questions will affect the outcome of the research. 对这些问题的回答将影响到研究结果。

**ambition**  
**n.**  
1 [C] a strong desire to achieve sth. 追求；夙愿  
I have an ambition to work for a big multinational company. 我一心希望在一家大的跨国公司工作。  
2 [U] determination to be successful, rich, powerful, etc. 抱负；雄心；野心  
In Macbeth, it is ambition that destroys the man. 在《麦克白》中，是野心导致了麦克白的毁灭。

**participation**  
**n.**  
[U] the act of taking part in an activity or event 参加；参与  
The teacher tries to get everyone to be ready for participation in the classroom discussion. 老师努力让每个人都作好准备参加课堂讨论。

**hazard**  
**n.**  
[C] sth. that may be dangerous, or cause accidents or problems 危险；隐患  
The old building is a hazard; it should be pulled down before it collapses. 这幢老建筑是个安全隐患，应该在它坍塌之前拆掉。

**psychology**  
**n.**  
[U] the study of the mind and how it influences people’s behavior 心理学

**psychologist**  
**n.**  
[C] sb. who studies how people’s minds work and how this affects their behavior 心理学家

**considerable**  
**a.**  
fairly large, esp. large enough to have an effect or be important 相当大的  
They have made considerable progress in their studies. 他们在学业上已经取得了长足的进步。  
The losses that were caused by the flood are considerable. 洪水造成的损失相当大。

**intensity**  
**n.**  
[U] the quality of being felt very strongly or having a strong effect 强烈；剧烈  
An earthquake of similar intensity shook this city in 2013. 2013年该市经历了一次强度差不多的地震。

**psychological**  
**a.**  
involving or affecting your mind 精神的；心理的  
The new policy has a psychological impact on the investors. 新政策对投资者产生了心理上的影响。

**emphasis**  
**n.**  
[C, U] special attention or importance 重点；重要性  
The emphasis should be on quality rather than on quantity. 重点应放在质量上而非数量上。

**exclusive**  
**a.**  
limited to a particular person or group and not shared with others 专用的；独有的；独享的  
The CEO of the company has exclusive access to the database. 只有公司的总裁可以使用这个数据库。

***exclusively***  
**ad.**  
used for emphasizing that sth. is available to or limited to one specific thing or group 仅仅；单独地；专门地  
In the early days of sea travel, seamen lived exclusively on salted meat and biscuits. 在早期的海上航行中，水手只能靠咸肉和饼干度日。

**outlook**  
**n.**  
1 [C] your general attitude to life and the world （对生活和世界的）看法，观点，态度  
He used to be pessimistic, but this experience completely changed his outlook on life and he is now very optimistic. 他以前很悲观，但是这一经历彻底改变了他对生活的看法，他现在变得非常乐观。  
2 [C, usu. sing.] what is expected to happen in the future 前景；远景  
The company has a positive outlook for the global PC market. 公司对于全球个人电脑市场的前景十分乐观。

**demanding**  
**a.**  
1 expecting a lot of attention or expecting to have things exactly the way you want them, esp. in a way that is not fair （人）要求严格的；苛求的；要求过高的  
John is a demanding boss. 约翰是个苛刻的老板。  
a demanding boy 一个难以满足的男孩  
2 needing a lot of ability, effort, or skill 要求高的；需要技能的；费力的  
Climbing is physically demanding. 爬山对体能要求很高。  
a demanding job 一份要求高的工作

**excessive**  
**a.**  
much more than is reasonable or necessary 过度的；过多的  
Susan has made up her mind again to go on a diet to get rid of her excessive weight. 苏珊又一次下决心要节食，以减掉过高的体重。

**drain**  
**vt.**  
1 make sb. very tired and without any energy 使筋疲力尽  
Find out those situations, people or anything else that drain your energy, and get rid of them gradually. 找出那些会使你消耗精力的情况、人或其他任何事，并逐步消除它们对你的影响。  
2 make the water or liquid in sth. flow away 使流走；使排出  
The swimming pool is drained and cleaned every week. 这个游泳池每周都要排水清洗。

***draining***  
**a.**  
使人筋疲力尽的  
After a draining day, I had finally got my first client. 经过了精疲力尽的一天，我终于赢得了我的第一个客户。

**consequence**  
**n.**  
[C] sth. that happens as a result of a particular action or set of conditions 后果  
You should be responsible for all the consequences of your action. 你要为你的行为所产生的一切后果负责。  
According to his beliefs, the consequence of sudden wealth is a loss of friends whom one can trust. 他认为，暴富的后果是会失去可以信任的朋友。

**rate**  
**n. [C]**  
1 the speed at which sth. happens over a period of time （某事发生的）速率，速度  
What do you think of our proposal that the production should rise at the rate of 10 percent a year? 我们提议产量每年应以10%的速度增长，对此你怎么看？  
2 the number of times sth. happens, or the number of examples of sth. within a certain period 比率；率  
There is a high rate of street crime in this area. 该地区的街头犯罪率很高。

**accomplish**  
**vt.**  
succeed in doing sth., esp. after trying very hard 完成；实现  
We will manage to accomplish the task in time even though it is difficult. 虽然任务艰巨，但是我们会努力按时完成的。

***accomplishment***  
**n.**  
1 [C] sth. successful or impressive that is achieved after a lot of effort and hard work 成就；成绩  
Achieving these goals will give you a sense of accomplishment. 完成这些目标会给你带来成就感。  
2 [U] the act of finishing or achieving sth. good 完成；实现  
Talented people are crucial to the accomplishment of our objectives. 要实现我们的目标，人才是关键。

**adapt**  
**v.**  
gradually change your behavior and attitudes in order to be successful in a new situation （使）适应；（使）适合  
The dinosaurs disappeared because they could not adapt to the changing environment. 恐龙灭绝是因为它们不能适应环境的变化。  
The children found it hard to adapt to the new school. 孩子们发现很难适应这所新学校。  
**vt.**  
change sth. to make it suitable for a different purpose 改造；改装  
He adapted his old car engine to the boat. 他把他旧汽车上的引擎改装到了那只船上。  
These teaching materials can be adapted for older children. 把这些教材修订一下可以给大一点的孩子用。

**define**  
**vt.**  
1 describe clearly and exactly what sth. is 使明确；规定；说明  
I spent many nights in the library, trying to define the topic of my paper. 我在图书馆里呆了很多晚上，努力想确定我论文的题目。  
2 explain exactly the meaning of a particular word or idea 给…下定义；解释  
The purpose of the passage is to define some scientific terms which are hard to understand. 这篇文章的目的是解释一些很难理解的科学术语。

***redefine***  
**vt.**  
define sth. again or differently 重新界定；重新定义  
His goal, as he announces on the cover of the book, is to redefine what it means to be smart. 正如他在书的封面上宣称的那样，他的目的是要重新定义什么是“聪明”。

**trait**  
**n.**  
[C] (fml.) a particular quality in sb.’s character （某人性格中的）特性，品质  
A deep genuine, heart-felt sincerity is a true and noble trait. 深刻真挚、发自内心的真诚是真正高尚的一种品质。

**extreme**  
**a.**  
1 (only before noun) very great in degree 极大的；极度的  
Permanent damage may be done when skin is exposed to extreme cold for too long. 皮肤过久暴露在极冷环境中可能会造成永久性损伤。  
You must deal with it with extreme caution. 你处理这件事时要特别小心。  
2 considered unreasonable by most people 极端的；偏激的；过分的  
It seemed a bit extreme to call the police; he only said a few harsh words to his son. 报警似乎有点过分了，他只不过对他儿子说了几句难听的话而已。  
**n.**  
[C] a situation, quality, etc. which is as great as it can possibly be — used esp. when talking about two opposites 极端（尤用于谈论两个相反的事物）  
The previous examples are extremes and the reality is that most people fall somewhere in the middle. 前面的例子是极端的例子。在实际情况中，大部分人都是介于两者之间的。

***extremely***  
**ad.**  
to a very great degree 极度；极其  
Clashes are still taking place and the situation is extremely tense. 冲突仍然在继续，局势极其严峻。

**pave**  
**vt.**  
cover a path, road, area, etc. with a hard level surface such as blocks of stone or concrete 铺；铺砌；铺筑  
The city council decided to pave the square before the City Hall. 市议会决定把市政厅前的广场铺好。

**Phrases and expressions**

**the here and now**  
the present time 现时  
He doesn’t want to live in the past; he wants to live in the here and now. 他不想生活在过去；他要生活在当下。

**early on**  
at an early stage in a relationship, process, etc. 在初期；开始不久  
I knew quite early on that I wanted to become a journalist. 我很早就知道我想成为一名记者。

**free ride**  
a benefit obtained at another’s expense or without the usual cost or effort 白白得到的好处  
Remember: There is no free ride! You have to work hard to achieve what you want. 要记住：天上不会掉馅饼！要想成功，就必须努力。

**blame sb. for sth.**  
say or think that sb. is responsible for sth. bad 责怪；指责；把…归咎于  
Some blamed the media for misleading the public in diet. 一些人责怪媒体在饮食上误导大众。

**place emphasis on sth.**  
put special attention or importance on sth. 重视  
Some educators point out that too much emphasis is placed on English. 有教育家指出，人们过于强调英语的重要性了。

**cancel out**  
stop sth. from having any effect 抵消  
This company’s losses canceled out its gains. 这家公司的损失抵消了其收入。

**on the surface**  
when not thought about deeply or thoroughly, or when not looked at carefully 表面上；从外表看；乍一看  
On the surface, the stock market looked pretty good, with indexes on the rise. 表面上看，股市行情很好，各大股指纷纷上扬。

**in shape**  
in a good state of health or physical fitness 健康状况良好  
My uncle believes that hiking is a wonderful way to keep in shape. 我叔叔相信徒步旅行是保持健康的好方法。

**deal with sth.**  
take action to do sth., esp. to solve a problem 处理；应付  
The police had to take firm action to deal with the riots. 警方不得不采取果断行动来对付骚乱。  
Deal with a man as he deals with you. 以其人之道，还治其人之身。

**the way of the world**  
how things always happen or are done, esp. when this is not easy to change 大多数人的行为方式；世道；事情发生的规律

**pave the way for sth.**  
make a later event or development possible by producing the right conditions 为某事物铺平道路；为某事物创造条件  
Scientists hope that the data will pave the way for a more detailed exploration of Mars. 科学家希望这些数据将为更深入地探索火星铺平道路。

**6-A**

**New words**

**numerous**  
**a.**  
many 许多的；很多的  
The library has numerous books, more than I have ever expected. 这个图书馆拥有大量的图书，比我预想的要多得多。

**reliable**  
**a.**  
able to be trusted or depended on 可信赖的；可靠的  
A reliable employee does his/her job with minimal error. 一个可靠的员工工作起来错误最少。

**contrast**  
**vt.**  
compare two things, ideas, people, etc. to show how different they are from each other 使成对比；使成对照  
In her essay, the author contrasts the present economic crisis with the one 10 years ago. 作者在文中就当前的经济危机和十年前的经济危机进行了对比。  
**vi.**  
(of two things) be different from each other, often in a noticeable or interesting way 形成对比  
Her dark hair contrasted sharply with her pale silk gown. 她的黑头发和她的浅色丝绸礼服形成了强烈的对比。  
**n.**  
[C, U] a difference between people, ideas, situations, things, etc. that are being compared 差异；差别  
The book presents a very interesting contrast between life now and life 100 years ago. 这本书把现在的生活和100 年之前的生活进行了十分有趣的对比。  
Harry’s house is big and decent. In contrast, the house just next to his is small and shabby. 哈利的房子又大又体面。相反，就在他边上的那座房子却又小又破旧。

**indicate**  
**vt.**  
1 show that a particular situation exists, or that sth. is likely to be true 表明；显示  
The analyses indicate that in aircraft accidents, the system is most often at fault, not the operator. 这些分析表明，在飞机失事事故中往往是系统出了问题，而非操作人员出现失误。  
2 say or do sth. to make your wishes, intention, etc. clear 表明（意向等）  
Professor Smith has indicated his intention to retire at the end of the year. 史密斯教授表示打算今年年底退休。

***indicator***  
**n.**  
[C] sth. that can be regarded as a sign of sth. else 指示物；指示者  
Age alone is a poor indicator of a person’s capability, so we must consider other aspects. 单看年龄不能说明一个人的能力，因此我们必须考虑其他方面。

**decrease**  
**v.**  
become less or go down to a lower level, or make sth. do this （使）变小；（使）减少  
In the evening, one’s body temperature begins to decrease in preparation for sleep. 夜晚，人的体温开始下降，为睡觉作准备。  
**n.**  
[C, U] the process of becoming less, or the amount by which sth. becomes less 减少；减少的量  
Thanks to the great efforts made by the police, crime has been on the decrease in the past few years. 由于警察的巨大努力，过去几年的犯罪率呈下降趋势。

**assess**  
**vt.**  
1 make a judgment about a person or situation after thinking carefully about it 评价；评定  
They are conducting a survey to assess the impact of advertising on people’s consumer behavior. 他们正在进行一项调查，测评广告对于人们消费行为的影响。  
2 calculate the value or cost of sth. 估价；估计  
The value of the house was assessed at one million US dollars. 该房屋估价为100 万美元。

**alter**  
**v.**  
change, or make sb. or sth. change （使）变化；（使）改变  
If it rains we’ll have to alter our plan for the holiday. 如果下雨，我们将不得不改变假期的计划。  
The city center has altered beyond recognition. 市中心变得都认不出来了。

**stake**  
**n.**  
1 (~s) [pl.] the things that you can gain or lose by taking a risk, e.g. in business or politics 赌注；风险  
They finally rejected the idea of building a shopping center in the small town because the stakes were high. 他们最终还是放弃了在小镇上建一座购物中心的想法，因为风险太大了。  
2 [C] money that you risk as the result of a horse race, card game, etc. （赛马、牌局等的）赌注，押金  
For a dollar stake, you can win up to $1,000,000. 押一美元的赌注，你最多可以赢一百万美元。  
3 [C] the part of a business that you own because you have invested money in it 股份  
He holds a 30% stake in the firm. 他在这家公司拥有30% 的股份。

**academic**  
**a.**  
(usu. before noun) relating to education, esp. at college or university level 学术的  
The traditional academic disciplines are less popular among students, who now prefer subjects such as business studies. 传统的学术科目在学生中不太受欢迎, 如今学生们更喜欢商科等科目。

**undermine**  
**vt.**  
gradually make sb. or sth. less strong or effective 逐渐削弱；逐渐损害  
Someone is trying to undermine the relationship between you and me. 有人试图破坏我俩之间的关系。

**significant**  
**a.**  
1 very large or noticeable 相当数量的；显著的  
They have all invested significant amounts of time and energy in making this project a success. 他们都为这个项目的成功付出了相当多的时间和精力。  
2 very important 重要的；意义重大的  
Please inform me if there are any significant changes in your plan. 如果你的计划有重大变更，请通知我。

***significantly***  
**ad.**  
in an important way or to an important degree 重大地；显著地  
Employment rates are unlikely to rise significantly before the end of this year. 就业率在今年年底前不可能有显著上升。

**interfere**  
**vi.**  
deliberately get involved in a situation where you are not wanted or needed 介入；干涉；干预  
This is our country’s domestic affair; we do not expect other countries to interfere. 这是我国内政；我们不希望别国来干涉。

**overall**  
**ad.**  
1 generally 一般地；总体上  
Overall, I am very pleased about this new turn in my career. 总的来说，我对自己职业生涯中这一新的转变感到很满意。  
2 considering or including everything 全部地；总共  
Overall, 40% of cities have seen the rise of house prices. 共有40% 的城市的房价在上涨。  
**a.**   
(only before noun) considering or including everything 包括一切的；全部的  
The overall length of the new bridge is 1,200 meters. 这座新桥的总长是1,200米。

**proof**  
**n.**  
[C, U] facts, information, documents, etc. that prove sth. is true 证明；证据  
When he was confronted with proof of his crime, he broke down. 当罪犯面对自己的犯罪证据时，他崩溃了。

**approximately**  
**ad.**  
used for showing that an amount, number, time, etc. is not exact 大致；近似  
She has lost approximately 10 pounds since I met her last time. 从我上次见到她到现在为止，她的体重已经减了大约10磅。

**seemingly**  
**ad.**  
1 (fml.) according to the facts as you know them 看样子；看来  
There is seemingly nothing we can do to stop the plan going ahead. 看样子我们无法阻止这项计划的实施。  
2 appearing to have a particular quality, when this may or may not be true 看上去；表面上；外观上  
She has a seemingly endless list of complaints to make. 她看上去有没完没了的牢骚要发。

**consistent**  
**a.**  
1 continuing to happen or develop in the same way 稳定发展的；持续不变的  
The last five years have seen a consistent improvement in the country’s economy. 在过去五年中，这个国家的经济经历了持续的发展。  
2 always behaving in the same way or having the same attitudes, standards, etc., usu. used to show approval （行为、态度、标准等）一贯的，一致的  
Since joining the team last year, he’s been the most consistent player in the team. 自从去年入队以来，他已经成为队中表现最为稳定的选手。

**toll**  
**n.**  
1 [C] a very bad effect that sth. has on sth. or sb. over a long period of time 严重的不良影响  
Lack of sleep takes a toll on nearly every aspect of daily life. 缺少睡眠对日常生活的几乎各个方面都会造成不良影响。  
2 [C, usu. sing.] the number of people killed or injured in a particular accident, by a particular illness, etc. 伤亡人数  
It was reported that the death toll from last week’s forest fire was 25. 据报道，上周的森林大火造成25人死亡。

**given**  
**prep.**  
taking sth. into account 考虑到；鉴于  
Given her interest in children, teaching should be the right career for her. 考虑到她喜欢孩子，教书应该是适合她的职业。  
Given that the voters approve the funds, we’ll have a new park in our town. 由于选举人同意使用那些资金，我们镇上就会有一个新公园了。  
**a.**   
(only before noun) (any/a ~ …) any particular time, situation, amount, etc. that is being used as an example 指定的；特定的  
Our restaurant can provide service to 30 guests within any given period of time. 我们的餐厅可以在任何特定时间内为30人提供餐饮服务。

**indication**  
**n.**  
[C, U] a sign that sth. will happen, is true, or exists 象征；迹象；标示  
Indications are that the patient is getting better. 种种迹象表明，那个病人的病情正在好转。  
There is every indication that this figure will more than double by the end of the year. 种种迹象表明，这一数据将在年底翻一番还不止。

**compromise**  
**vt.**  
risk harming or losing sth. important 危及；损害  
Defeat at this stage would compromise their chances of reaching the finals of the competition. 这个阶段的失败会减少他们进入决赛的机会。  
We cannot compromise the safety of our workers. 我们不能危及自己工人的安全。  
**vi.**  
solve a problem or end an argument by accepting that you cannot have everything that you want 折中解决；让步  
The workers are going to strike if the employers are not ready to compromise. 如果雇主不愿意让步，工人们就要举行罢工。  
**n.**  
[C, U] a way of solving a problem or ending an argument in which both people or groups accept that they cannot have everything that they want 妥协；和解  
There are signs that both sides may be seeking a compromise. 有迹象表明，双方也许正在寻求和解。

**whereas**  
**conj.**  
(fml.) used to say that although sth. is true of one thing, it is not true of another 但是；却；尽管  
Wise men love truth, whereas fools shun it. 智者热爱真理，愚者回避真理。  
My children want to live in town, whereas I myself would rather live in the country. 我的孩子们要住在城里, 而我自己情愿住在乡下。  
His children are well bred, whereas those of his sister’s are naughty. 他的孩子很有教养，但他姐姐的孩子却调皮得很。

**marginal**  
**a.**  
1 barely within a lower standard or limit of quality 勉强够格的；最低限度的  
He has received little education and his reading and writing abilities are marginal. 他没受过什么教育，他的阅读和写作能力很有限。  
2 (of change or difference) too small to be important 小的；微不足道的；不重要的  
The new law will only have a marginal effect on the lives of most people. 新法律对大多数人的生活影响甚微。

**commit**  
**vt.**  
1 decide to use money, time, people, etc. for a particular purpose 投入（钱、时间、人力等）  
We promise to commit time and effort to improving life for people in poor towns. 我们承诺将投入时间和精力来改善贫困城镇居民的生活。  
2 do sth. wrong or illegal 犯（错误或罪行）  
Because so many factors lead individuals to commit crimes, it is extremely difficult to predict trends. 由于造成个人犯罪的因素实在太多，因此要预测犯罪趋势是极其困难的。

**committed**  
**a.**  
willing to work very hard at sth. 坚定的；尽心尽力的  
The organization is committed to achieving equal rights for women. 该组织致力于为妇女争取平等权利。

**withdraw**  
**v.**  
no longer take part in sth., or stop sb. or sth. from taking part 退出；不参加  
In his speech, he emphasized that he did not withdraw from the election campaign for personal reasons. 他在讲话中强调退出竞选活动并非出于个人原因。  
**vt.**  
take money from a bank account （从银行）提取  
This credit card allows you to withdraw up to $500 a day. 这张信用卡允许你每天最多提现500美元。

**striking**  
**a.**  
attracting your interest or attention because of some unusual feature 引人注目的；显著的；吸引人的  
Perhaps the most striking aspect of this computer is that it is so easy to use. 这款电脑最吸引人的地方是它操作方便。  
He bears a striking resemblance to his father. 他和他父亲像极了。

**generate**  
**vt.**  
1 produce or cause sth. 产生；创造  
I think this new product will generate a lot of income for the company. 我认为这款新产品将为公司创造大笔收入。  
2 produce heat, electricity, or another form of energy 产生（热、电等能量）  
The local government decided to use the river to generate electricity. 当地政府决定利用那条河发电。

**anew**  
**ad.**  
again, often in a new or different way 再；重新  
He deleted all his files by mistake and now he has to begin his work anew. 他不小心误删了所有文件，因此现在他不得不重新开始工作。

**permanent**  
**a.**  
continuing to exist for a long time or for all the time in the future 长久的；永久的；永恒的  
Children with severe and permanent learning difficulties should have the right to attend school, too. 有重度的永久性学习障碍的孩子也应该享有上学的权利。

**owing to**  
**prep.**  
(fml.) because of sth. 因为；由于  
Owing to the recent bad weather, the construction work is several weeks behind schedule. 由于最近天气不好，施工进度已经比计划滞后了几个星期。

**erode**  
**v.**  
1 gradually reduce the strength or importance of sth. or be gradually reduced in this way （逐步）削弱，损害  
Confusion and suspicion will erode the competitiveness of the organization. 混乱和猜疑会削弱这个组织的竞争力。  
2 gradually damage the surface of rock or land so that it begins to disappear, or be gradually damaged in this way 侵蚀；腐蚀  
Rain, humidity, and all kinds of liquids will erode electric wires. 雨水、湿气和各种液体都会腐蚀电线。

**characteristic**  
**a.**  
very typical of a particular thing or of sb.’s character 典型的；独特的  
A characteristic feature of Suzhou is its beautiful gardens. 苏州的一大特色就是其美丽的园林。  
**n.**   
[C, usu. pl.] a quality or feature of sth. or sb. that is typical of them and easy to recognize 特征；特性；特色  
In the future parents may be able to choose their Children’s physical characteristics. 将来父母也许可以选择自己孩子的外表特征。

**intensive**  
**a.**  
involving a lot of activity, effort, or careful attention in a short period of time 加强的；密集的  
Intensive care in hospitals is given to the seriously ill. 医院对危重病人进行特别护理。  
There is now intense competition between schools to attract students. 现在学校之间为了招揽生源展开了激烈竞争。

**recreation**  
**n.**  
[C, U] an activity that you do for pleasure or amusement 娱乐；消遣  
They usually set aside Saturday afternoons for recreation and leisure. 他们通常专门安排周六下午来进行娱乐休闲活动。

**surplus**  
**a.**  
more than what is needed or used 过剩的；剩余的；多余的  
Surplus money can be invested. 可以把多余的钱用来投资。  
**n.**  
[C, U] an amount of sth. that is more than what is needed or used 剩余；过剩；剩余额；多余的量  
As the number of students has been decreasing in recent years, this area suffers from a surplus of teachers. 由于近年来学生人数逐渐减少，这一地区面临着教师过剩的问题。

**accustomed**  
**a.**  
(be ~ to doing sth.) being familiar with sth. and accepting it as normal 习惯于做某事  
She called her parents just to tell them that she had become accustomed to life at university. 她打电话给父母就是要告诉他们，她已经适应了大学生活。

**depress**  
**vt.**  
1 (fml.) make sth. such as a price or value go down 降低；减少  
The central bank tried to depress the value of its currency on the foreign exchange market. 央行试图贬低其货币在外汇市场上的价值。  
2 make sb. feel very unhappy 使沮丧；使忧愁；使抑郁  
The thought of taking the exam again depressed him. 想到要补考，他心情沮丧。

**convention**  
**n.**  
[C, U] behavior and attitudes that most people in a society consider to be normal and right 习俗；惯例；常规  
Wearing a coat and tie is an accepted convention on such an occasion. 这种场合穿西装、系领带是公认的惯例。

**controversial**  
**a.**  
causing a lot of disagreement, because many people have strong opinions about the subject being discussed 引起争论的；有争议的  
The treatment is controversial because it may have serious side effects. 这种治疗方法是有争议的，因为它可能引发严重的副作用。

**conventional**  
**a.**  
(usu. before noun) of the usual, traditional, or accepted type, instead of being new and different 常例的；因袭的；传统的  
I found him very conventional as an artist; he’s not willing to try anything new. 我觉得他作为一名艺术家太保守；他不愿意尝试任何新的事物。

**formative**  
**a.**  
(~ years/period/stages, etc.) the period when sb.’s character develops 个性形成时期/阶段等  
Parents and our educational institutions play a vital role during the formative years of our young. 家长和我们的教育机构在年轻人的个性形成时期起着关键的作用。

**abandon**  
**vt.**  
1 stop having a particular idea, belief, or attitude 放弃（信念、信仰或看法）  
Rescuers had abandoned all hope of finding any more survivors. 营救人员对于找到更多的生还者已不抱任何希望。  
2 leave sb. when you should stay with them and look after them 抛弃；遗弃  
Mary told me that her parents had abandoned her when she was three. 玛丽告诉我，她父母在她三岁时就抛弃了她。

**appealing**  
**a.**  
attractive or interesting 有吸引力的；有趣的  
The idea of a whole week on the beach is very appealing. 在海滩上度过整整一个星期，这个主意很吸引人。

**myth**  
**n. [C, U]**   
1 an idea or story that many people believe, but which is not true （许多人相信的）错误观念，荒诞说法  
The myth that the earth was flat was dictated for many years before Columbus. 在哥伦布（发现新大陆）之前，人们长期被灌输地球是平的这一错误观念。  
One of the popular dieting myths is that low-fat diets are good for you. 一个常见的饮食误区是认为低脂食品有利健康。  
2 an ancient story, esp. one invented in order to explain natural or historical events （古代的）神话  
In Greek myth, Athena was the goddess of wisdom, warfare, and crafts. 在希腊神话中，雅典娜是主智慧、战争和技艺的女神。

**resolve**  
**vt.**  
1 (fml.) make a definite decision to do sth. 下决心，决意（做某事）  
I resolve to send application letters and make phone calls to 25 companies by September. 我决心在九月份之前给25 家公司发求职信、打求职电话。  
2 find a satisfactory way of dealing with a problem or difficulty 解决（问题、困难）  
We must find a way to resolve these problems before it’s too late. 我们必须趁还来得及的时候找到解决这些问题的办法。  
**n.**   
[U] (fml.) strong determination to succeed in doing sth. 决心；决意  
If we carry out our plan with resolve, we’ll achieve our goal sooner or later. 只要我们坚定地执行我们的计划，我们迟早会实现我们的目标。

**Phrases and expressions**

**interfere with**  
prevent sth. from succeeding or from happening in the way that was planned 妨碍；阻止  
Problems with the teeth or gums can interfere with eating well. 牙齿或牙龈有问题会妨碍正常进食。

**cut class**  
(AmE) (infml.) deliberately not go to a class that you should go 逃课  
Mike had planned to invite Carolyn to dinner, but Carolyn cut class that day. 迈克原打算请卡罗琳吃饭, 但是卡罗琳那天正好逃课了。

**on the other hand**  
(also on the one hand ... ~) used to give another opinion or fact that should be considered as well as the one you  
have just given 另一方面…；从一方面来说…，从另一方面来说…  
I’d like a job that pays more, but on the other hand, I enjoy the work I’m doing. 我想找一份工资高一点的工作，但是另一方面，我又很喜欢现在的工作。  
I’d like to eat out, but on the other hand, I should be trying to save money. 我想出去吃饭，但是另一方面，我又要尽量省钱。

**take a/its toll on**  
have a bad effect on sth. or sb. over a long period of time 对产生不良影响  
Too much dessert can take a toll on your waistline and your health. 吃太多甜食会让你腰围变粗、健康受损。

**at risk (of)**  
in a situation where you may be harmed 处境危险；受到威胁  
According to the research, 20% of the population was at risk of developing lung disease from second-hand smoking. 据研究表明，20%的人口面临因二手烟而罹患肺病的风险。

**to begin with**  
1 during the first part of a process or activity 起初；开始的时候  
There were six of us to begin with, and then two people left. 开始的时候我们有六个人, 后来有两个人离开了。  
2 (spoken) used to introduce the first and most important point you want to make 首先  
Well, to begin with, he shouldn’t even have been driving my car. 呃，首先，他就不应该开我的车。

**in other words**  
used when you are expressing an idea or opinion again in a different and usually simpler way 换言之；换句话  
说  
They asked him to leave — in other words, he was fired. 他们请他走人，也就是说，他被解雇了。

**cut back on**  
1 reduce the amount, size, cost, etc. of sth. 削减；缩减  
During an economic slowdown, many banks are forced to cut back on lending. 在经济衰退时，许多银行被迫削减贷款。  
2 eat, drink, or use less of sth., esp. in order to improve your health （尤指为了健康而）少吃，少喝，减少  
You should cut back on sugar to lose some weight. 你要减轻体重就应该少吃糖。

**cut corners**  
do sth. less carefully or thoroughly than you should, because you are trying to save time or money （为节省时间或金钱而）草草行事，偷工减料  
Don’t cut corners with this part of the exercise; it’s what makes you have muscles. 做这部分练习时不要偷懒，正是这个部分的练习能让你锻炼出肌肉。

**bit by bit**  
gradually 逐渐地；一点一点地  
Bit by bit, he is improving, but he still has a long way to go to win the contest. 他正在一点点地提高，但是要赢得比赛他还有很长的一段路要走。

**burn the midnight oil**  
(infml.) work or study until late at night 挑灯夜战；开夜车  
You’d better not burn the midnight oil every day; it is harmful to your health. 你最好不要每天开夜车，这会伤害你的身体健康。

**drop out**  
1 leave a school or university before your course has finished 退学；辍学  
It is not wise to drop out of school because of part-time jobs. 因为打工而辍学是不明智的。  
2 no longer do an activity or belong to a group 退出；脱离  
She was injured in the first round and had to drop out of the competition. 她在第一轮受伤，只好退出比赛。

**in turn**  
1 as a result of sth. 相应地  
Theory comes from practice and in turn serves practice. 理论来自于实践，并反过来服务于实践。  
2 one after the other, esp. in a particular order 轮流地；依次地  
We will examine each of these methods in turn. 我们将依次分析这些方法。

**contribute to**  
help to make sth. happen 促成，造成（某事发生）  
Everyone on the team contributed to winning the game. 队里的每一个人都为赢得这场比赛出了力。  
The exchange of goodwill missions greatly contribute to a better understanding between the two countries. 互派友好代表团大大促进了两国之间的相互了解。

**hold on to**  
continue feeling or believing sth. 继续感到；仍然相信  
Whatever your reason, I shall hold on to my idea that people should be allowed to have private lives. 无论你的理由是什么，我坚持我的观点，那就是应该允许人们有自己的私人生活。

**6-B**

**New words**

**soar**  
**vi.**  
1 increase quickly to a high level 猛增；骤升  
The prices of houses have been soaring in recent years. 房子的价格近几年一直在飞涨。  
2 rise quickly into the air 急速升高  
Jumping off the springboard, he soared three meters up into the air before coming down again. 他从跳板上跳起来，一下子窜到空中三米高处，然后才落下来。

**frank**  
**a.**  
honest and truthful 坦率的；坦诚的；直言不讳的  
To be frank, I’d rather you were not involved in the case. 坦率地说，我更希望你不要插手这桩案子。

**vigorous**  
**a.**  
1 full of energy, enthusiasm, or determination 体力旺盛的；热情满怀的；强有力的；坚决的  
You should do a combination of moderate and vigorous exercise. 你应该进行中、高强度相结合的锻炼。  
2 strong, active, and healthy 强壮的；积极的；健壮的  
Cutting the bush in the autumn will help promote vigorous growth in the spring. 秋天修剪灌木会促进它们在春天茁壮成长。

**absorb**  
**vt.**  
1 accept changes or costs and deal with them successfully 经受；承受  
Some law firms, unable to absorb the cost, would have to pass it on to the clients. 一些律师行无力自行承担这一费用，因此只好把它转嫁到客户头上。  
2 take in liquid, gas, or another substance from the surface or space around sth. 吸收  
In order to grow, plants need sunlight and absorb nutrients from the soil. 植物需要阳光并从土壤中吸收养分才能生长。  
3 interest sb. so much that they do not pay attention to other things 吸引某人；使专心  
The book absorbed him completely; he didn’t even hear the phone ring. 那本书完全吸引住了他，连电话铃响了他都没听见。

**tuition**  
**n.**  
[U] (BrE ~ fees) the money you pay for being taught 学费  
The only practical course of action is to borrow money from the bank to pay his son’s tuition. 唯一可行的做法就是从银行借钱来支付他儿子的学费。

**tremendous**  
**a.**  
very big, fast, powerful, etc. 巨大的；极快的；强有力的  
The success of the event requires tremendous effort on the part of many volunteers. 本次活动的成功需要许多志愿者作出巨大努力。  
He never mentioned the tremendous pain of misunderstanding he had gone through before. 他从来没提起他曾经历的被人误解的巨大痛苦。

**relevant**  
**a.**  
directly relating to the subject or problem being discussed or considered 有关的；切题的  
I don’t need all the material. Just give me the relevant documents of his work experience. 我不需要所有的材料，只要给我与他的工作经历相关的文件就可以了。

**spite**  
**n.**  
[U] (in ~ of sth.) without being affected or prevented by sth. 虽然；不顾；尽管…（仍…）  
In spite of my fear, I walked forth into the house, not knowing who would be inside. 尽管害怕，我还是径直走进了那所房子，不知道里面有谁。  
In spite of these advantages, however, there are also some challenges you will encounter. 但是，尽管有这些优势，你还是会遇到一些挑战。

**obstacle**  
**n.**  
[C] sth. that makes it difficult to achieve sth. 障碍；阻碍；妨碍  
At last, they overcame all the obstacles and their firm was very successful. 最后他们终于克服了一切困难，他们的公司获得了巨大成功。  
Some people might have difficulty accepting the idea, but this should not be an obstacle for putting it into practice. 有些人可能难以接受这种想法，但这不应成为实施它的障碍。

**collective**  
**a.**  
(only before noun) shared or made by every member of a group or society 集体的；共同的；共有的  
Team sports can cultivate people’s team spirit and sense of collective honor. 团体体育项目能够培养人们的团队精神和集体荣誉感。

***collectively***  
**ad.**  
as a group 集体地；共同地  
We as a society must collectively establish a norm for behavior that is observed by every person. 作为一个社会，我们必须共同建立起一种人人都要遵守的行为规范。

**claim**  
**vt.**  
state that sth. is true, even though it has not been proved 声称；断言；主张  
Most political officials claim that their policies will benefit large sections of the population. 大多数政客都声称他们的政策将使大多数人受益。  
**n.**  
[C] a statement that sth. is true, even though it has not been proved 声称；断言；主张  
This discovery seems to prove the claim that this South American civilization had certain relations with old Chinese culture. 该发现似乎证实了这一南美文明与古老的中国文化有着某些联的说法。

**endure**  
**vt.**  
be in a difficult or painful situation for a long time without complaining 忍耐；忍受  
Dreams of a beautiful life make it easier for a person to endure difficulties. 对美好生活的向往能让人更容易忍受艰难。

**bulge**  
**vi.**  
stick out in a rounded shape, esp. because sth. is full or too tight 鼓起；胀出  
He left the building as usual, his bulging briefcase under his arm. 他像往常一样离开大楼，夹着他那个鼓鼓囊囊的公文包。  
**n.**  
[C] a curved mass on the surface of sth., usu. caused by sth. under or inside it 凸起；鼓起部分  
She had swellings in both her ears and a bulge the size of an egg on her right temple. 她的两耳都有肿块，并且右边太阳穴上鼓起一个鸡蛋大的包。

**tutor**  
**n. [C]**  
1 sb. who gives private lessons to one student or a small group, and is paid directly by them 家庭教师；私人教师  
2 a teacher in a college or university （学院或大学里的）导师，助教

**startle**  
**vt.**  
make sb. suddenly surprised or slightly shocked 使（某人）吃惊；吓（某人）一跳  
The sudden noise in the bushes startled her horse. 灌木丛中突然发出的响声惊了她的马。

***startled***  
**a.**  
suddenly frightened or surprised by sth. 受到惊吓的；吓了一跳的；吃惊的  
He was so startled by the sudden bang that he did nothing for a moment. 他被突如其来的“砰”的一声响吓了一大跳，愣了片刻。

**necessity**  
**n.**  
1 [C] sth. that you need to have in order to live 必需品  
Food, clothing, and shelter are all basic necessities of life. 食物、衣服和住房都是基本的生活必需品。  
2 [U] a process, thing, or action that is needed in a situation 必要；必要性  
The report stresses the necessity of eating plenty of fresh fruits and vegetables. 该报告强调了多吃新鲜水果和蔬菜的必要性。

**luxury**  
**n.**  
1 [C] sth. expensive that you do not need, but you buy for pleasure and enjoyment 奢侈品  
He can’t afford the basics of life, let alone luxuries. 他没有足够的钱来满足日常的生活需求，更不用说购买奢侈品了。  
2 [U] very great comfort and pleasure, such as you get from expensive food, beautiful houses, cars, etc. 奢华；奢侈  
Everyone in the neighborhood envied Bob’s expensive new luxury car and wanted one just like it. 邻居们人人都羡慕鲍勃那辆价值不菲的豪华新车，都想要一辆那样的车。

**glimpse**  
**n.**  
[C] a quick look at sb. or sth. that does not allow you to see them clearly 一瞥；飞快的一看  
I only caught a glimpse of the woman, so I couldn’t remember what she looked like. 我只瞥了那女人一眼，所以记不起她长什么样了。

**prioritize**  
**v.**  
decide in what order you should do things, based on how important or urgent they are 确定优先次序；分清主次  
You need to learn how to prioritize your work when you are given many tasks to accomplish. 当你有许多任务要完成时，你要学会如何按照轻重缓急来安排工作。

**aware**  
**a.**  
(not before noun) knowing about a situation or a fact 意识到的；知道的  
I am aware of the risks involved in the project, but I am willing to take them. 我知道这个项目所附带的风险，但是我愿意冒险。  
I suddenly became aware that he was looking at me – actually he was staring at me. 我突然意识到他在看着我——实际上他是在瞪着我。

**influential**  
**a.**  
having a lot of influence and therefore changing the way people think and behave 有影响力的  
As a public relations officer, he is said to have known some very influential people. 作为负责公共关系的官员，据说他认识一些很有影响力的人士。

**illustrate**  
**vt.**  
1 be an example which shows that sth. is true or that a fact exists （作为例证）说明（事实）  
These pictures illustrate how rocks are formed. 这些照片说明了岩石是如何形成的。  
2 show sth. by using pictures, diagrams, lists of numbers, etc. （用图片、图表、一连串数字等）说明，阐明  
The author gives us some diagrams to illustrate the production process. 作者提供了一些图表来说明生产过程。

**cite**  
**vt.(fml.)**  
1 mention sth. as an example, esp. one that supports, proves, or explains an idea or situation 引证；援引  
The melting of the polar ice caps and the rise in the sea level are only the most commonly cited effects of climate change. 两极冰盖的融化以及海平面的上升只是最常被提及的气候变化所带来的后果。  
2 give the exact words of sth. that has been written, esp. in order to support an opinion or prove an idea 引用；引述  
The saying “Where there is a will there is a way” is frequently cited to encourage young people. 人们经常引用“有志者事竟成”这句话来鼓励年轻人。

**dropout**  
**n.**  
[C] sb. who leaves school or college before they have finished 辍学者；退学者  
Bill Gates and Steve Jobs are probably the most famous dropouts. 比尔•盖茨和史蒂夫•乔布斯可能是最有名的辍学者。

**evidence**  
**n.**  
[U] facts or signs that show clearly that sth. exists or is true 证据；证明  
A jury is supposed to weigh the evidence in a case fairly and objectively. 评审团应当公正、客观地对案子中的证据进行考量。

**exhaust**  
**vt.**  
1 use all of sth. 用完；耗尽  
The expedition soon exhausted its supplies and a small group was sent to search for food. 探险队很快就耗尽了供给，于是就派了一小队人去寻找食物。  
We are in danger of exhausting the world’s oil supply. 我们正处在耗尽石油供应的危险之中。  
2 make sb. feel extremely tired 使筋疲力尽  
Caring for young children can exhaust you physically and mentally. 照顾小孩子会让你感到身心疲惫。

**abuse**  
**n.**  
[C, U] the use of sth. in a way that it should not be used 滥用  
Drug trafficking and drug abuse are truly the causes of many crimes. 非法买卖和滥用毒品实际上是众多犯罪事件的根源所在。  
**vt.**  
1 treat sb. in a cruel and violent way 虐待；凌辱  
The little boy had been abused by his stepfather until one day he ran away from home. 那个小男孩一直受到继父的虐待，直到有一天他从家里逃了出来。  
2 deliberately use sth. for the wrong purpose or for your own advantage 滥用；妄用  
These powers, if abused, could turn him into a dictator. 这些权力一旦被滥用就会使他变成一个独裁者。

**authentic**  
**a.**  
1 based on facts 可靠的；真实的  
His travel log gives an authentic account of life in the desert. 他的旅行日志提供了对沙漠生活的真实描述。  
2 done or made in the traditional or original way 正宗的；原汁原味的  
Authentic Beijing roast duck is most popular with tourists when they visit Beijing. 到北京旅游的游客们最喜欢正宗的北京烤鸭。

**stress**  
**n.**  
[C, U] continuous feelings of worry about your work or personal life, that prevent you from relaxing 压力；忧虑；紧张  
Jeff is having trouble dealing with the emotional stress of losing his job. 担心失去工作的精神压力让杰夫感到难以招架。  
**vt.**  
emphasize a statement, fact, or idea 强调；着重  
Police have stressed that this is the most accurate description of the killer to date. 警方强调这是目前为止对凶手最准确的描述。

**tension**  
**n.**  
[U] a nervous worried feeling that makes it impossible for you to relax 紧张；焦虑；焦急  
She argued that smoking was a way of releasing the tension of her life. 她争辩说，抽烟是她用来释放生活压力的一种方式。

**relieve**  
**vt.**  
1 make a problem less difficult or serious 减轻，缓和，缓解（问题的难度或严重性）  
The government has agreed to provide $10 million of food aid to help relieve the famine. 政府已同意提供一千万美元的食品救助，用以缓解饥荒。  
2 reduce sb.’s pain or unpleasant feelings 减轻，缓和，缓解（疼痛或不快的感觉）  
Jerry was seriously ill and he was given a shot to relieve the pain. 杰里病得很重。他打了一针以减轻疼痛。

**burden**  
**n.**  
[C] sth. difficult or worrying that you are responsible for 重担；负担  
His business collapsed under a massive burden of debts. 在巨额债务的重压之下，他的公司垮了。

**convince**  
**vt.**  
make sb. feel certain that sth. is true 使确信；使信服  
They argued heatedly, but neither could convince the other. 他们争论得很激烈, 但是谁也说服不了谁。  
Her smile convinced him that she was happy. 她的微笑使他确信她是快乐的。

**convinced**  
**a.**  
(not before noun) feeling certain that sth. is true 确信的；信服的  
We are convinced that these differences can be overcome sooner or later. 我们相信这些分歧迟早会消除的。

**ensure**  
**vt.**  
make certain that sth. will happen properly 确保；保证  
My responsibility is to ensure that no students cheat on the exam. 我的职责就是确保考试中没有学生作弊。  
We should ensure freedom against tyranny. 我们应该反对暴政，维护自由。

**responsible**  
**a.**  
1(not before noun) having a duty to be in charge of or to look after sb. or sth.负责的  
Both parents are responsible for the wellbeing of their child. 父母双方对孩子的健康成长负有共同责任。  
2 sensible and able to make good judgment so that you can be trusted 有责任心的；可靠的；可信赖的  
What we’re trying to do is to educate young people to be responsible citizens. 我们正努力教育年轻人成为有责任心的公民。

**formal**  
**a.**  
1 (of education or training) obtained from studying rather than from working at a job （教育或培训）正规的  
His formal education was a less significant factor in his work than practical experience. 在他的工作中，他接受的正规教育不如他的实践经验来得重要。  
2 (usu. before noun) made or done officially or publicly 官方的；正式的  
It is a matter of convention that a man usually wears suits on formal occasions. 在正式场合男性通常要穿西装，这是一个传统习惯问题。

**advanced**  
**a.**  
1 at a high academic level 高级的；高等的  
I don’t like physics, so I won’t take advanced physics this semester. 我不喜欢物理，所以我这个学期不打算选高等物理这门课。  
2 based on the most recent methods or ideas 先进的  
These companies, equipped with advanced technology and equipment, can broadcast their signals from satellites. 这些公司拥有先进的技术和设备，能够通过卫星传播他们的信号。

**singular**  
**a.**  
1 noticeable because of being strange or unusual 奇异的；异常的  
He bought the old building and turned it into a singular and amusing museum. 他买下了那幢旧楼，把它改造成了一个独特的、有趣的博物馆。  
2 单数的；单数形式的

**financial**  
**a.**  
relating to money or the management of money 财政的；金融的；财务的  
There are several financial problems that need to be straightened out quickly. 有好几个财务问题急待解决。

**furthermore**  
**ad.**  
(fml.) in addition to what has already been said 此外；而且；不仅如此  
The house isn’t big enough for us, and furthermore, it’s too far from the town center. 这个房子不够大，而且离市中心太远。

**readily**  
**ad.**  
1 quickly, willingly, and without complaining 乐意地；爽快地  
I asked her if she would allow me to interview her, and she readily agreed. 我问她是否允许我采访她，她欣然同意了。  
2 quickly and easily 快速地；便利地  
Meat and fish contain iron that can be readily absorbed by the body. 肉类和鱼类含有易被人体吸收的铁。

**concede**  
**v.**  
admit that sth. is true or correct, although you wish it were not true （不得不）承认  
The government has conceded that the new tax policy was a failure. 政府已经承认新的税收政策是失败之举。

**mature**  
**vi.**  
1 become sensible and start to behave sensibly and reasonably, like an adult 变理智；（举止）变成熟  
He has really matured a lot since he graduated from college. 自从大学毕业后，他真的成熟了很多。  
2 become fully grown or developed 成熟；长成  
As the fish matures, its colors and patternings change. 这种鱼随着发育成熟，其颜色和斑纹都会发生改变。  
**a.**  
behaving in a sensible and reasonable way, as you would expect an adult to behave 成熟的；理智的；明白事理的  
She is over 18 and we believe that she can make a mature and rational decision for her own future. 她已经过了18岁，我们相信她能够为自己的未来作出成熟而理性的决定。

**Phrases and expressions**

**be in the/a minority**  
form less than half of a group 占少数  
Their party is only in the minority on the local council. 在地方议会里他们的政党只占少数。

**as for**  
used for introducing a subject that is related to what you have just been talking about 关于；至于  
As for salary, some workers could be looking at $100,000 or more a year. 至于工资，有些工人期望年薪10万美元或更多。  
Kitty is going to Canada for the winter vacation. As for me, I don’t have a plan yet. 基蒂寒假要去加拿大。至于我嘛，还没什么计划。

**a matter of (doing) sth.**  
a situation that involves sth. or depends on sth. 关乎…的事情  
Reducing cheating on campus is not just a matter of giving severe punishments. 要减少校园作弊现象不单是给予严厉惩罚的问题。

**look back**  
think about a time or event in the past 回忆起；回顾  
I always look back on those happy days I spent at college. 我总是回忆起在大学里度过的那些快乐的日子。

**feel sorry for oneself**  
feel sad about one’s life rather than trying to do things that could make one feel better 自我怜悯

**be envious of**  
be wanting sth. that sb. else has 妒忌的；羡慕的  
He repeatedly told his son not to be envious of others’ good fortune. 他反复跟儿子说，不要羡慕别人的好运气。

**catch/get/have a glimpse of**  
have a quick look at sb. or sth. for a moment only 一瞥；飞快地一看  
I caught a glimpse of the taxi; then it disappeared around the corner of the street.我只看到那辆出租车一眼，然后它就在街角处消失了。

**relieve sb. of sth.**  
(fml.) help sb. by taking sth. from them, esp. a job they do not want to do or sth. heavy that they are carrying 解除某人的负担  
Doing yoga daily will relieve you of stress without taking medication. 每天做瑜伽可以使你不借助药物而消除紧张。

**7-A**

**New words**

**fraud**  
**n.**  
[C, U] the crime of deceiving people in order to gain sth. such as money or goods 欺诈；诈骗  
They said that it was the temptation of money that led them to commit the fraud. 他们说正是受到金钱的诱惑他们才去行骗的。  
He has been charged with tax fraud/credit card fraud. 他被控逃税/信用卡诈骗。

**corruption**  
**n.**  
[U] dishonest, illegal, or immoral behavior, esp. from sb. with power （尤指有权势者的）贪污，贿赂，受贿，腐败  
We think all governments should serve their people and seek to end corruption. 我们认为所有的政府都应该服务于人民，并且力求消除腐败。

**expel**  
**vt.**  
officially force sb. to leave a place or organization because of their bad behavior 强迫（某人）离开；驱逐；开除  
Two senior students have been expelled for cheating on the final exam. 两名大四学生因为在期末考试时作弊而被学校开除。  
Eight Olympic athletes were expelled for drug-taking. 八名奥运会运动员因服用禁药被取消了比赛资格。

**purchase**  
**n.**  
[C, U] (fml.) sth. you buy, or the act of buying it 购买（的东西）  
Advertisers need to learn what will motivate people to make a purchase. 广告商需要了解什么会刺激人们买东西。  
What is the purchase price of the house? 这所房子的购买价是多少？  
**vt.**   
(fml.)  
buy sth. 购买  
The museum is trying to raise enough money to purchase a painting by van Gogh. 这家博物馆正努力筹集资金去购买梵・高的一幅画。

**layer**  
**n. [C]**  
1 a level or rank within an organization or system （组织或体系中的）层，级别，阶层  
There are too many layers of management in the company to make a quick decision. 公司有太多的管理层，无法迅速作出决定。  
2 an amount or piece of a material or substance that covers a surface or that is between two other things 表层；层  
The boys began to dig and were surprised when they discovered a layer of stones. 男孩子们开始挖掘，而且惊讶地发现了一层石块。

**exemplify**  
**vt.**  
1 be a typical example of sth. 作为…的范例；当作…的典型  
Mark Twain’s novel *The Adventures of Tom Sawyer* exemplifies 19th-century life in the United States. 马克・吐温的小说《汤姆・索亚历险记》体现了19世纪美国的生活。  
The room’s style exemplifies her ideal of “beauty and practicality”. 这个房间的风格是体现她“美观且实用”理念的典范。  
2 give an example of sth. 举例说明  
I will exemplify my point with a story. 我将用一个故事来说明我的观点。

**consumer**  
**n.**  
[C] sb. who buys and uses products and services 消费者

**bribe**  
**n.**  
[C] money or a gift that you illegally give sb. to persuade them to do sth. for you 贿赂  
It was said that he always refused to take bribes while in office. 据说他在执政时一直拒绝受贿。  
**vt.**  
illegally give sb., esp. a public official, money or a gift in order to persuade them to do sth. for you 贿赂；收买  
He was bribed into giving secret information of his company to another company. 他被收买而把公司的机密泄露给了另一家公司。  
I tried to bribe my brother into going away for the afternoon by offering him the use of my car. 我试图以把车给弟弟用的名义来收买他，让他下午离开。

**rip**  
**vt.**  
remove sth. quickly by pulling hard 撕掉；扯掉  
Gilly ripped out a sheet of paper from Mary’s notebook to take notes. 吉利从玛丽的笔记本上撕下一页纸记笔记。  
**v.**  
tear sth. or be torn quickly and violently 撕；扯；被撕裂；被扯开  
I ripped my jeans on the fence when I tried jumping over it. 当我试着要跳过栅栏时，我的牛仔裤被撕破了。

**accurate**  
**a.**  
correct and true in every detail 正确的；准确的  
Accurate records about this accident must be kept for further investigation. 必须准确记录这次事故，以便以后进行进一步调查。  
They were accurate in their prediction that he would accept our invitation. 他们的预料真准，他接受了我们的邀请。

**exaggerate**  
**v.**  
make sth. seem better, larger, worse, etc. than it really is 夸大；夸张；言过其实   
Shelly admitted that she did sometimes exaggerate the difficulty of her job. 谢莉承认，她有时候确实夸大了自己的工作难度。  
Don’t exaggerate. I was only two minutes late, not twenty. 不要夸张，我只是迟到了两分钟，不是二十分钟。

**principle**  
**n.**  
1 [C, U] a moral rule or belief about what is right and wrong, that influences how you behave 道德原则；行为准则  
It would be against my principles to lie to my parents about anything. 对父母撒任何谎都是违背我的原则的。  
2 [C] the basic idea that a plan or system is based on 原则；原理；基的观念  
He recommended a textbook which teaches the basic principles of geometry. 他推荐了一本有关几何学基本原理的课本。

**morality**  
**n.**  
[U] beliefs or ideas about what is right and wrong and about how people should behave 道德；道德观  
Unemployment is not the issue; the real problem is the decline in public morality. 失业并不是问题，真正的问题是公众道德水平的下降。

**extensive**  
**a.**  
1 large in size, amount, or degree 广阔的；大量的；大规模的  
Extensive repair work is going to begin soon. 大规模的修缮工作很快就要开始了。  
The flood caused extensive damage. 洪水造成了巨大的损失。  
2 containing or dealing with a lot of information and details 广泛的；全面的  
He tried to impress us with his extensive knowledge of wine. 他试图用他丰富的葡萄酒知识来给我们留下深刻印象。

**facilitate**  
**vt.**  
(fml.) make it easier for a process or activity to happen 促进；使便利  
The development of the Internet greatly facilitates people’s communication. 互联网的发展大大方便了人们之间的交流。  
I wondered what kind of teaching method would facilitate learning better. 我想知道哪种教学方法能更好地促进学习。

**nerve**  
**n.**  
1 (~s) [ pl.] a worried feeling that makes you afraid that you will not be able to do sth. well 精神紧张；焦虑不安；神经质  
Calm your tense nerves by deep breathing, not by having another drink. 用深呼吸来缓解你的紧张不安，而不是再继续喝酒。  
2 [C] 神经

**frustrate**  
**vt.**  
make sb. feel annoyed and impatient by preventing them from doing or getting sth. 阻挠；使烦恼；使灰心  
If you give a child a math problem that is hard to solve, you may frustrate him. 如果你让一个孩子做太难的数学题，你会使他气馁的。

***frustration***  
**n.**  
[C, U] the feeling of being annoyed, upset, or impatient, because you cannot control or change a situation, or achieve sth. 懊丧；懊恼；沮丧  
I was close to tears with frustration, but I held back. 我沮丧得快要哭出来，但我忍住了。

**ultimate**  
**a. (only before noun)**  
1 better, bigger, worse, etc. than all other things or people of the same kind 最出色的；最大的；最糟糕的  
In the war, he gave his life and thereby paid the ultimate price. 他在战争中牺牲了，因此付出了最大的代价。  
2 sb.’s ultimate aim is their main and most important aim, that they hope to achieve in the future （目标等）最终的，首要的  
His ultimate goal at the moment is to go and study out of the country. 现在他的首要目标是去国外读书。  
3 happening at the end of a process or activity 最终的；最后的  
The ultimate outcome of the experiment cannot be predicted. 实验的最后结果无法预测。

**illegal**  
**a.**  
not allowed by the law 违法的  
In some countries, it is illegal to sell tobacco to someone under 16. 在有些国家，出售烟草给16岁以下者是违法的。

**fake**  
**vt.**  
make sth. seem real in order to deceive people 仿造；伪造  
The criminal faked an identity card to avoid investigation, but he was caught eventually. 这名罪犯伪造了一个假身份证来逃避调查，但他最终还是被抓住了。  
**n.**  
[C] a copy of a valuable object, painting, etc. that is intended to deceive people 赝品；假货  
The painting he bought online was proved to be a fake. 他在网上买的这幅画被证实是赝品。  
**a.(usu. before noun)**  
made to look like a real material or object in order to deceive people 伪造的；冒充的  
The bank uses special machines to detect fake money. 银行用特殊的机器来识别假钞。

**browse**  
**v.**  
1 search for information on a computer or on the Internet （在计算机或因特网上）浏览（信息）  
Students browsed the Internet for information on the assigned topic. 学生们浏览互联网以查找与作业题目相关的信息。  
2 look at the goods in a shop without wanting to buy any particular thing （在商店里）随便看看  
The tourists were given enough time to browse around the fashion shops in Paris. 给游客们留出了足够的时间在巴黎逛时装店。  
I enjoy browsing the shops in a big mall. 我喜欢在大型购物中心的商店里逛。  
**vi.**  
look through the pages of a book, magazine, etc. without a particular purpose, just looking at the most interesting parts 随意翻阅；浏览  
On weekends Mike likes to browse through magazines in the library. 周末迈克喜欢在图书馆里浏览杂志。

**locate**  
**vt.**  
1 find the exact position of sth. 找出…的准确位置  
X-rays are used to locate breaks in bones and to treat certain diseases. X光可以用来确定骨折的位置，并用于治疗某些疾病。  
2 (be ~ed in/near, etc. sth.) be in a particular position or place 位于某处/位于某处附近等  
The shopping center is located near the railway station. 这个购物中心位于火车站附近。  
China is located in the east of Asian continent. 中国位于亚洲大陆的东部。

**appropriate**  
**a.**  
correct or suitable for a particular time, situation, or purpose 恰当的；合适的  
Sometimes a gesture that is appropriate in one culture is insulting in another. 有时候一种文化中得体的手势在另一种文化中却被认为具有侮辱性。  
Her bright clothes were not appropriate for this occasion. 她那身鲜艳的衣服不适合这个场合。

**web**  
**n.**  
1 [sing.] (the Web) the World Wide Web 万维网  
2 [C] a net of thin threads made by a spider to catch insects 蜘蛛网

**conscious**  
**a.**  
1 thinking a lot about or concerned about sth. 关注的；有意识的；注重的  
She was very conscious of security. 她非常注重安全。  
2 (not before noun) noticing or realizing sth. 注意到的；意识到的  
Whether we are conscious of it or not, our body language tells what we really feel. 不管我们是否意识到了这一点，我们的肢体语言传达了我们的真正感受。  
3 awake and able to understand what is happening around you 清醒的；有知觉的；神志清醒的  
When I first woke up and became conscious again, I didn’t remember anything about the accident. 当我刚醒过来、恢复意识的时候，我一点也不记得那场事故了。

**cope**  
**vi.**  
succeed in dealing with a difficult problem or situation （成功地）应付，对付  
She coped very well as a CEO while still taking care of her 3-year-old daughter. 她既当首席执行官，又要照顾3岁的女儿，两样她都干得非常好。  
She feared that she couldn’t cope with newborn twin babies. 她担心自己无法应付刚出生的双胞胎宝宝。

**plagiarism**  
**n.**  
[U] when sb. uses another person’s words, ideas, or work and pretends they are their own 剽窃；抄袭  
More than half of the teachers in the survey said they thought plagiarism from the Internet was a serious offense. 在这项调查中，超过半数的老师认为剽窃网上的资源是严重的侵权行为。

**software**  
**n.**  
[U] the sets of programs that tell a computer how to do a particular job （计算机）软件

**plagiarize**  
**v.**  
take words or ideas from another person’s work and use them in your work, without stating that they are not your own 剽窃；抄袭  
He plagiarized most of the book. Now he must suffer the consequences for his dishonesty. 他剽窃了那本书里的大部分内容。现在他必须为自己的不诚实承担后果。

**launch**  
**vt.**  
1 start sth., usu. sth. big or important 发动；发起；开始进行  
The company decided to launch a new advertisement campaign to increase the sales. 公司决定开展新的广告宣传活动来提高销售额。  
2 make a new product, book, etc. available for sale for the first time 把（新产品、新书等）投放市场；出版；发行  
The company announced it will launch a new version of its software in January. 该公司宣布将在1 月份将其新版软件投放市场。  
3 send a weapon or spacecraft into the sky or into space 发射（武器或宇宙飞船）  
We have succeeded in launching several communications satellites. 我们已经成功发射了几颗通信卫星。

**campaign**  
**n. [C]**  
1 a series of actions intended to achieve a particular result relating to politics or business, or a social improvement 运动；（宣传）活动  
The community has started a campaign against smoking in public. 该社区开展了一项禁止在公共场所吸烟的活动。  
2 a series of battles, attacks, etc. intended to achieve a particular result in a war 战役  
This victory was the turning point of the campaign. 这场胜利是整个战役的转折点。

**eliminate**  
**vt.**  
1 get rid of sth. that is not wanted or needed 消除；剔除；根除  
We are taking all measures within our power to eliminate violence. 我们正在采取我们力所能及的一切措施来消除暴力。  
You have to eliminate all mistakes from the essay before you hand it in. 在把论文交上去之前，你必须把所有的错误都改掉。  
2 (usu. passive) remove sb. from a competition or election （在比赛或竞选中）淘汰  
I was eliminated from the 400 meters in the semifinal. 我在400 米半决赛中被淘汰。

**attach**  
**vt.**  
fasten or connect one object to another 系；绑；贴；固定；连接；附上  
I’ll attach a copy of the document for your reference. 我会附上一份文件供你参考。  
The workers at the airport attach labels to the passengers’ luggage. 机场工作人员把标签贴在乘客的行李上。

***attached***  
**a.**  
joined or fixed to sth. 连接的；附加的  
To apply for this position, please complete the attached form. 要申请这个职位，请填写附带的表格。

**satisfactory**  
**a.**  
good enough to be accepted in a particular situation 令人满意的  
The results of the operation were quite satisfactory; both the patient and his family were happy. 手术结果令人十分满意，病人和家属都很高兴。  
a satisfactory answer/solution 令人满意的回答/解决方法

**confront**  
**vt.**  
1 accuse sb. of doing sth., esp. by showing them the proof 对质；当面对证  
I confronted him with my suspicions, and he admitted everything. 我当面向他提出自己的怀疑，他承认了一切。  
2 face sb. so that they cannot avoid seeing and hearing you, esp. in an unfriendly or dangerous situation 面对；对抗；与（某人）对峙  
Opening the door, he found himself confronted by a dozen policemen with guns. 当他打开门时，他发现十几名警察正拿着枪对着他。  
3 deal with a difficult situation 正视；处理；面对  
The teacher is helping the students confront their problems in the course of study. 老师正在帮学生解决他们在学习过程中所遇到的问题。

**reveal**  
**vt.**  
make known sth. that was previously secret or unknown 揭示；揭露；透露  
Many women do not want to reveal their true age in front of others. 很多女性不愿意在别人面前透露自己的真实年龄。

**applaud**  
**vt.**  
(fml.) express strong approval of an idea, plan, etc. 称赞；赞许  
We all applaud the authority’s decision to move the chemical factory to the suburbs. 我们都赞同当局把化工厂搬到郊区的决定。  
**v.**  
hit your open hands together, to show that you have enjoyed a play, concert, speaker, etc. （为…）鼓掌  
The president was applauded repeatedly during his 40-minute speech. 在总统40分钟的演讲过程中掌声不断。

**awareness**  
**n.**  
[U] knowledge or understanding of a particular subject or situation 认识；意识  
Environmental awareness has increased over the years. 这些年来，人们的环境意识增强了。  
Adjusting to another culture requires a great deal of personal awareness and patience. 适应另一种文化需要很强的个人意识和很多耐心。

**imply**  
**vt.**  
suggest that sth. is true, without saying this directly 暗示；暗指  
If you know him a lot, you may figure out the meaning he implied in his statement. 如果你很了解他的话，你就会听出他话中隐含的意思。

**absolute**  
**a.**  
1 true, correct, and not changing in any situation 绝对的；不会改变的  
You have absolute right to refuse to comment on this issue. 你有拒绝对此事发表看法的绝对权利。  
He taught us that the laws of physics were absolute. 他教导我们说，物理定律是不会改变的。  
2 complete or total 完全的；纯粹的  
I have absolute confidence in myself, for I’ve been working really hard. 我对自己完全有信心，因为我一直非常努力。  
What he said was absolute nonsense. 他所说的简直就是废话。  
3 (only before noun) (esp. BrE) used to emphasize your opinion about sth. or sb. 十足的；绝对的  
How did you do that? You are an absolute genius! 你是怎么做到的？你简直就是个天才！

**induce**  
**vt.**  
(fml.) persuade sb. to do sth., esp. sth. that does not seem wise 劝诱；诱导  
The salesman induced her to buy the vacuum cleaner which she didn’t really need. 推销员劝诱她买下了这台她并不真正需要的吸尘器。

**descend**  
**v.**  
(fml.) move from a higher level to a lower one 下来；下降；走下  
The plane took off in Shanghai; two hours later, it started to descend in Xi’an. 飞机从上海起飞，两个小时后开始在西安降落。

**chaos**  
**n.**  
[U] a situation in which everything is confused and in a mess 混乱；紊乱；无序状态  
The serious earthquake caused widespread chaos throughout the region. 大地震在整个地区引起了大范围的混乱。  
bring/cause/create chaos 带来/引起/制造混乱  
total/complete/utter chaos 完全的混乱

**affirmative**  
**a.**  
1 (fml.) positive 积极的；乐观的  
The local government has adopted an affirmative approach to the racial problem. 当地政府已经采取积极的方法来解决种族问题。  
2 showing that you mean “yes” 肯定的  
When I asked him whether he would come to my birthday party, he gave me an affirmative reply. 我问他是否来参加我的生日派对时，他给了我肯定的答复。

**durable**  
**a.**  
1 continuing for a long time 持久的  
Finding a durable solution will not be easy. 找到一劳永逸的解决办法不是件容易的事。  
2 staying in good condition for a long time, even if used a lot 耐用的   
This material is thin and light, inexpensive to make and quite durable. 这种材料又薄又轻，成本低廉，还相当耐用。

**Phrases and expressions**

**turn in**  
(BrE **hand in**) give a piece of work you have done to a teacher, your employer, etc. 上交  
I can’t go to movies with you. I have an assignment to turn in tomorrow. 我不能和你去看电影我明天还有作业要交呢。

**not to mention sth.**  
used to introduce an additional thing that makes a situation even more difficult, surprising, interesting, etc.更不用说某事了  
He owns a lot of property in New York, not to mention several luxurious cars. 他在纽约有很多财产，更不必说拥有好几辆豪车了。

**rip off**(infml.)  
1 steal sth. 盗窃  
He walked into the store and ripped off a pair of gloves. 他走进商店，偷了一副手套。  
2 charge sb. too much money for sth. 敲…的竹杠  
Tourists are worried they’ll get ripped off. 游客们担心被敲竹杠。

**if this/that is the case**  
used to describe what you will do, or what will happen, as a result of a particular situation or event 如果是这样/那样的话  
He said he did not come because he had a family emergency. If that’s the case, I will apologize to him for my harsh words. 他说他没来是因为家里出了急事。如果是那样的话，我会为我说了那些伤人的话而向他道歉。

**cope with**  
deal successfully with sth. difficult （成功地）对付，处理  
To my delight, he was able to cope with the stress of his study. 令我高兴的是，他能够应对学习上的压力。  
She feared that she couldn’t cope with newborn twin babies. 她担心自己无法应付刚出生的双胞胎宝宝。

**launch a campaign**  
plan, organize, and begin a campaign 发起一场运动

**make a complaint about sth.**  
complain formally about sth. 因…提出投诉

**the good old days**  
an earlier time in your life, or in history, when things seemed better than now 过去的好日子  
People frequently say they miss the good old days, for then people were more honest. 人们经常说他们怀念过去的好时光，因为那时候人们更诚实些。

**be confined to sb./sth.**  
exist in or affect only a particular place or group 限于某人/某事  
For human beings, the hunger for liberty is strong, and it is not confined to any time or place. 人类对自由的渴望是非常强烈的，并不受任何时间或地域的限制。

**descend into**  
if a situation descends into a certain bad state, it becomes bad 陷入…状况  
A government that represents the will of the people will not let the country descend into chaos. 一个代表民意的政府不会让国家陷入无序状态。

**7-B**

**New words**

**element**  
**n. [C]**  
1 one part or feature of a whole system, plan, piece of work, etc., esp. one that is basic or important 基本部分；要素  
The most important element that separates ordinary photographs from good photographs is the lighting. 区分一般的照片与好照片的首要因素是光线。  
2 a simple chemical substance such as carbon or oxygen that consists of atoms of only one kind 元素  
Carbon is an element while carbon dioxide is a compound. 碳是一种（化学）元素，而二氧化碳则是一种化合物。

**lump**  
**vt.**  
(~ it) (infml.) accept a situation or decision you do not like because you cannot change it 无奈地接受；勉强同意  
Jim will be sleeping in the living room and will have to lump it. 吉姆将睡在客厅里，他不乐意也没办法。  
**n. [C]**  
1 a small piece of sth. solid, without a particular shape （不定形的）块  
Their daily diet consisted of a lump of butter and some bread. 他们的日常饮食包括一块黄油和一些面包。  
2 a small hard swollen area that sticks out from sb.'s skin or grows in their body, usu. because of an illness (身体上的）肿块  
He found a lump in his left chest. 他发现左胸有个肿块。

**inhabitant**  
**n.**  
[C] one of the people who live in a particular place 居民  
Thanks to the soldiers, all the inhabitants of the village had moved out before the flood came. 多亏了这些军人，村子里的所有居民在洪水到来之前都转移出去了。

**encounter**  
**vt.**  
1 experience sth., esp. problems or opposition 遇到，遭遇（尤指问题或反对）  
Prepare yourself for difficulties you will encounter when you move to another culture. 当你移居到另一种文化中时，你需要为你将会遇到的困难作好准备。  
2 meet sb. without planning to 偶然碰到（某人）  
I first encountered my wife when studying at Cambridge. 我第一次遇见我的妻子是在剑桥读书时。  
**n. [C]**  
1 an occasion when you meet or experience sth. 遭遇；经历  
I had a frightening encounter with a poisonous snake. 有一次，我突然遇到一条毒蛇，吓得我要命。  
2 an occasion when you meet sb., or do sth. with sb. you do not know 相遇；邂逅  
This meeting will be the first encounter between the party leaders since the election. 这次会议将是选举后双方正当领导人的第一次会晤。

**automatic**  
**a.**  
1 done without thinking, esp. because you have done the same thing many times before 不自觉的；无意识的；不假思索的  
She knew the lesson very well, so her answers to the teacher’s questions were automatic. 她对这一课非常熟悉，所以她不假思索就能回答老师的提问。  
2 (of a machine, device, etc.) having controls that work without needing a person to operate them 自动的；自动化的   
Modern subway trains have automatic doors. 现代地铁列车装有自动门。

**bump**  
**vt.**  
hit sth., esp. a part of your body, against or on sth. （尤指身体部位）碰上，撞上  
The roof was so low that he bumped his head. 房顶很低，他都撞到头了。  
**n.**  
[C] an area of skin that is raised because you have hit it on sth. （撞击造成的）肿块  
She got a bump on her head when she fell down, but fortunately she wasn’t seriously hurt. 她跌倒了，头上撞了个包，所幸她伤得不重。

**prompt**  
**vt.**  
1 make people say or do sth. as a reaction 引起；激起  
Without being prompted, she began to apologize for her son’s misbehavior. 不用别人催促，她就开始为儿子的不当行为道起歉来。  
2 make sb. decide to do sth. 促使；激励  
The desire to look good has prompted women to invest in beauty products. 爱美的愿望促使女性花钱购买美容产品。  
**a.**  
done quickly, immediately, or at the right time 迅速的；立刻的；及时的  
The prompt action of the firemen saved the people in the house. 消防队员及时行动，拯救了房子中的人们。

**chase**  
**n.**  
[C] the act of following sb. or sth. quickly in order to catch them 追逐；追赶；追捕  
His cat ran out of the house. He caught it after a long chase. 他的猫跑出了屋子。他追了很久才逮住它。  
**v.**  
quickly follow sb. or sth. in order to catch them 追逐；追赶；追捕  
He chased after the thief for three blocks and caught him. 他追那个小偷追了三个街区，然后抓住了他。  
The movie star was chased by entertainment journalists as she took her son to school. 这位电影明星在送她儿子上学时被娱乐记者们紧追不舍。

**reluctant**  
**a.**  
slow and unwilling 勉强的；不情愿的  
The secretary was very reluctant to get involved in this sort of thing. 那位秘书很不愿意被卷入这类事情。

**elevator**  
**n.**  
[C] (BrE **lift**) 电梯

**switch**  
**v.**  
change from doing or using one thing to doing or using another 转换；转变；改变  
The law encourages companies to switch from coal to cleaner fuels. 这项法令鼓励企业转用比煤更加清洁的能源。  
He switched the desk lamp on before he sat down to read the newspaper. 他打开台灯, 然后坐下来读报。  
**n.**  
[C] a piece of equipment that starts or stops the flow of electricity to a machine, light, etc. when you push it 开关；电闸  
When it was dark, she wanted to turn on the light, but she couldn’t find the switch. 夜幕降临，她想打开灯，但是却找不到开关。

**beep**  
**v.**  
if a car horn beeps or if you beep your car horn, it makes a loud noise （使）汽车喇叭鸣响；按响  
He beeped the horn, signaling to us to get out of his way. 他按响了喇叭，示意我们给他让路。  
The microwave beeps to let you know when it has finished. 微波炉烹饪完毕时会发出哔哔声提醒你。

**horn**  
**n.**  
[C] the thing in a vehicle that you use to make a loud sound as a signal or warning （车辆的）喇叭

**subway**  
**n.**  
[C] (BrE **underground**) a railway that goes under the ground 地铁  
You may take the subway to the airport. 你可以乘地铁去机场。

**herd**  
**n. [C]**  
1 a large group of people of the same type 人群  
The star was surrounded by a herd of autograph seekers. 那位明星被一群索要签名的人围住了。  
2 a group of animals of one kind that live and feed together 兽群；牧群  
He advised them to take the herd of cattle up into the mountain forest. 他建议他们把牛群带到山林里。

**commute**  
**vi.**  
regularly travel a long distance to get to work 长途上下班；通勤  
I have to commute to London every day. 我每天都要长途乘车去伦敦上班。

***commuter***  
**n.**  
[C] sb. who travels a long distance to work every day 每天长途上下班的人；通勤者  
The number of commuters in such big cities as Shanghai has been increasing over the years. 在像上海这样的大都市，通勤者的人数在逐年递增。

**elbow**  
**vt.**  
push sb. with your elbows, esp. in order to move past them 用肘挤开（某人）  
In the school dining room, both boys and girls elbowed one another out of the way. 在学校食堂，男女生们相互推搡着挤来挤去。  
**n.**  
[C] the joint where your arm bends 肘  
He leaned on his elbows and looked out of the window. 他用双肘撑起身子，向窗外看去。

**intimidate**  
**vt.**  
frighten or threaten sb. so that they will do what you want 恐吓；威胁  
Teachers who are much too strict often intimidate young children. 太严厉的老师常常会使年幼的孩子们感到害怕。  
During the debate, he could hardly speak anything with ease and confidence as usual because he was intimidated by his opponent’s power and prestige. 在辩论中他几乎不能与往常一样自信得侃侃而谈，因为他被对手的权力和威望吓倒了。

**pregnant**  
**a.**  
having an unborn baby growing inside the body 怀孕的；妊娠的

**nuisance**  
**n.**  
[C, usu. sing.] a person, thing, or situation that annoys you or causes problems 讨厌或麻烦的人/事物/情况  
What a nuisance! It seems the rain will never stop. 真讨厌！雨像是不会停了。  
The young boy was a nuisance to other guests as his parents let him run around in the restaurant. 那个小男孩的父母任其在餐厅里乱跑，令其他顾客讨厌。

**trend**  
**n.**  
[C] a general tendency in the way a situation is changing or developing 趋势；趋向；倾向  
The trend that many Chinese people study in an English-speaking country has grown considerably in recent years. 近年来，很多中国人去英语国家留学的这一趋势大幅增强。

**traditional**  
**a.**  
relating to or based on very old customs, beliefs, or stories 传统的；基于传统的  
This is one of the important changes from a traditional society to a modern society. 这是从传统社会走向现代社会的一项重要转变。  
traditional customs/beliefs/methods 传统的习俗/信仰/方法

**minor**  
**a.**  
small and not very important or serious, esp. when compared with other things 小的；不很重要的；不很严重的  
If we continue to argue over minor points, we will never find a solution. 如果我们继续在小细节上争论不休，我们永远都不会找到解决的办法。

**ignorant**  
**a.**  
1 (BrE) (spoken) rude or impolite 粗鲁的；不礼貌的  
He was rather ignorant and made a lot of noise when the movie was going on. 他很没礼貌，在电影放映时弄出很大的响声。  
2 not knowing facts or information that you ought to know 无知的；愚昧的  
The author told us his experience of growing from a poor and ignorant boy into a successful writer. 作者向我们讲述了他从一个贫穷无知的男孩成长为一名成功作家的经历。

**counsel**  
**vt.**  
1 listen and give support to sb. with problems 忠告；辅导  
Mark is a psychologist who counsels people with eating disorders. 马克是位为饮食失调症患者提供咨询的心理学家。  
2 (fml.) advise sb. 建议  
He counseled his daughter on all aspects of her career. 他为他女儿的职业生涯提供全方位的建议。

***counselor***  
**n.**  
[C] (BrE **counsellor**) a person whose job is to help and support people with problems 顾问；辅导员  
a marriage / stress counselor 婚姻指导顾问/心理压力顾问

**disgraceful**  
**a.**  
bad, embarrassing, or unacceptable 可耻的；丢脸的；很差劲的  
He who cares little about his parents’ feelings is a disgraceful son. 不顾父母感受的儿子是一个很差劲的儿子。

**insult**  
**n.**  
[C] a remark or action that is offensive or deliberately rude 辱骂；侮辱；冒犯  
Don’t take it as an insult if I go to sleep during your speech; I’m so tired. 如果我在你演讲的时候睡着了，不要认为我在冒犯你，我实在是太累了。  
**vt.**  
offend sb. by saying or doing sth. they think is rude 侮辱；冒犯  
In some cultures, you will insult your host if you do not accept his offer of food. 在有些文化中，如果你不接受主人给你的食物，那对他来说是一种侮辱。

**target**  
**n. [C]**  
1 an object, person, or place that is deliberately chosen to be attacked （攻击的）目标，对象  
The village lies beside a main road, making it an easy target for thieves. 村子坐落在大路边上，很容易成为小偷偷窃的对象。  
2 sth. that you are trying to achieve （试图达到的）目标，指标  
China has been committing itself to achieving the targets of sustainable development of the economy. 中国一直以来致力于实现经济持续发展的目标。  
3 sth. that you practice shooting at, esp. a round board with circles on it （射击的）靶子  
He missed the target only once yesterday. 昨天他只有一次脱靶。

**staff**  
**n.**  
[sing., U] the people who work for a particular company, organization, or institution 全体职员；员工；全体工作人员  
It is a small hospital with a staff of just over 100. 这是一家小医院，只有一百多名员工。

**hostile**  
**a.**  
angry and deliberately unfriendly toward sb., and ready to argue with them 怀有敌意的；敌对的；不友善的  
You might be faced with some people’s hostile criticism, but be optimistic. 你可能会遇到一些人的恶意攻击，但是要乐观。

**threaten**  
**vt.**  
1 tell sb. that you might or you will cause them harm, esp. in order to make them do sth. 威胁；恐吓  
He became angry and threatened to take them to court. 他愤怒了，威胁说要把他们告上法庭。  
He threatened that he would give away the secret of the company to its rival. 他威胁说要把秘密泄漏给公司的竞争对手。  
2 be likely to harm or destroy sth. 威胁到；危及  
Severe pollution in that area has begun to threaten people’s health. 那个地区严重的污染已经开始危及人们的健康。

***threatening***  
**a.**  
showing or saying that sb. is likely to do sth. that will harm you 威胁（性）的；恐吓（性）的  
The criminal was arrested for his threatening behavior. 这个罪犯因其恐吓行为而被逮捕。

**agency**  
**n. [C]**  
1 an organization or department, esp. within a government, that does a specific job 机构；（尤指政府内的）局，部，处  
The UN agency is responsible for helping refugees. 该联合国机构负责救助难民。  
2 a business that provides a particular service for people or organizations 代办处；代理处；经销处；中介处  
Advertising agencies help create and place advertisements in a variety of media. 广告代理商帮助制作并在各种媒体上投放广告。

**perceive**  
**vt.**  
1 (fml.) notice, see, or recognize sth. 察觉；注意到；发觉  
They perceived there was no better way out of the crisis. 他们发现没有更好的办法能帮助他们摆脱危机。  
2 understand or think of sth. or sb. in a particular way （以某种方式）看待，理解  
The program can only be successful if the students perceive training as an important part. 只有学生把培训看成是重要的一部分，这个计划才会成功。

**offensive**  
**a.**  
very rude or insulting and likely to upset people 无礼的；冒犯的；令人恼火的  
Sandy’s father could not stand her offensive response, so he asked her to make an apology for it. 桑迪的爸爸无法忍受她无礼的回答，所以让她就此道歉。

**verbal**  
**a.**  
1 relating to words or using words 与言辞有关的，用言辞的；文字上的  
Each culture has its own rules about verbal and nonverbal communication. 每种文化都有其关于语言交流和非语言交流的规则。  
2 spoken rather than written 口头的；非书面的  
They had a verbal agreement to give their children ￡200 every month for books and snacks. 他们达成口头协议，每月给孩子们200英镑买书和零食。

**slap**  
**vt.**  
hit sb. with the flat part of your hand 用巴掌打；掴  
He has already forgiven the person who slapped him on the face. 他已经原谅了那个曾打他耳光的人。  
**n.**  
[C] a quick hit with the flat part of your hand 一巴掌；一掴  
She gave him a slap on the back to stop his coughing. 她在他的背上拍了一下，想止住他的咳嗽。

**curse**  
**vi.**  
use offensive or impolite language 咒骂；诅咒  
In a traffic jam, people may curse the planners for not having built a five-lane highway. 遇到交通堵塞，人们会咒骂那些规划者为什么当时不建五车道的公路。  
**n.**  
[C] an offensive or very impolite word or phrase 骂人的话；咒骂  
When his boss said “You’re fired!” to him, a curse came out of Jerry’s mouth. 当杰里的老板对他说“你被解雇了”时，杰里脱口骂了一句。

**complaint**  
**n.**  
[C, U] a written or spoken statement in which sb. says they are not satisfied with sth. 投诉；意见  
He claimed that the taxi driver overcharged him by $10, and decided to make a complaint. 他声称出租车司机多收了他10美元，并且决定要投诉。

**punch**  
**vt.**  
hit sb. or sth. hard with your fist 用拳猛击  
He had a bad quarrel with Jack and punched him on the face. 他和杰克大吵了一架，并且一拳打在了杰克的脸上。  
**n.**  
[C] a quick strong hit made with your fist 重拳猛击；揍  
His eyes were shining with anger and he almost threw a punch at his friend. 他的眼里充满了愤怒，几乎就要挥拳打他的朋友了。

**utility**  
**n.**  
1 [C, usu. pl.] a service such as gas or electricity provided for people to use 公用事业（如煤气、电力等）  
Does the rent include utilities? Otherwise, it’s too high. 租金包括公共事业费吗？否则的话，租金就太高了。  
2 [U] the quality of being useful, or the degree to which sth. is useful 效用；实用  
A fur coat has more utility in winter than a sweater. 毛皮大衣在冬天比毛衣更有用。

**executive**  
**n.**  
[C] a manager in an organization or company who helps make important decisions 主管；经理

**temper**  
**n.**  
1 [C, U] a tendency to become angry suddenly or easily 坏脾气；暴躁脾气  
We understood her bad temper because we knew that her father’s illness had put her under great stress. 她脾气不好我们能理解，因为我们知道她父亲的病让她承受了很大的压力。  
2 [sing., U] the way you are feeling at a particular time, esp. when you are feeling angry for a short time 情绪；心情；怒气  
Her boss would fly into a temper if a project wasn’t done on time. 如果项目没有按时完成，她的老板就会大发雷霆。

**norm**  
**n.**  
1 [C] the usual or normal situation, way of doing sth., etc. 标准；准则；规范  
Working at home is becoming the norm for many employees. 在家办公正在成为很多雇员的工作方式。  
2 (~s) [pl.] generally accepted standards of social behavior 社会准则  
Everyone should abide by our social norms. 我们每个人都应该遵守我们的社会行为规范。

**random**  
**a.**  
happening or chosen without any definite plan, aim, or pattern 随意的；任意的；随机的  
The survey used a random sample of 500 tourists. 这项调查随机抽取了500名游客进行抽样调查。

**compassionate**  
**a.**  
feeling sympathy for people who are suffering 充满怜悯同情的  
You should be compassionate to those who cannot help themselves and need the help of others. 你应该同情那些无法自助而需要别人帮助的人。

**volunteer**  
**v.**  
offer to do sth. without expecting any reward, often sth. that other people do not want to do 自愿（做某 事）；自告奋勇；自愿效劳  
Thirty people volunteered for our survey, and the survey was completed without any difficulty. 三十个人自愿参加了我们的调查，因此这项调查完成得很顺利。  
**n.**  
[C] sb. who does a job willingly without being paid 志愿者；自愿参加者  
This is a huge project, but we have a lot of volunteers helping with the most difficult work. 这是个大项目，但是我们有很多志愿者帮我们分担最困难的工作。

**optimistic**  
**a.**  
believing that good things will happen in the future 乐观的；乐观主义的  
Some people worry about the future while the more optimistic people look forward to it. 有些人对未来感到忧心忡忡，但是比较乐观的人会期待未来。  
I’m not optimistic about my chances of getting the job. 我对获得这份工作不抱希望。

**prevail**  
**vi. (fml.)**   
1 be the strongest influence or element in a situation 占优势；占上风  
Not surprisingly, good prevails over evil in this film. 毫不奇怪，在这部影片中正义最终战胜了邪恶。  
2 exist at a particular time or in a particular situation 存在；盛行；流行  
Government is making great efforts to prevent the disease from prevailing in the country. 政府正在努力防止这种疾病在全国范围

**Phrases and expressions**

**mind one’s own business**  
(spoken) used for telling sb. rudely that you are not going to tell them about sth. because it does not affect or involve them 别管闲事  
Mind your own business. My affairs have nothing to do with you. 别管闲事。我的事与你无关。

**out of the way**  
if sb. or sth. is out of the way, they are somewhere where they are not likely to cause a problem, need attention, be annoying, etc. 不碍事  
Look out! A truck’s coming! Get out of the way. 当心！卡车来了，快闪开!

**crop up**  
happen or appear suddenly and in an unexpected way (突然) 发生，显现  
Problems will crop up and hit you before you are ready. 问题会突然冒出来，让你措手不及。

**cut in line**  
(AmE) unfairly go in front of other people who are waiting to do sth. 插队  
It’s rude to cut in line in any situation. People should wait in line. 在任何情况下插队都是不礼貌的。大家应该排队等候。

**give chase**  
(fml.) follow sb. quickly in order to catch them 追赶  
The police gave chase to the speeding car. 警方追赶那辆超速的汽车。

**play a role in (doing) sth.**  
play a part in (doing) sth. 在某事中起某种作用

**correspond with**  
be connected or related to sth. 相联系；相关  
In machine code, one instruction corresponds directly with one operation of the computer. 在机器编码中，一个指令直接对应于计算机的一次操作。

**cut both ways**  
1 affect both sides of sth., as two parties in an argument, etc. 对双方具有同等或同样的效果  
This publicity cuts both ways. It focuses on us as well as on them. 这次宣传对双方都有影响，既影响我们也影响他们。  
2 have both good and bad effects有利有弊  
Their solution will cut both ways and we have to think twice. 他们的解决方案有利有弊，我们要三思而后行。

**in a … fashion**  
in a particular way 以…的方式  
He behaved in a strange fashion after he failed to get a raise. 他自从没有得到加薪后就表现得怪怪的。

**go beyond sth.**  
be much better, worse, more serious, etc. than sth. else 超出；超过  
We must go beyond imitation and promote innovation. 我们必须跨越模仿阶段，鼓励创新。

**all but**  
everything or everyone except sth. or sb. 除…外全部

**get lost**  
(spoken) used for telling sb. rudely to go away 滚开；别来烦我  
Get lost! I don’t want to see you anymore. 别来烦我！我不想再见到你。

**live with**  
accept a difficult situation that is likely to continue for a long time 忍受；容忍  
Whether you like it or not, you will have to live with the new tax law. 不管你喜欢与否, 你都得接受这个新税法。

**show up**  
1 be easy to see or notice 显露；显现出来  
Cultural differences can show up when we invite a foreigner to our home. 我们请外国人到家里来做客的时候，文化差异就会显现出来。  
2 (infml.) arrive, esp. at the place where sb. is waiting for you 到达  
Only 30 members showed up for the yearly meeting. 只有30个会员出席了这次年会。

**pass sth. on to sb.**  
give sb. sth. that sb. else has given you 传递（某物）  
Much of the discount is pocketed by retailers instead of being passed on to customers. 折扣的大部分进了零售商的腰包，而顾客并没有得到实惠。

**point to**  
mention sth. because you think it is important 提到  
The driver didn’t point to any particular reason for the accident. 对于那场事故，那位司机没有提到任何具体的原因。

**a variety of sth.**  
a lot of things of the same type that are different from each other in some way 种种  
Students are offered a wide variety of courses in this college. 这个学院为学生开设了各种各样的课程。  
People learn English for a variety of reasons. 人们出于各种各样的原因而学习英语。

**8-A**

**New words**

**gender**  
**n.**  
[C, U] the fact of being male or female 性别  
Some research tells us that between ages two and five, children become aware of gender. 有研究告诉我们，孩子在2岁到5岁之间开始对性别有所认识。

**variable**  
**n.**  
[C] sth. that may be different in different situations, so that you cannot be sure what will happen 易变的事；可变因素  
With so many variables, the exact cost of this experiment is difficult to estimate. 有这么多可变因素，这项实验的确切成本难以估算。  
**a.**  
likely to change often 易变的；多变的  
These charges and interest rates are variable and the Bank reserves the right to change them. 这些费用和利率是可变的，本银行保留更改的权利。

**contradiction**  
**n.**  
[C] a difference between two statements, beliefs, or ideas about sth. that means they cannot both be true 矛盾；不一致  
It is a contradiction to say you support him but would not vote for him in the election. 你说你支持他，但选举时又不会选他，这是自相矛盾的。

**intimate**  
**a.**  
having an extremely close friendship 亲密的；密切的  
Katie has been on intimate terms with Jane since college. 凯蒂从大学开始就和简关系亲密。

**magnetic**  
**a.**  
1 able to attract and interest people very strongly 有吸引力的；有魅力的  
His magnetic personality made him an influential political figure. 他富有魅力的个性使他成为了一位有影响力的政治人物。  
2 capable of attracting iron objects 有磁性的；有磁力的  
The magnetic bulletin board has become the children’s favorite, on which they often display their creative drawings. 磁性公告板成为孩子们的心爱之物。他们经常在上面展示自己 富有创造力的画作。

**sensitive**  
**a.**  
1 able to understand other people’s feelings and problems 善解人意的；体恤的  
Her own experiences had made her sensitive to other people’s troubles. 她的个人经历使她懂得体恤别人的难处。  
2 easily upset or offended by events or things that people say 敏感的；容易生气的  
After their own defeat, people in this country are sensitive about the topic of war. 战败后，这个国家的人们对战争的话题很敏感。  
Throughout her career she remained very sensitive to criticism. 在她整个职业生涯中，她总是对批评很敏感。

**deliberate**  
**a.**  
intended, not done by chance or by accident 故意的；有意的；蓄意的  
Obviously, it was more of a deliberate crime than an accident. 很显然, 这与其说是一场事故，不如说是蓄意犯罪。

**comparison**  
**n.**  
[C, U] the process of considering how things or people are similar and how they are different 比较  
Comparison with his previous movies shows how Lee has developed as a director. 比较一下他先前拍摄的电影，就可以看到李作为一名导演的成长历程。  
The weather in Shanghai these days are very changeable in comparison with the same period last year. 和去年同时期相比，这些天上海的天气极其多变。

**ritual**  
**n. [C, U]**   
1 sth. that you do regularly and always in the same way 例行公事；老规矩；老习惯  
I start to read English aloud first thing after I get up in the morning and that has become a ritual. 我早晨起床后第一件事就是开始朗读英语，这已成为习惯。  
2 a formal ceremony 正式仪式；典礼  
The shift change between groups of officers assigned to guarding the palace is a solemn ritual. 负责守卫宫殿的卫士之间的换岗是一项庄严的仪式。

**motion**  
**n.**  
1 [U] the process or action of moving 运动；移动  
He invented a camera which could take pictures of people and animals in motion. 他发明了一种可以拍摄移动中的人和动物的照相机。  
Pull this handle to set the machine in motion. 拉这个把手来把机器发动起来。  
2 [C] a single movement of your hand or head, esp. one made in order to communicate sth. （手或头的）示意动作；手势  
He asked me to step forward with a motion of his hand. 他打了个手势要我走到前面去。

**sequence**  
**n. [C, U]**   
1 a set of related things that happen or are arranged in a particular order 一连串；连续  
The police asked the witness to describe the sequence of events that evening. 警方让目击者描述一下那晚发生的一连串事件。  
2 the order in which a set of things happens or is arranged 顺序；次序；先后  
The keys have to be turned in a particular sequence to open the safe. 要按照特定顺序转动钥匙才能打开保险箱。

**deficiency**  
**n. [C, U]** (fml.)   
1 a lack of sth. that is necessary 不足；缺乏  
Women suffering from iron deficiency can take supplements in the form of tablets. 缺铁的女性可以通过服用营养片来进行补充。  
2 a weakness or fault in sth. 缺点；毛病  
If students don’t study their lessons as they were told, deficiencies will show up quickly when they take an exam. 学生们如果不按要求学习课程，那么考试的时候他们的不足马上就会暴露出来。

**narrative**  
**n.**  
[C] (fml.) a description of events in a story, esp. in a novel 叙述；记叙  
There is nothing remarkable about the narrative, which is about a traditional love triangle. 故事讲述的是老套的三角恋，没有什么特别出彩的地方。

**retreat**  
**vi.**  
1 move away from sb. or sth. 后退；离开；退避  
A firefighter tried to get into the burning house, but he was forced to retreat by the intense heat. 一名消防员试图冲进燃烧的屋子里， 但却因为巨大的热浪而不得不退了回来。  
2 move away from the enemy after being defeated in battle 撤退  
The enemy retreated to the mountains. 敌人撤退到了山里。

**steer**  
**v.**  
control the direction in which a vehicle moves 掌舵；驾驶  
Our garage door isn’t very wide and it’s quite difficult to steer the car through it. 我们的车库门不是很宽，要把车开进去有点儿困难。  
**vt.**  
guide sb.’s behavior or the way a situation develops 引导；指导  
He managed to steer the conversation away from his divorce. 他设法把话题从他的离婚事件上引开。

***steering***  
**n.**  
[U] the parts of a car, boat, etc. that allow you to control its direction （汽车、船等的）转向装置，操纵装置  
The driver was accused of running red lights and crossing hands on the steering wheel. 那个司机被指控闯红灯以及双手交叉着握方向盘。

**intact**  
**a.**   
(not before noun) not broken, damaged, or spoiled 完好无损的；未受损伤的  
The tornado destroyed our garden but left our house intact. 龙卷风毁坏了我们的花园，但是我们的房子却完好无损。

**mission**  
**n. [C]**  
1 an important job that sb. has been given to do, esp. when they are sent to another place 重要任务；使命  
Apollo 17 was the final mission of the United States’s Apollo lunar landing program. 阿波罗17 号是美国阿波罗登月计划中的最后一次任务。  
2 sth. that you feel you must do because it is your duty 职责；天职；使命  
Her work at the charity organization was more than just a job; she made it her mission in life. 她在慈善机构的工作不仅仅是一份工作，她把它看成自己的人生使命。

**evident**  
**a.**  
easy to see, notice, or understand 明显的；明白的  
From the look on Jill’s face it was evident that the news came as a complete shock. 从吉尔脸上的表情看来，这个消息显然令她十分震惊。

**utter**  
**vt.**  
(fml.) say sth. 讲；说出  
Everyone ignored the warnings that he uttered. 大家都把他作出的警告当成耳旁风。

**inevitable**  
**a.**  
certain to happen and impossible to avoid 必然发生的；难以避免的  
As long as nuclear reactors exist, the hazard of radiation is inevitable. 只要核反应堆存在，辐射的危险就不可避免。

***inevitably***  
**ad.**  
必然发生地；难以避免地  
Inevitably, the situation did not please everyone. 这种局势必定不能让所有人都感到满意。

**microphone**  
**n.**  
[C] a piece of equipment that you speak into to record your voice or make it louder when you are speaking or performing in public 麦克风；话筒；传声器；扩音器

**spill**  
**vi.**  
(~ out of/from) if people spill out of a place, they move out in large groups （人群）涌出  
During the break time, students began to spill out of the building. 课间休息的时候，学生们开始涌出大楼。  
**vt.**  
accidentally pour a liquid out of its container （意外地）使溢出，使泼洒，使溅出  
He carried the cup across the room, walking carefully for fear of spilling the tea. 他端着杯子小心翼翼地穿过房间，生怕把茶洒出来。

**elaborate**  
**a.**  
1 carefully planned and organized in great detail 精心制作的  
Today, many companies will conduct elaborate market research before they introduce new products. 如今，许多公司在推出新产品之前都会先进行精心的市场调查。  
2 having a lot of small parts or details put together in a complicated way 详尽的；复杂的  
With this method, you can produce really elaborate designs with the simplest machines. 通过这种方法，你可以用最简单的机器做出极其复杂的设计。  
The chemical make-up of coal is very elaborate. 煤的化学成分极其复杂。  
**vi.**  
give more details or information about sth. 详尽说明；阐述  
He said he was not coming to the party, but he did not elaborate on his reasons. 他说他不来参加聚会了，但是没有细说原因。

**drama**  
**n.**  
1 [C, U] sth. unusual or exciting that happens 戏剧性事件  
His life was full of dramas, exciting travel adventures, and personal idealism. 他的生活充满了戏剧性事件、刺激的旅行冒险经历和个人理想主义。  
accidents, burst pipes, and other domestic dramas 意外事故、水管爆裂及其他家庭生活中的戏剧性事件  
2 [C] a play for the theater, television, or radio 戏剧；电视剧；广播剧  
She played a major role in a new TV drama. 她在一部新的电视剧中饰演主角。

**rigid**  
**a.**  
1 unable to move because of a strong emotion such as fear or anger （因强烈的感情而）僵硬的，僵直的  
I heard a noise and woke up rigid with fear. 我听到一个声音惊醒过来，吓得浑身僵直。  
2 (of methods, systems, etc.) very strict and difficult to change （方法、体制等）严格死板的，僵化的  
Some students complained about the rigid rules and regulations at school. 有些学生抱怨学校的规章制度太死板。  
3 very unwilling to change your ideas or behavior 顽固的；不通融的  
Crossed arms may show a rigid state of mind, not open to interaction. 双臂交叉可能表示思想刻板，不愿交流。

**farewell**  
**n.**  
[C, U] (old-fashioned) the action of saying goodbye 告别  
The company rewarded him for his years of service with a grand farewell party and several presents. 公司用一场隆重的欢送派对和一些礼物来回报他多年的服务。

**abrupt**  
**a.**   
sudden and unexpected 突然的；出其不意的  
Cautious people might feel more comfortable with a gradual rather than an abrupt change. 相对于突然的变化，谨慎的人可能更乐意接受逐步的变化。

***abruptly***  
**ad.**  
突然地；出其不意地  
The chat was abruptly discontinued as the boss entered the meeting room. 老板走进会议室时，闲谈戛然而止。

**panic**  
**n.**  
[C, U] a sudden strong feeling of fear or nervousness that makes you unable to think clearly or behave sensibly 惶恐；惊恐；惊慌  
She was filled with panic when she entered the empty dark room. 她走进那个黑洞洞的空房间时，内心充满了惶恐。  
**v.**  
(panicked, panicking) suddenly feel so frightened that you cannot think clearly or behave sensibly, or make sb. do this （使）恐慌；（使）惊慌失措  
Hearing a war was breaking out, many people were panicked into buying a lot of things for storage. 听说要打仗了，许多人很恐慌，购买了很多东西储藏起来。

**splash**  
**vi.**  
(*also* ~ about/around) make water fly up in the air with a loud noise by hitting it or by moving around in it 哗啦哗啦地使水飞溅  
I enjoy watching my kids splashing in the water. 我喜欢看着我的孩子们在水里嬉戏。

**scare**  
**vt.**  
make sb. feel frightened or worried 吓唬；使惊恐；使害怕  
I don’t want to scare you, but we should all be prepared for natural disasters to happen. 我不想吓唬你，但是我们都应该作好准备，应对自然灾害的发生。

***scared***  
**a.**  
frightened or worried 惊恐的；害怕的；担忧的  
I was glad that I’d been chosen for the national speech contest, but at the same time I was also pretty scared. 我很高兴被选中参加全国演讲比赛，但同时我也觉得相当害怕。

**spontaneous**  
**a.**  
happening in a natural way without being planned or thought about 自然发生的；一时冲动的；自发的  
Her words were spontaneous and obviously not planned. 她的发言是即兴的，显然不是事先准备好的。

***spontaneously***  
**ad.**  
自然发生地；一时冲动地；自发地  
To her surprise, the children rose to stand in a line spontaneously, ready to take part in the activity. 让她感到惊奇的是，孩子们自发地起身站成一排，准备参加这项活动。

**transparent**  
**a.**  
1 honest and open 直率的；坦诚的  
William was transparent; he did not bother to hide his true thoughts. 威廉很直率，他不愿隐藏自己的真实想法。  
2 (of glass, plastic, etc.) allowing you to see through it 透明的；清澈的  
The plants are in a transparent plastic box, so children can see the roots growing. 植物放在一个透明的塑料盒里，所以孩子们能看到根的生长。  
3 simple, clear, and easy to understand 浅显易懂的；一目了然的  
I think we should try to make the instructions more transparent. 我认为我们应该把指令变得更浅显易懂些。

**relief**  
**n.**  
1 [sing., U] a feeling of comfort when sth. frightening, worrying, or painful has ended or has not happened 宽慰；宽心；轻松  
Everyone felt great relief when the news reported that no people in the earthquake region were seriously hurt. 听到新闻报道说地 震灾区无人受重伤，大家都感到很欣慰。  
2 [U] the reduction of pain or the effects of an illness （病痛的）减轻，缓解  
This medicine can give immediate relief and help reduce swelling. 这种药可以立刻缓解疼痛，并有助于减轻肿胀。

**process**  
**n.**  
[C] a series of actions that are done in order to achieve a particular result 过程；进程  
Clearly there are many factors that play a role in the decision-making process. 在决策过程中显然有许多因素起作用。  
**vt.**  
1 make food, materials, goods ready to be used or sold, for example by preserving or improving them in some way 加工（食品或其他物质）  
Wilson is in the business of processing and packing meat. 威尔逊在肉类加工和包装行业工作。  
2 deal with a document officially so that sth. can happen 处理，办理（文件）  
Normally it takes from 6 to 12 months to process the application, but it can take longer in certain cases. 申请的处理一般需要6 至12 个月的时间，但在有些情况下可能需要更长的时间。

**nurture**  
**n.**  
[U] (fml.) the education and care that you are given as a child, and the way it affects your later development and attitudes （儿时所受的）教育；教养；培育  
Education should have the nurture of ethics as its prime concern. 教育应以德育为首任。  
**vt.**  
1 (fml.) help a plan, idea, feeling, etc. to develop 发展（计划、想法等）；培养（感情等）  
Friendship is worthy of the effort to treasure and to nurture. 友谊值得努力去珍爱和培养。  
2 feed and take care of a child or a plant while it is growing 养育；培育  
The plants were nurtured in the greenhouse. 这些植物是在温室里培育的。

**genetic**  
**a.**  
relating to genes and the study of them 基因的；遗传学的  
Doctors believe the condition is caused by a genetic defect. 医生们认为这种情况是由基因缺陷引起的。

**tendency**  
**n.**  
[C] a strong chance that sth. will happen in a particular way 倾向；较大的可能性  
He has a tendency to get angry if he is criticized. 如果受到批评他往往会生气。  
He had a tendency to shrink up whenever attention was focused on him. 当别人注意他时，他往往会退缩一旁。

**masculine**  
**a.**  
having qualities considered to be typical of men or of what men do 属于男性的；男子气概的  
Her masculine character makes her very popular with the boys in her class. 她男性化的性格使她在班里的男生中很受欢迎。

**feminine**  
**a.**  
having qualities that are traditionally considered to be typical of women, for example being gentle and delicate 女性的；优雅的；娇柔的  
To me, Mrs. Thatcher was warm and feminine, gracious and intelligent. 我认为撒切尔夫人既热情又有女人味，既和蔼又智慧。

**tend**  
**vi.**  
(~ to do sth.) if sth. tends to happen, it happens often and is likely to happen again 易于做某事；往往会做某事  
We tend to focus on others’ looks and base our judgment on their physical appearance. 我们往往会关注别人的外表，以貌取人。

**restrain**  
**vt.**  
1 control your own emotions or behavior 克制，控制，忍住（情绪、行为）  
He was so curious to know what was in the letter that he could not restrain himself from opening it. 他实在太想知道信里写了些什么，因此忍不住把信打开了。  
2 stop sb. from doing sth., often by using physical force 阻止；制止；抑制  
Please restrain yourself from coughing during the performance. 在演出过程中，请你们克制一下，不要咳嗽。

***restrained***  
**a.**  
controlled and not emotional 克制的；自制的；拘谨的  
In his early work, his criticism of society was still more restrained than in his later publications. 与他的后期作品相比，他的早期作品对社会的批评还是较为克制的。

**Phrases and expressions**

**in ... terms**  
used to show what aspect of a subject you are talking about or how you are thinking about it 谈及；就…而言；在…方面  
He is poor in financial terms, but rich in academic terms. 从经济条件上来讲他很差, 但是从学术上来讲他很强。  
You need to describe your financial situation in specific terms so that we can decide whether you are qualified for this benefit or not. 你要具体说明你的经济情况, 这样我们才能决定你是否有资格获得这项福利。

**in comparison**  
used for talking about the ways in which two things are different 相比之下；比较起来  
Universities in the east are well-equipped. In comparison, those in the west are still poor. 东部的大学设施完善。相比之下，西部的大学条件仍然较差。  
The weather in Shanghai these days are very changeable in comparison with the same period last year. 和去年同时期相比，这些天上海的天气极其多变。

**make up for**  
do sth. that corrects a bad situation 弥补；补偿  
No amount of money can make up for the lost time. 多少钱都弥补不了失去的时间。

**at the time**  
at a particular moment or period in the past when sth. happened, esp. when the situation is very different now 当时  
I was living in the countryside at the time. 当时我住在乡下。

**on a mission**  
performing a service or carry on an activity 执行任务  
He was sent on a mission to France by his government. 他被政府派往法国执行任务。

**pull away**  
start to drive away from a place where you had stopped 开始驶离；开走  
I stood still on the platform, watching the subway train slowly pull away. 我伫立在站台上，看着地铁徐徐离开。

**in a new/bad/different etc.light**  
if sb. or sth. is seen or shown in a particular light, people can see that particular part of their character 从新的/不利的/不同的等角度看  
Different people may see the same subject in a different light. 不同的人会从不同的角度看待同一件事。

**look sb. in the eye**  
look directly at sb. when you are speaking to them 正视某人  
Unable to look her friend in the eye, she studied her fingernails. 她没法直视朋友，只好盯着自己的指甲看。

**to sb.’s relief**  
with a feeling of comfort when sth. frightening, worrying, or painful has ended or has not happened 使某人感到欣慰的是  
To our relief, Geoffrey’s illness proved not to be as serious as we had feared. 让我们感到欣慰的是，杰弗里的病其实没我们担心的那么严重。

**be born with sth.**  
have a particular disease, type of character, etc. since birth 生来就有某种疾病/性格等  
Mary was born with a small hole in her heart. 玛丽患有先天性心肌缺损的疾病。

**8-B**

**New words**

**privilege**  
**n.**  
1 [sing.] sth. that you are lucky to have the chance to do, and that you enjoy very much 荣幸；光荣  
Today, we have the privilege of listening to our president. 今天，我们有幸聆听总统的讲话。  
2 [C] a special advantage that is given only to one person or group of people 特权；特殊待遇  
Today, a college education is seen as the right of any capable student rather than as a privilege for the wealthy. 今天，大学教育被视为任何一个有才能的学生应有的权利，而不是有钱人的特权。

**co-worker**  
**n.**  
[C] sb. who works with you and has a similar position 同事；同僚  
As a co-worker, you should be helpful to other co-workers when they need help. 作为同事，当其他同事需要帮助时你应该伸出援手。

**framework**  
**n.**  
1 [C, usu. sing.] a set of ideas, rules, or beliefs from which sth. is developed, or on which decisions are based 体系；体制；参照标准；准则  
We usually judge others within the framework of our own experience. 我们通常以自己的经验为标准来评判他人。  
2 [C] the main supporting parts of a building, vehicle, or object （建筑物、车辆或物体的）构架，框架，结构  
The new building is of steel framework. 新大楼是钢结构的。

**diverse**  
**a.**  
very different from each other 各种各样的；形形色色的  
With foreigners coming from all over the world, New York is one of the most culturally diverse cities in the world. 纽约有来自世界各地的外国人，因此是世界上文化最为多样化的城市之一。

**subtle**  
**a.**  
not obvious, and therefore difficult to notice 细微的；微妙的；难以察觉的  
The two pictures are similar, but there are subtle differences between them. 这两张图片很相似，但是它们之间还是有细微差别的。

**constitute**  
**v. (not in progressive)**   
1 be considered to be sth. 被视为；被算作  
The rise in crime constitutes a threat to society. 犯罪率上升对社会构成威胁。  
2 be the parts that together form sth. 组成；构成  
Girls constitute 20 percent of the student population in the university. 在这所大学中，女生占学生总人数的20%。

**forth**  
**ad.**  
forwards or out 向前；往外  
He came forth to greet me as soon as he saw me. 他一看到我就走过来和我打招呼。

**casual**  
**a.**  
1 relaxed and not worried, or seeming not to care about sth. 漫不经心的；随随便便的；不放在心上的  
He seemed to deal with everything in a casual manner, which really annoyed his mother. 他似乎对什么都满不在乎，这让他母亲极为恼火。  
2 not formal or not for a formal situation 非正式的；随便的  
Jeans are casual clothes, so they are not appropriate for formal business occasions. 牛仔裤是休闲装，因此不适合在正式的生意场合穿。  
3 (usu. before noun) without deep affection 感情不深的；疏远的  
Jimmy said he and Sam were just casual acquaintances. 吉米说他和山姆只是泛泛之交。

***casually***  
**ad.**   
漫不经心地；随随便便地；非正式地  
She glanced casually through a magazine as she waited. 她一边等一边漫不经心地翻看着一本杂志。

**worship**  
**v.**  
show respect and love for a god, esp. by praying in a religious building 敬奉（神）  
In the past, the sick would come to the temple to worship and seek cures. 过去，生病的人会来庙里敬奉神灵，祈求治愈。  
**vt.**  
admire and love sb. very much 景仰；十分喜爱  
As a child, I worshipped my elder brother. 我小时候很崇拜我哥哥。

**ally**  
**n.**  
[C] sb. who helps and supports you when other people are trying to oppose you 盟友；支持者  
At last, I found an ally, someone with the same ideals, and the same determination to realize our dreams. 终于我找到了一个盟友，他和我有同样的理想，也有着同样的坚定信念去实现我们的梦想。  
**vt.**  
help and support other people or countries, esp. in a war or disagreement 与…结盟  
Britain has allied itself with other Western countries for trade and defense. 出于贸易和防御的目的，英国与其他西方国家结盟。

**committee**  
**n.**  
[C] a group of people chosen to do a particular job, make decisions, etc. 委员会  
A committee was set up by the university to look into the problem. 该大学成立了一个委员会来调查这一问题。

**client**  
**n.**  
[C] sb. who gets services or advice from a professional person, company, or organization 客户；顾客  
We always try to provide the best service to our clients. 我们一直努力为顾客提供最好的服务。  
a hairdresser and her clients 美发师和她的顾客

**superficial**  
**a.**  
1 not concerned with anything serious or important and lacking any depth of understanding or feeling 浅薄的；肤浅的  
The guests engaged in superficial chatter. 客人们闲聊了起来。  
2 seeming to have a particular quality, although this is not true or real 表面（上）的  
The monkeys bear a superficial resemblance, but are in fact quite distinct. 这些猴子外表相似，但实际上大不相同。

**scarcely**  
**ad.**  
almost not or almost none at all 几乎不；几乎没有  
The lawn and the trees badly need watering; for over six weeks, we’ve seen scarcely a drop of rain. 草地和树木急需浇水；六个多星期以来我们几乎没见过一滴雨。  
Glen’s nephew was a very young man, scarcely more than a boy. 格伦的侄子是一个很年轻的男子，几乎还是个孩子。

**variation**  
**n.**  
[C, U] a difference between similar things, or a change from the usual amount or form of sth. 差异；变化；变动  
The research team has a very good record of day-to-day variations in pollution in the air. 研究小组对每日的空气污染变化做了非常详细的记录。

**visible**  
**a.**  
1 able to be seen 看得见的；可见的  
The outlines of the mountains is clearly visible. 群山的轮廓清晰可见。  
2 clear, obvious, or noticeable 清晰的；明显的；引人注目的  
You should wear light-reflecting clothes when you are cycling at night so that you are more visible. 夜间骑车时你应该穿反光的衣服，这样你就更显眼一些。

**arbitrary**  
**a.**  
decided or arranged without any reason or plan, often unfairly 任意的；专横的；武断的  
When confronted with a dilemma, he usually makes an arbitrary decision by tossing a coin. 当处于两难的境地时， 他通常通过扔硬币随意作个决定。

**mood**  
**n.**  
1 [sing.] the way that a place, event, book, film, etc. seems or makes you feel 氛围；基调  
After his move to Paris, Picasso’s paintings took on a warmer, more optimistic mood. 毕加索搬到巴黎后，他的画作呈现出更加温暖和乐观的基调。  
2 [C] the way you feel at a particular time 心情；心境；情绪  
Studies show that at least 30 minutes of exercise, three or more days a week, can greatly improve one’s mood. 研究表明，一周三天或三天以上进行至少30 分钟的运动能够大大改善一个人的情绪。

**ceremony**  
**n.**  
1 [U] the formal traditions, actions, and words used to celebrate a traditional or religious event 礼仪；礼节  
There is no need for ceremony between friends. 朋友之间不必多礼。  
2 [C] a formal public event with special traditions, actions, or words 典礼；仪式  
A ceremony is held every year to remember those who died in the war. 每年都要举行仪式，悼念那些在战争中丧生的人们。

**complicated**  
**a.**  
1 difficult to understand or deal with, because many parts or details are involved 难懂的；难处理的  
Computers are becoming increasingly capable of doing extremely complicated work. 计算机越来越能胜任极其复杂的工作。  
He is able to put complicated thought into simple words. 他善于用简单的语言把复杂的思想表达出来。  
2 consisting of many closely connected parts 结构复杂的  
The human brain is an incredibly complicated organ. 人脑是一个结构极其复杂的器官。  
The real world is always far more complex than any most complicated analog computation. 现实世界总是远比任何最复杂的模拟计算还要复杂。

**keen**  
**a.**  
1 very strong 非常强烈的  
In spite of a keen desire to succeed, their project failed due to their poor methods. 尽管他们有取得成功的强烈愿望，但是他们的项目还是因方法不当而失败了。  
2 wanting to do sth. or wanting other people to do sth. 渴望的；迫切想要的  
Participants were keen to share ideas and form new alliances through meetings with partners. 与会者渴望通过与合作伙伴会面来交流意见，并建立新的联盟。  
3 very interested in an activity that you do often because you enjoy it 热衷的；着迷的  
He is keen on all kinds of sports, such as tennis, football, and swimming. 他喜欢各种各样的体育运动，比如网球、足球、游泳等。

**compatible**  
**a.**  
1 ideas or systems that are compatible can exist together 能共存的；协调一致的  
Certain kinds of drug are not compatible and should never be taken together. 某些药物有相克作用，绝对不应一起服用。  
2 (computing) if one piece of computer equipment or software is compatible with another, they can be used together （计算机设备或软件）兼容的  
The printer is compatible with most computers. 这台打印机和大多数电脑兼容。  
3 likely to have a good relationship because of being similar 合得来的；意气相投的  
Make sure you’re compatible with him before you start sharing an apartment. 在跟他合住一套公寓前，要先确认你和他合得来。

***compatibility***  
**n.**  
1 the fact that different ideas or systems can exist together 共存  
I believe compatibility of personalities is the most important element in a good relationship. 我认为性格相投是建立良好关系的最重要因素。  
2 (computing) the fact that different pieces of computer equipment and software can be used together （计算机设备或软件的）兼容  
This software may not have compatibility with older operating systems. 该软件和旧的操作系统可能不兼容。  
3 the fact that two people are likely to have a good relationship because they are similar 和睦相处  
I would welcome an interview to discuss my skills and my compatibility with the rest of your staff. 我乐意接受面试来谈谈我的技能以及我与贵方其他员工融洽相处的能力。

**corresponding**  
**a. (only before noun)**  
1 similar to or the same as sth. 类似的；相同的  
This year the sales of this product were up by 8% compared with the corresponding period last year. 该产品今年的销售额比去年同期增长了8%。  
2 related to or connected with sth. 相应的；相关的  
Being increasingly demanding and difficult, the course will witness a corresponding drop in class attendance. 这个课程要求越来越高，也越来越难，上课人数将会因此而相应地减少。

**philosophy**  
**n.**  
1 [C] the attitude or set of ideas that guides the behavior of a person or organization 人生哲学；生活/工作准则  
My philosophy is that an individual with ability, perseverance, and human goodness can achieve success no matter how poor his beginnings are. 我的人生哲学是：无论一开始多么贫穷，一个有能力、有毅力、有善良品质的人最终都会成功。  
2 [U] the study of the nature and meaning of existence, truth, good and evil, etc. 哲学  
The humanities include such subjects as literature and philosophy. 人文学科包括诸如文学和哲学之类的学科。

**boundary**  
**n.**  
1 [C, usu. pl.] the limits of an activity or experience 界限；范围  
Office technology, such as laptops and mobile phones, is blurring the boundaries between work and the rest of our lives. 办公科技，如笔记本电脑和手机，正在使工作和我们生活的其他方面之间的界线变得模糊。  
2 [C] sth. such as a line on a map that marks where one area of land ends and another begins 分界线；边界  
When the boundary between two countries is not clearly defined, there is often dispute. 当两国边界没有划分清楚时，常常会引起纷争。

**poetry**  
**n.**  
[U] poems in general 诗；诗歌  
Literature could include any kind of fiction, poetry or play. 文学可以包括任何种类的小说、诗歌或戏剧。

**affection**  
**n.**  
[sing., U] a feeling of liking or love and caring 喜爱；慈爱；挚爱  
Bart has a deep affection for his parents. 巴特对他的父母有很深的感情。

**alliance**  
**n.**  
[C] a group of two or more countries, groups, etc. who work together to achieve sth. 结盟团体；同盟  
Our company has formed a strategic alliance with a large American media company. 我们公司与美国一家大媒体公司结成了战略同盟。

**wit**  
**n.**  
1 (~s) [pl.] the ability to think quickly and make the right decisions 机智  
He was rather reserved, but his personal charm and quick wits won him many friends. 他比较沉默寡言，但是他的个人魅力和机智为他赢得了很多朋友。  
2 [sing., U] the ability to use words in a clever way to make people laugh （说话）风趣  
She found him a dull man without any wit at all. 她发现他是个很沉闷的人，一点也不风趣。

**ideal**  
**n.**  
[C] a principle about what is morally right or a perfect standard that you hope to achieve 理想  
We should set out to revive the Olympic ideal of friendly and fair competition between athletes. 我们应该开始重新树立运动员之间友好、公平竞争的奥运理想。  
**a.**  
of the best or most suitable type 理想的；最适宜的  
An ideal place for a home would be near a park. 公园附近是理想的安家之地。

**inner**  
**a.**  
(only before noun) private, personal, or secret 内心的；个人的；隐秘的  
Our level of attraction to the opposite sex has more to do with our inner confidence than with how we look. 相比于外表，我们对于异性的吸引力更多地来自于内在的自信心。

**loyalty**  
**n.**  
[U] the quality of remaining faithful to your friends, principles, country, etc. 忠诚；忠实；忠贞  
Hard work and family loyalty are their core values. 勤奋和忠于家庭是他们的核心价值观。

**enhance**  
**vt.**  
improve sth. 提高；改进；增强  
Good computer skills and high English proficiency should enhance your chances of getting a job with high pay. 良好的计算机技能和出色的英语能力将增加你得到高薪工作的可能性。

**integrate**  
**v.**  
1 become part of a group or society and be accepted by them, or help sb. do this （使）融入（某群体或社会）；（使）成为一体  
It’s very difficult to integrate yourself into a society whose culture is very different from your own. 要融入一个与你自己的文化差异很大的社会是很困难的。  
2 if two or more things integrate, or if you integrate them, they combine or work together in a way that makes sth. more effective （使）合并；（使）结合  
Writers of history books often attempt to integrate the past with the present. 历史书的作者常常试图把过去和现在融合在一起。

***integrated***  
**a.**  
combining things, people, or ideas of different types in one effective unit, group, or system 融合的；整体的；综合的；互相协调的  
Social welfare is an integrated part of a country’s social policy. 社会福利是国家社会政策的一个组成部分。

**significance**  
**n.**  
[sing., U] the importance of an event, action, etc., esp. because of the effects or influence it will have in the future（尤指对将来的）重要性，意义  
For college students, the significance of a part-time job is more than money and experience. 对大学生来说，做兼职工作的意义不仅仅在于获得金钱和经验。

**vital**  
**a.**  
extremely important and necessary for sth. to succeed or exist 极其重要的；必不可少的  
How people dress plays a vital part in the judgment we reach about them. 人们的着装极大地影响着我们对他们的看法。

**conversely**  
**ad.**  
used when one situation is the opposite of another 相反地; 另一方面  
Running can strengthen your heart and muscles, but conversely, it can also damage your knees and the bones in your feet. 跑步能强健心脏和肌肉，但另一方面，也会损害膝盖和足部的骨骼。

**guarantee**  
**vt.**  
1 make it certain that sth. will happen 使必然发生；确保  
Money cannot guarantee happiness and fulfillment. 金钱不能保证带来幸福和满足感。  
2 promise to do sth. or promise that sth. will happen 保证  
If you send them your resume and the application form, I can guarantee you an interview. 如果你把简历和申请表寄给他们，我保证你会得到一个面试的机会。  
Just because a signal displays that it is safe to walk (it) does not guarantee that drivers won’t act negligently or recklessly. 有表示可以安全通行的信号并不保证驾驶员们开车不会疏忽莽撞。

**gratitude**  
**n.**  
[U] the feeling of being grateful 感激（之情）  
We have once helped them; so now they are helping us out of gratitude. 我们曾经帮助过他们，所以现在他们出于感激也在帮助我们。

**extend**  
**vt.**  
1 stretch out a hand or leg 伸出；舒展  
George extended his hand and helped me get up. 乔治伸出手，把我拉了起来。  
2 (fml.) officially offer sb. help, sympathy, thanks, etc. 提供；给予；表示  
I’d like to extend my thanks to all those who helped me with this project. 我想对所有在这个项目上帮助过我的人表示感谢。  
**v.**  
continue for a longer period of time, or make sth. last longer 持续；延长，推延（期限）  
Some of our traning programs extend over one year. 我们有些培训项目为期一年多。

**profound**  
**a.**  
1 having a strong influence or effect （影响）深刻的，极大的  
When they are stimulated by thoughtful teachers, young people are capable of profound thinking. 当年轻人受到有思想的老师的激励时，他们会进行深入的思考。  
2 showing strong, serious feelings （感情）强烈的，深切的，严肃的  
I had a profound sense of guilt for not being able to help him when he got into trouble. 他陷入困境时我没能帮到他，为此我深感内疚。

***profoundly***  
**ad.**  
（影响）深刻地，极大地；（感情）强烈地，深切地  
I’m profoundly grateful to them for the information they shared with me. 我深深地感谢他们为我提供了信息。

**miracle**  
**n.**  
[C] sth. very lucky or very good that happens which you did not expect to happen or did not think was possible 意外的幸运事；不可思议的事；奇迹  
The engine suddenly broke into pieces and it was a miracle that no one was hurt. 发动机突然爆裂了，但却没有人受伤，这真是不可思议。

**Phrases and expressions**

**shower sb. with sth.**  
give sb. a lot of things 大量给予  
The best way to help a troubled child is to shower him with love. 帮助问题儿童的最好方法是给予他更多的爱。

**a lack of**  
when there is not enough of sth. or none of it 没有；不足；缺乏  
This group suffers from a lack of money and has to use its resources carefully. 该小组资金匮乏，因此必须慎重利用其资源。

**come into being**  
start to exist 诞生；出现；存在  
Modern English came into being from about the 16th century. 现代英语大约诞生于16世纪。

**back and forth**  
going in one direction and then in the opposite direction, and repeating this several times 来回地  
Anxiously waiting for the fishing boat with his son to return, the father walked back and forth along the shore of the sea. 那位父亲沿着海岸来回地走，焦急地等待着渔船载着儿子归来。

**apply to**  
have an effect on or concern a particular person, group, or situation （对…）适用；（对…）有效  
These rules apply to employees as well as part-time workers. 这些规定既适用于员工，也适用于兼职人员。

**a range of**  
a number of people or things that are all different, but are all of the same general type 一系列  
At the meeting, both sides exchanged their views on a wide range of topics they were interested in. 在会上，双方就感兴趣的一系列问题交换了看法。

**not so much … as …**  
used to say that one description of sb. or sth. is less suitable or correct than another 与其说是…不如说是…  
He is not so much a genius as a hard worker. 他的努力胜过天分。（对比项是名词）  
The oceans do not so much divide the world as unite it. 与其说海洋把世界分割开来，不如说是把世界连接在一起。（对比项是动词）  
He was not so much angry as disappointed. 与其说他生气了，还不如说他失望了。（对比项是形容词）  
I lay down not so much to sleep as to think. 我躺下与其说是要睡觉，倒不如说是要思考。（对比项是不定式）  
Much evidence shows that parental pressure leads not so much to a child’s intelligence as to his tiredness. 很多证据表明，家长的压力与其说让孩子变得更聪明，不如说让孩子变得更厌烦。（对比项是介词短语）  
That drummer was certainly loud. But I wasn’t bothered by his loudness so much as by his lack of talent. 那个鼓手真的很吵。但是与其说我嫌他吵，不如说我嫌他太没天赋了。

**debt of gratitude/thanks**  
the fact of being grateful to sb. who has helped you 恩情；人情债  
We all owe a debt of gratitude to the local government, without whose help this event could not have been held. 我们都要感谢当地政府，没有他们的帮助，这个活动就无法举办。

**feel/be at home**  
1 feel comfortable in a place or with a person 舒适自在；不拘束  
I feel at home living here; the landlady is very kind to me. 我觉得住在这里很舒适。女房东对我很好。  
2 feel happy or confident about doing or using sth. 驾轻就熟；应用自如  
Simon feels very at home on a horse. 西蒙骑起马来得心应手。